

METRO WEST CONFERENCE CHAMPIONSHIPSChaska, MN
Chaska Par 30 Golf Course**OFFICIAL MEET REPORT**
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October 13, 2014

Race #1
Girls Junior Varsity 4000M Junior Varsity**FINAL RESULTS****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Finish Order	Spread
1 Chaska	24	1-3-4-7-9(14)(17)	1:24:17	16:52	1-3-4-7-9-16-24	0:35.5
2 Chanhassen	40	5-6-8-10-11(12)(13)	1:25:51	17:11	5-6-8-10-11-12-13	0:30.2
3 Benilde-St. Ma	74	2-15-16-20-21(22)(23)	1:30:35	18:07	2-21-23-30-33-37-39	2:02.7
4 St. Louis Park	113	18-19-24-25-27(28)(29)	1:35:37	19:08	26-29-42-43-47-50-52	1:16.9
5 Jefferson	152	26-30-31-32-33	1:42:42	20:33	46-57-58-69-73	1:50.8

INDIVIDUAL RESULTS

Athlete	Year	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 Emma Snuggerud	7	Chaska	1	16:29.4	--	6:37.3	4:07.4
2 Alex Setchell	SR	Benilde-St.	2	16:41.4	0:11.9	6:42.1	4:10.3
3 Gwyneth Phillips	SR	Chaska	3	16:45.0	0:15.5	6:43.6	4:11.2
4 Taryn Collins	JR	Chaska	4	16:54.7	0:25.3	6:47.5	4:13.7
5 Breanna Kaufhold	SR	Chanhassen	5	16:55.7	0:26.2	6:47.9	4:13.9
6 Jane Nelson	SR	Chanhassen	6	17:00.8	0:31.3	6:50.0	4:15.2
7 Melanie Jabs	SO	Chaska	7	17:02.9	0:33.4	6:50.8	4:15.7
8 Megan Wellner	SR	Chanhassen	8	17:03.7	0:34.3	6:51.1	4:15.9
9 Taylor Deimler	FR	Chaska	9	17:04.9	0:35.4	6:51.6	4:16.2
10 Allison Janes	JR	Chanhassen	10	17:24.5	0:55.0	6:59.5	4:21.1
11 Hayley Mans	JR	Chanhassen	11	17:25.8	0:56.3	7:00.0	4:21.4
12 Daniela Rasgattino	JR	Chanhassen	(12)	17:46.7	1:17.2	7:08.4	4:26.7
13 Katarina Christianson	JR	Chanhassen	(13)	17:49.7	1:20.2	7:09.6	4:27.4
14 Maret Elgren	FR	Chanhassen	-	17:53.9	1:24.4	7:11.3	4:28.5
15 Cari Lee	SR	Chanhassen	-	17:58.5	1:29.0	7:13.1	4:29.6
16 Olivia Frobom	7	Chaska	(14)	18:00.9	1:31.5	7:14.1	4:30.2
17 Kailee Smith	SO	Chanhassen	-	18:06.0	1:36.5	7:16.1	4:31.5
18 Ellen Lloyd	SO	Chanhassen	-	18:07.7	1:38.2	7:16.8	4:31.9
19 Caroline Crowley	JR	Chanhassen	-	18:08.4	1:38.9	7:17.1	4:32.1
20 Annika Grams	8	Chanhassen	-	18:09.9	1:40.5	7:17.7	4:32.5
21 Sam Munkeby	SR	Benilde-St.	15	18:14.0	1:44.5	7:19.4	4:33.5
22 Heidi Snell	SR	Chanhassen	-	18:17.0	1:47.5	7:20.5	4:34.2
23 Taylor Madison	JR	Benilde-St.	16	18:17.8	1:48.3	7:20.9	4:34.4
24 Angela Torntore	8	Chaska	(17)	18:18.3	1:48.8	7:21.1	4:34.6
25 Sarah Holovnia	SO	Chanhassen	-	18:21.5	1:52.0	7:22.4	4:35.4
26 Emily Kirchner	8	St. Louis Park	18	18:25.1	1:55.6	7:23.8	4:36.3
27 Sydney Lura	SR	Chanhassen	-	18:28.2	1:58.8	7:25.1	4:37.1
28 Meghan Blood	JR	Chaska	-	18:29.6	2:00.0	7:25.6	4:37.4
29 Emily Melbye	SR	St. Louis Park	19	18:35.7	2:06.2	7:28.0	4:38.9
30 Sisay Shannon-Tamrat	JR	Benilde-St.	20	18:37.1	2:07.6	7:28.6	4:39.3
31 Brittany Ness	SR	Chanhassen	-	18:39.7	2:10.2	7:29.7	4:39.9
32 Abby Smith	JR	Chaska	-	18:42.1	2:12.6	7:30.6	4:40.5
33 Nicole Dorn	FR	Benilde-St.	21	18:44.0	2:14.5	7:31.4	4:41.0
34 Skylar Risch	SO	Chanhassen	-	18:44.1	2:14.6	7:31.4	4:41.0
35 Cara Meyer	JR	Cooper	-	18:44.4	2:14.9	7:31.6	4:41.1
36 Naomi Kans	FR	Chanhassen	-	18:53.6	2:24.1	7:35.3	4:43.4
37 Samantha Tarnowski	FR	Benilde-St.	(22)	18:56.5	2:27.0	7:36.4	4:44.1
38 Elizabeth Edlund	JR	Chanhassen	-	19:00.9	2:31.4	7:38.2	4:45.2

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Girls Junior Varsity 4000M Junior Varsity**FINAL RESULTS****INDIVIDUAL RESULTS (continued)**

Athlete	Year	Team	Score	Time	Gap	Avg. Mile	Avg. kM
39 Kylie Nevells	FR	Benilde-St.	(23)	19:01.6	2:32.1	7:38.4	4:45.4
40 Lee Stelten	JR	Chanhassen	-	19:06.7	2:37.2	7:40.5	4:46.7
41 Lauren Noyes	SR	Chanhassen	-	19:26.8	2:57.3	7:48.6	4:51.7
42 Hannah Wolk	FR	St. Louis Park	24	19:27.1	2:57.6	7:48.7	4:51.8
43 Lillie Albright	FR	St. Louis Park	25	19:27.2	2:57.7	7:48.7	4:51.8
44 Sydney Roper	SR	Chanhassen	-	19:27.6	2:58.1	7:48.9	4:51.9
45 Felicia Fox	FR	Benilde-St.	-	19:35.2	3:05.7	7:51.9	4:53.8
46 Rachel Lee	SR	Jefferson	26	19:40.0	3:10.5	7:53.9	4:55.0
47 Marta Hill	7	St. Louis Park	27	19:41.9	3:12.4	7:54.7	4:55.5
48 Sarah Hormanski	SR	Chaska	-	19:46.0	3:16.5	7:56.3	4:56.5
49 Jenna Knutson	SR	Chaska	-	19:48.4	3:18.9	7:57.2	4:57.1
50 Libby Ramsperger	8	St. Louis Park	(28)	19:53.4	3:23.9	7:59.3	4:58.3
51 Katie Good	FR	Chaska	-	19:55.4	3:25.9	8:00.1	4:58.8
52 Madison Kozak	JR	St. Louis Park	(29)	19:59.8	3:30.3	8:01.8	4:59.9
53 Elena Cameron	SR	Benilde-St.	-	20:02.4	3:32.9	8:02.9	5:00.6
54 Alea Johnson	SR	Chanhassen	-	20:05.2	3:35.7	8:04.0	5:01.3
55 Kelly O Connor	FR	Chanhassen	-	20:07.2	3:37.7	8:04.8	5:01.8
56 Ruth Hope	SO	St. Louis Park	-	20:07.7	3:38.2	8:05.0	5:01.9
57 Allison Alger	SR	Jefferson	30	20:14.5	3:45.0	8:07.7	5:03.6
58 Michelle Hedges	JR	Jefferson	31	20:19.9	3:50.4	8:09.9	5:05.0
59 Elizabeth Kupchella	SO	Benilde-St.	-	20:20.2	3:50.7	8:10.0	5:05.0
60 Elise Erickson	SR	Chanhassen	-	20:22.4	3:52.9	8:10.9	5:05.6
61 Mackenzie Swanson	SO	Benilde-St.	-	20:26.6	3:57.1	8:12.6	5:06.6
62 Sydney Thompson	FR	Chanhassen	-	20:27.7	3:58.2	8:13.0	5:06.9
63 Zoe Leuthner	JR	St. Louis Park	-	20:33.0	4:03.5	8:15.2	5:08.2
64 Emma Brodigan	SO	Chanhassen	-	20:37.4	4:07.9	8:16.9	5:09.3
65 Taylor Anderson	SR	Chaska	-	20:38.2	4:08.7	8:17.2	5:09.5
66 Jocelyn Puhl	SR	Benilde-St.	-	20:38.6	4:09.1	8:17.4	5:09.6
67 Alejandra Campos	SR	St. Louis Park	-	20:43.9	4:14.4	8:19.5	5:11.0
68 Mary Kate Paulison	SR	Benilde-St.	-	20:52.8	4:23.3	8:23.1	5:13.2
69 Dora Deak	JR	Jefferson	32	20:56.3	4:26.8	8:24.5	5:14.1
70 Kate Sprenger	SR	Benilde-St.	-	21:00.1	4:30.6	8:26.1	5:15.0
71 Erin Krotz	FR	Benilde-St.	-	21:20.5	4:51.0	8:34.2	5:20.1
72 Tymia Phathachack	SO	Chanhassen	-	21:30.6	5:01.2	8:38.3	5:22.7
73 Margaret Grob	SR	Jefferson	33	21:30.7	5:01.2	8:38.3	5:22.7
74 Alyssa Lyman	SR	Chaska	-	21:31.1	5:01.6	8:38.5	5:22.8
75 Grace Ewing	FR	Chanhassen	-	21:41.7	5:12.2	8:42.8	5:25.4
76 Claire Drapeau	FR	Chanhassen	-	21:55.7	5:26.2	8:48.4	5:28.9
77 Brianne Raiolo	SR	Chanhassen	-	21:58.8	5:29.3	8:49.6	5:29.7
78 Maddy Kuntz	SO	Chaska	-	22:05.7	5:36.2	8:52.4	5:31.4
79 Audrey Jewett	SR	Benilde-St.	-	22:11.9	5:42.4	8:54.9	5:33.0
80 Hannah Greenstein	7	St. Louis Park	-	22:14.7	5:45.2	8:56.0	5:33.7
81 Anna Kasper	8	St. Louis Park	-	22:22.2	5:52.7	8:59.0	5:35.5
82 Isabelle Becker	7	St. Louis Park	-	22:23.7	5:54.2	8:59.6	5:35.9
83 Anna Jewett	FR	Benilde-St.	-	22:46.4	6:16.9	9:08.7	5:41.6
84 Abby Benz	JR	Richfield	-	22:55.2	6:25.7	9:12.3	5:43.8
85 Madeline Wichterman	JR	Chanhassen	-	22:59.9	6:30.4	9:14.2	5:45.0

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Race #1
Girls Junior Varsity 4000M Junior Varsity**FINAL RESULTS****INDIVIDUAL RESULTS (continued)**

Athlete	Year	Team	Score	Time	Gap	Avg. Mile	Avg. kM
86 Hanna Engel	FR	Chanhassen	-	23:38.6	7:09.1	9:29.7	5:54.6
87 Mary Pat Ross	SR	Benilde-St.	-	24:58.1	8:28.6	10:01.6	6:14.5
88 Bernadette Hepp	SO	Cooper	-	25:14.6	8:45.2	10:08.3	6:18.7
89 Melissa Szmukala	SR	Cooper	-	25:32.7	9:03.2	10:15.5	6:23.2
90 Rashad Tiam Watt	JR	Cooper	-	26:29.3	9:59.8	10:38.3	6:37.3
91 Reine Whitaker	FR	Richfield	-	26:53.2	10:23.8	10:47.9	6:43.3
92 Beth Benz	JR	Richfield	-	26:53.7	10:24.2	10:48.0	6:43.4

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Race #2
Boys Junior Varsity 5000M Junior Varsity**FINAL RESULTS****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Finish Order	Spread
1 Chanhassen	16	1-2-3-4-6(10)(11)	1:33:05	18:37	1-2-3-4-6-10-11	0:20.5
2 Chaska	46	5-7-9-12-13(16)(18)	1:34:45	18:57	5-7-9-12-14-17-20	0:21.1
3 Benilde St. Ma	80	8-15-17-19-21(25)(26)	1:36:40	19:20	8-16-18-23-25-31-32	0:41.9
4 Kennedy	116	14-20-23-29-30(37)(38)	1:38:35	19:43	15-24-29-36-37-58-60	0:48.8
5 St. Louis Park	151	24-28-32-33-34(35)(42)	1:41:05	20:13	30-35-44-45-49-52-66	0:37.8
6 Jefferson	176	27-31-36-39-43(44)(45)	1:43:42	20:45	34-40-57-61-72-85-95	1:31.9
7 Richfield	196	22-40-41-46-47(48)(49)	1:48:55	21:47	28-64-65-101-111-127-134	3:38.6

INDIVIDUAL RESULTS

Athlete	Year	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 Tony Dorway	SO	Chanhassen	1	18:28.5	--	5:56.4	3:41.7
2 Mitchell Holman	FR	Chanhassen	2	18:29.5	0:01.0	5:56.7	3:41.9
3 Peter Currie	JR	Chanhassen	3	18:33.9	0:05.4	5:58.1	3:42.8
4 Jared Sorensen	SO	Chanhassen	4	18:43.9	0:15.4	6:01.4	3:44.8
5 Colin Purdy	FR	Chaska	5	18:45.5	0:17.1	6:01.9	3:45.1
6 Logan Larsen	JR	Chanhassen	6	18:48.9	0:20.5	6:03.0	3:45.8
7 Eric Rischmiller	SR	Chaska	7	18:52.0	0:23.5	6:04.0	3:46.4
8 James Libbey	SO	Benilde St.	8	18:56.2	0:27.7	6:05.3	3:47.2
9 Isaac Schwarz	JR	Chaska	9	18:57.1	0:28.6	6:05.6	3:47.4
10 Griffin Schmidt	SO	Chanhassen	(10)	18:57.2	0:28.8	6:05.7	3:47.4
11 August Sorenson	SO	Chanhassen	(11)	19:01.2	0:32.7	6:06.9	3:48.2
12 Austin Wu	FR	Chaska	12	19:03.8	0:35.3	6:07.8	3:48.8
13 Zach Wenning	FR	Chanhassen	-	19:04.3	0:35.8	6:07.9	3:48.8
14 Joseph Wolff	FR	Chaska	13	19:06.6	0:38.1	6:08.7	3:49.3
15 Jay Brownson	SR	Kennedy	14	19:10.8	0:42.3	6:10.0	3:50.1
16 Lorenzo Cerda	FR	Benilde St.	15	19:12.6	0:44.1	6:10.6	3:50.5
17 Jacob Meier	SO	Chaska	(16)	19:15.2	0:46.7	6:11.4	3:51.0
18 Chase Rizo	SR	Benilde St.	17	19:16.5	0:48.0	6:11.9	3:51.3
19 Tim Kaufhold	SO	Chanhassen	-	19:17.0	0:48.5	6:12.0	3:51.4
20 Alex Theship-Rosales	SR	Chaska	(18)	19:29.9	1:01.4	6:16.1	3:54.0
21 Max Daubenberger	SO	Chaska	-	19:31.4	1:02.9	6:16.6	3:54.3
22 Torin Christiansen	8	Chanhassen	-	19:34.0	1:05.5	6:17.5	3:54.8
23 Bryan Johnson	JR	Benilde St.	19	19:36.3	1:07.8	6:18.2	3:55.2
24 Emmanuel Honore	SO	Kennedy	20	19:37.5	1:09.0	6:18.6	3:55.5
25 Mark Racchini	SO	Benilde St.	21	19:38.0	1:09.5	6:18.8	3:55.6
26 Nick Smith	SR	Chanhassen	-	19:40.8	1:12.3	6:19.7	3:56.2
27 TJ Brady	8	Chanhassen	-	19:41.8	1:13.3	6:20.0	3:56.3
28 Robbie Noeske	JR	Richfield	22	19:46.8	1:18.3	6:21.6	3:57.4
29 Sean Fischer	JR	Kennedy	23	19:48.5	1:20.0	6:22.1	3:57.7
30 Quinn Whitlow	8	St. Louis Park	24	19:51.6	1:23.2	6:23.2	3:58.3
31 Sam Rocheford	JR	Benilde St.	(25)	19:52.7	1:24.2	6:23.5	3:58.5
32 Ryan Dunn	JR	Benilde St.	(26)	19:54.5	1:26.0	6:24.1	3:58.9
33 Andrew McGinnis	FR	Chaska	-	19:54.6	1:26.1	6:24.1	3:58.9
34 Nathan Wandmacher	FR	Jefferson	27	19:54.9	1:26.5	6:24.2	3:59.0
35 Nathan Sixel	SR	St. Louis Park	28	19:57.3	1:28.8	6:25.0	3:59.5
36 Kelvin Nguyen	SR	Kennedy	29	19:58.0	1:29.5	6:25.2	3:59.6

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Race #2

Boys Junior Varsity 5000M Junior Varsity

FINAL RESULTS

INDIVIDUAL RESULTS (continued)

Athlete	Year	Team	Score	Time	Gap	Avg. Mile	Avg. kM
37 Caleb Bjerkeset	FR	Kennedy	30	19:59.5	1:31.1	6:25.7	3:59.9
38 Benjamin Crowley	FR	Chanhassen	-	20:05.2	1:36.7	6:27.5	4:01.0
39 Gabe Lura	JR	Chanhassen	-	20:05.2	1:36.7	6:27.5	4:01.0
40 Anders Olson	SO	Jefferson	31	20:16.4	1:47.9	6:31.1	4:03.3
41 Tyler Guenther	FR	Chanhassen	-	20:17.6	1:49.1	6:31.5	4:03.5
42 Sean Biwer	FR	Benilde St.	-	20:17.9	1:49.4	6:31.6	4:03.6
43 Dylan Lange	8	Chaska	-	20:20.7	1:52.2	6:32.5	4:04.1
44 Will Huyck	SO	St. Louis Park	32	20:21.5	1:53.0	6:32.8	4:04.3
45 Gavin Charpentier	8	St. Louis Park	33	20:24.5	1:56.1	6:33.7	4:04.9
46 Nathan Kulish	SO	Chaska	-	20:26.4	1:57.9	6:34.3	4:05.3
47 Evan Willey	SO	Chaska	-	20:28.4	1:59.9	6:35.0	4:05.7
48 Seth Pierre	FR	Chanhassen	-	20:29.0	2:00.5	6:35.1	4:05.8
49 Jacob Willette	SO	St. Louis Park	34	20:29.4	2:00.9	6:35.3	4:05.9
50 Benjamin Wilson	FR	Chanhassen	-	20:30.0	2:01.5	6:35.5	4:06.0
51 Danny Diaz	FR	Chaska	-	20:32.9	2:04.4	6:36.4	4:06.6
52 Emmett Foner	8	St. Louis Park	(35)	20:33.3	2:04.8	6:36.6	4:06.7
53 Lucas Hansen	FR	Chaska	-	20:34.9	2:06.5	6:37.1	4:07.0
54 Austin Aase	SR	Chaska	-	20:39.5	2:11.0	6:38.5	4:07.9
55 Andrew Scherer	JR	Benilde St.	-	20:40.8	2:12.3	6:39.0	4:08.2
56 Brendan Lempe	FR	Benilde St.	-	20:42.3	2:13.8	6:39.4	4:08.4
57 Paul Timm	SO	Jefferson	36	20:54.5	2:26.0	6:43.4	4:10.9
58 Benjamin Blackwood	JR	Kennedy	(37)	20:59.5	2:31.0	6:45.0	4:11.9
59 Jacob Snuggerud	SR	Chaska	-	21:04.2	2:35.7	6:46.5	4:12.8
60 Alexander Chapman	SO	Kennedy	(38)	21:04.8	2:36.3	6:46.7	4:13.0
61 Kai Olson	SO	Jefferson	39	21:09.0	2:40.5	6:48.0	4:13.8
62 Edmund Hoes	SO	Benilde St.	-	21:09.2	2:40.7	6:48.1	4:13.8
63 Nolan Buesgens	SR	Chaska	-	21:13.5	2:45.0	6:49.5	4:14.7
64 Jeremy Pulkrabek	SO	Richfield	40	21:17.3	2:48.8	6:50.7	4:15.5
65 Matthew Hughes	FR	Richfield	41	21:19.1	2:50.7	6:51.3	4:15.8
66 Creston Halstead	8	St. Louis Park	(42)	21:19.5	2:51.0	6:51.4	4:15.9
67 Jacob Fleming	JR	Benilde St.	-	21:19.9	2:51.4	6:51.5	4:16.0
68 Carter Rost	7	St. Louis Park	-	21:20.7	2:52.2	6:51.8	4:16.1
69 Nicholas Carpenter	8	Benilde St.	-	21:22.7	2:54.2	6:52.4	4:16.5
70 David Hope	SR	St. Louis Park	-	21:23.8	2:55.3	6:52.8	4:16.8
71 Matt Pedretti	SR	Chanhassen	-	21:24.2	2:55.7	6:52.9	4:16.8
72 Brett Thielen	SO	Jefferson	43	21:26.8	2:58.3	6:53.8	4:17.4
73 David Klein	7	St. Louis Park	-	21:29.2	3:00.7	6:54.5	4:17.8
74 Peter Valerius	JR	Benilde St.	-	21:32.0	3:03.5	6:55.4	4:18.4
75 Elijah Kozak	FR	St. Louis Park	-	21:36.6	3:08.2	6:56.9	4:19.3
76 Cole Zeman	8	Benilde St.	-	21:38.7	3:10.2	6:57.6	4:19.7
77 Aidan Luebke	8	Benilde St.	-	21:40.1	3:11.6	6:58.0	4:20.0
78 Connor Weatherly	8	Benilde St.	-	21:43.7	3:15.2	6:59.2	4:20.7
79 Alex Hagen		Chanhassen	-	21:47.2	3:18.7	7:00.3	4:21.4
80 Edward Lewis	JR	Benilde St.	-	21:47.3	3:18.8	7:00.3	4:21.5
81 Soma Arimasu	JR	Benilde St.	-	21:47.9	3:19.4	7:00.5	4:21.6
82 Quetin Struwe	8	Benilde St.	-	21:55.8	3:27.4	7:03.1	4:23.2
83 Caleb Hill	SR	St. Louis Park	-	22:00.1	3:31.6	7:04.5	4:24.0

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Boys Junior Varsity 5000M Junior Varsity**FINAL RESULTS****INDIVIDUAL RESULTS (continued)**

Athlete	Year	Team	Score	Time	Gap	Avg. Mile	Avg. kM
84 Michael Pupel	FR	Benilde St.	-	22:05.4	3:36.9	7:06.2	4:25.1
85 Nick Holland-Hayes	FR	Jefferson	(44)	22:09.1	3:40.7	7:07.4	4:25.8
86 Daniel Berquist	FR	Chanhassen	-	22:11.5	3:43.0	7:08.1	4:26.3
87 Carlos Zeigle	SO	St. Louis Park	-	22:14.1	3:45.6	7:08.9	4:26.8
88 Collin Perkins	FR	St. Louis Park	-	22:16.9	3:48.4	7:09.9	4:27.4
89 Billy Madden	SO	Benilde St.	-	22:18.1	3:49.6	7:10.2	4:27.6
90 Jack Kelly	8	Chanhassen	-	22:18.3	3:49.8	7:10.3	4:27.6
91 Patrick Binish	FR	Benilde St.	-	22:31.5	4:03.0	7:14.5	4:30.3
92 Will Schwietering	7	St. Louis Park	-	22:34.6	4:06.1	7:15.5	4:30.9
93 Andrew Marks	SO	Chaska	-	22:37.8	4:09.3	7:16.6	4:31.6
94 Kameron Herndon	SO	Benilde St.	-	22:42.4	4:13.9	7:18.0	4:32.5
95 Jeffery Hessburg	SR	Jefferson	(45)	22:45.9	4:17.4	7:19.2	4:33.2
96 Everett Palmer	8	Benilde St.	-	22:48.1	4:19.6	7:19.9	4:33.6
97 Nathan Lockwood	SR	Jefferson	-	22:49.5	4:21.1	7:20.4	4:33.9
98 Joe Bergum	JR	Chaska	-	22:53.5	4:25.0	7:21.6	4:34.7
99 Charlie Piehart	7	Benilde St.	-	23:00.2	4:31.8	7:23.8	4:36.0
100 Jack Hower	FR	Benilde St.	-	23:04.6	4:36.1	7:25.2	4:36.9
101 Wyatt Ritchie	7	Richfield	46	23:06.4	4:37.9	7:25.8	4:37.3
102 Leo Zeigle	8	St. Louis Park	-	23:06.5	4:38.0	7:25.8	4:37.3
103 Devon Rain	8	Chaska	-	23:09.1	4:40.6	7:26.7	4:37.8
104 Dino Dascalos	FR	Chaska	-	23:09.6	4:41.1	7:26.8	4:37.9
105 Joe Thompson	JR	Cooper	-	23:11.7	4:43.2	7:27.5	4:38.3
106 Douglas McClain	FR	Jefferson	-	23:14.0	4:45.5	7:28.2	4:38.8
107 Charlie Rocheford	FR	Benilde St.	-	23:18.4	4:49.9	7:29.6	4:39.7
108 Nick Johnson	SR	Chanhassen	-	23:21.2	4:52.7	7:30.5	4:40.2
109 Ryan Hoedeman	FR	Benilde St.	-	23:21.8	4:53.3	7:30.7	4:40.4
110 Sam Flowers	FR	Chanhassen	-	23:23.6	4:55.1	7:31.3	4:40.7
111 John Hughes	7	Richfield	47	23:25.4	4:56.9	7:31.9	4:41.1
112 Rolf Anderson	JR	Kennedy	-	23:26.1	4:57.6	7:32.1	4:41.2
113 Connor McBride	JR	Benilde St.	-	23:27.4	4:58.9	7:32.5	4:41.5
114 Sean Sullivan	SR	Kennedy	-	23:27.9	4:59.4	7:32.7	4:41.6
115 Jackson Goins	FR	St. Louis Park	-	23:29.0	5:00.5	7:33.0	4:41.8
116 Nick Brakob	SO	St. Louis Park	-	23:38.3	5:09.8	7:36.0	4:43.7
117 Sam Herman	SO	Cooper	-	23:40.2	5:11.8	7:36.7	4:44.0
118 Lucas Latterall	SO	Benilde St.	-	23:42.8	5:14.3	7:37.5	4:44.5
119 Mason Fenn	FR	Chanhassen	-	23:47.1	5:18.6	7:38.9	4:45.4
120 Ryan Duffy	FR	Kennedy	-	23:51.7	5:23.2	7:40.3	4:46.3
121 Keegan Moberg	JR	Kennedy	-	23:52.8	5:24.4	7:40.7	4:46.6
122 Cooper Hanson	7	Benilde St.	-	24:18.4	5:49.9	7:48.9	4:51.7
123 Michael Reinhardt	SR	Jefferson	-	24:28.1	5:59.7	7:52.1	4:53.6
124 Dalton Campebell	JR	Jefferson	-	24:28.3	5:59.9	7:52.1	4:53.7
125 George Benning	SO	Benilde St.	-	24:32.9	6:04.4	7:53.6	4:54.6
126 David Lindgren	FR	Cooper	-	24:34.2	6:05.7	7:54.0	4:54.8
127 Logan Juell	FR	Richfield	(48)	24:43.1	6:14.6	7:56.9	4:56.6
128 Seamus Ott	SR	Jefferson	-	24:44.8	6:16.3	7:57.4	4:57.0
129 Jery Song	FR	Benilde St.	-	25:04.5	6:36.0	8:03.7	5:00.9
130 Vincent Friction	FR	Benilde St.	-	25:11.4	6:42.9	8:06.0	5:02.3

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Race #2**Boys Junior Varsity 5000M Junior Varsity****FINAL RESULTS****INDIVIDUAL RESULTS (continued)**

Athlete	Year	Team	Score	Time	Gap	Avg. Mile	Avg. kM
131 Max Holden	8	St. Louis Park	-	25:24.4	6:55.9	8:10.1	5:04.9
132 Jacob Shay	8	Chaska	-	25:30.2	7:01.7	8:12.0	5:06.0
133 Tyler Matson	SO	Benilde St.	-	25:40.1	7:11.6	8:15.2	5:08.0
134 Owen Lyngass	7	Richfield	(49)	25:44.3	7:15.8	8:16.5	5:08.9
135 Brady Solomon	FR	Benilde St.	-	25:56.5	7:28.0	8:20.5	5:11.3
136 Nathan Mills	FR	Benilde St.	-	26:22.1	7:53.6	8:28.7	5:16.4
137 Otto Leider	7	Benilde St.	-	26:24.1	7:55.6	8:29.4	5:16.8
138 Lucas Neill	FR	Benilde St.	-	26:24.8	7:56.3	8:29.6	5:16.9
139 Gunnar Bowman	SR	Benilde St.	-	26:30.1	8:01.6	8:31.3	5:18.0
140 John Kraemer	FR	St. Louis Park	-	27:06.8	8:38.3	8:43.1	5:25.4
141 Oscar Edeburn	FR	Jefferson	-	27:46.1	9:17.6	8:55.7	5:33.2
142 Carter Schmelzle	SO	St. Louis Park	-	28:10.0	9:41.5	9:03.4	5:38.0
143 Cole Engstrand	JR	Benilde St.	-	28:31.0	10:02.5	9:10.1	5:42.2
144 Joey Miller	7	St. Louis Park	-	30:30.2	12:01.7	9:48.5	6:06.0
145 Ryan Horejsi	JR	Benilde St.	-	32:15.6	13:47.1	10:22.4	6:27.1

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Race #3
Girls Varsity 4000M Varsity**FINAL RESULTS****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Finish Order	Spread
1 Chaska	33	3-4-5-10-11(14)(23)	1:15:41	15:09	3-4-5-10-11-14-23	0:43.9
2 St. Louis Park	73	8-12-15-17-21(28)(29)	1:18:23	15:41	8-12-15-17-21-30-32	0:34.0
3 Benilde-St. Ma	80	2-13-16-18-31(32)(33)	1:18:19	15:40	2-13-16-18-34-36-38	2:07.9
4 Chanhassen	92	1-20-22-24-25(26)(27)	1:18:36	15:44	1-20-22-24-25-26-27	1:39.4
5 Jefferson	98	6-9-19-30-34(35)(36)	1:19:58	16:00	6-9-19-33-39-41-42	1:56.6
6 Cooper	161	7-37-38-39-40(41)(42)	1:25:54	17:11	7-43-46-48-49-52-53	2:22.6
7 Richfield	225	43-44-45-46-47(48)(49)	1:32:25	18:29	54-55-59-60-63-64-65	1:08.7

INDIVIDUAL RESULTS

Athlete	Year	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 Anastasia Korzenowski	SO	Chanhassen	1	14:26.0	--	5:47.8	3:36.5
2 Mae Fullerton	JR	Benilde-St.	2	14:35.9	0:09.9	5:51.7	3:39.0
3 Anna Perrill	SR	Chaska	3	14:49.5	0:23.5	5:57.2	3:42.4
4 Haley Rasmussen	SR	Chaska	4	14:52.6	0:26.6	5:58.5	3:43.1
5 Olivia Anderson	FR	Chaska	5	14:57.3	0:31.3	6:00.3	3:44.3
6 Elise Longley	SO	Jefferson	6	15:02.9	0:36.9	6:02.6	3:45.7
7 Alice Zieska	FR	Cooper	7	15:26.0	1:00.0	6:11.9	3:51.5
8 Marcie James	SO	St. Louis Park	8	15:26.2	1:00.2	6:12.0	3:51.5
9 Caroline Anderson	FR	Jefferson	9	15:26.7	1:00.7	6:12.2	3:51.7
10 Claire Athmann	JR	Chaska	10	15:28.2	1:02.2	6:12.8	3:52.0
11 Hailey Salden	JR	Chaska	11	15:33.3	1:07.4	6:14.8	3:53.3
12 Katie Fredrickson	FR	St. Louis Park	12	15:34.0	1:08.0	6:15.1	3:53.5
13 Brooke Stanley	JR	Benilde-St.	13	15:35.6	1:09.6	6:15.7	3:53.9
14 Carly Goetz	SO	Chaska	(14)	15:36.9	1:10.9	6:16.2	3:54.2
15 Megan Perkins	FR	St. Louis Park	15	15:39.2	1:13.2	6:17.2	3:54.8
16 Tracy Renier	FR	Benilde-St.	16	15:39.8	1:13.8	6:17.4	3:54.9
17 Grace Williams	JR	St. Louis Park	17	15:43.1	1:17.1	6:18.7	3:55.8
18 Amanda Kautzer	JR	Benilde-St.	18	15:43.6	1:17.6	6:18.9	3:55.9
19 Kaitlyn Behrns	FR	Jefferson	19	15:49.9	1:23.9	6:21.5	3:57.5
20 Matilda Penner	SR	Chanhassen	20	15:59.1	1:33.1	6:25.2	3:59.8
21 Carissa Prestholdt	7	St. Louis Park	21	16:00.1	1:34.2	6:25.6	4:00.0
22 Aanya Stensrud	SR	Chanhassen	22	16:01.0	1:35.0	6:25.9	4:00.2
23 Casey Miler	SR	Chaska	(23)	16:02.7	1:36.7	6:26.6	4:00.7
24 Miranda Gilbertson	8	Chanhassen	24	16:04.2	1:38.2	6:27.2	4:01.0
25 Paige Kersten	8	Chanhassen	25	16:05.4	1:39.4	6:27.7	4:01.3
26 Kaitlyn Guenther	SR	Chanhassen	(26)	16:07.7	1:41.7	6:28.6	4:01.9
27 Megan Larranaga	SR	Chanhassen	(27)	16:12.8	1:46.8	6:30.7	4:03.2
28 Morgan Curry	JR	Kennedy	-	16:18.0	1:52.0	6:32.7	4:04.5
29 Ellie Snuggerud	SO	Chaska	-	16:24.6	1:58.6	6:35.4	4:06.1
30 Steph Reuter	SO	St. Louis Park	(28)	16:27.6	2:01.6	6:36.6	4:06.9
31 Ellie Frobom	7	Chaska	-	16:30.2	2:04.2	6:37.6	4:07.5
32 Kaia Myers	7	St. Louis Park	(29)	16:37.1	2:11.1	6:40.4	4:09.3
33 Kelly Mitzel	SR	Jefferson	30	16:39.2	2:13.2	6:41.3	4:09.8
34 Lauren McDonnell	SO	Benilde-St.	31	16:43.7	2:17.8	6:43.1	4:10.9
35 Anna Smith	JR	Chaska	-	16:46.0	2:20.0	6:44.0	4:11.5
36 Lilly Johnson	JR	Benilde-St.	(32)	16:53.3	2:27.3	6:46.9	4:13.3

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Race #3
Girls Varsity 4000M Varsity**FINAL RESULTS****INDIVIDUAL RESULTS (continued)**

Athlete	Year	Team	Score	Time	Gap	Avg. Mile	Avg. kM
37 Cecelia Schmelzle	8	St. Louis Park	-	16:54.7	2:28.7	6:47.5	4:13.7
38 Maggie Conry	SR	Benilde-St.	(33)	16:56.8	2:30.8	6:48.3	4:14.2
39 Marissa Dauner	FR	Jefferson	34	16:59.4	2:33.4	6:49.4	4:14.8
40 Claudia Elsenbast	SO	Benilde-St.	-	17:00.8	2:34.8	6:50.0	4:15.2
41 Kyla Porter	SR	Jefferson	(35)	17:05.1	2:39.1	6:51.7	4:16.3
42 Lovisa Ramberg	SR	Jefferson	(36)	17:19.2	2:53.2	6:57.3	4:19.8
43 Elizabeth Smude	FR	Cooper	37	17:22.3	2:56.3	6:58.6	4:20.6
44 Xiaojing Zeng	SR	Jefferson	-	17:23.8	2:57.8	6:59.2	4:20.9
45 Lillian Smith	SO	Benilde-St.	-	17:24.6	2:58.6	6:59.5	4:21.1
46 Allison Urevig	JR	Cooper	38	17:29.1	3:03.1	7:01.3	4:22.3
47 Gila Grad	SR	St. Louis Park	-	17:37.8	3:11.8	7:04.8	4:24.4
48 Muna Abraham	FR	Cooper	39	17:47.8	3:21.8	7:08.8	4:26.9
49 Amelia Heusinkveld	JR	Cooper	40	17:48.6	3:22.6	7:09.1	4:27.1
50 Kate Brinkman	FR	St. Louis Park	-	17:52.0	3:26.0	7:10.5	4:28.0
51 Madeleine Etiene	JR	Benilde-St.	-	17:54.3	3:28.3	7:11.4	4:28.6
52 Elizabeth Hepp	SO	Cooper	(41)	17:54.5	3:28.5	7:11.5	4:28.6
53 Sara Belden	JR	Cooper	(42)	17:57.1	3:31.1	7:12.6	4:29.3
54 Katie Schroeder	JR	Richfield	43	18:03.4	3:37.4	7:15.1	4:30.8
55 Nicole Mattson	FR	Richfield	44	18:05.1	3:39.1	7:15.8	4:31.3
56 Sara Merchant	SR	Kennedy	-	18:13.6	3:47.6	7:19.2	4:33.4
57 Tia Saddler	SO	Cooper	-	18:23.6	3:57.7	7:23.2	4:35.9
58 Emily Olson	SO	Kennedy	-	18:24.1	3:58.1	7:23.4	4:36.0
59 Aria Devries	7	Richfield	45	18:26.0	4:00.0	7:24.2	4:36.5
60 Ava Novak	7	Richfield	46	18:37.6	4:11.6	7:28.8	4:39.4
61 Alina Hansen	SO	Jefferson	-	18:51.4	4:25.4	7:34.4	4:42.8
62 Maria Wenner	FR	Kennedy	-	18:59.6	4:33.6	7:37.7	4:44.9
63 Katy Stark	SO	Richfield	47	19:12.1	4:46.1	7:42.7	4:48.0
64 Judith Dominguez	JR	Richfield	(48)	19:19.6	4:53.6	7:45.7	4:49.9
65 Emma Nollenberger	SO	Richfield	(49)	19:28.8	5:02.8	7:49.4	4:52.2
66 Crystal Salgado	FR	Jefferson	-	19:36.8	5:10.8	7:52.6	4:54.2
67 Emma Matson	FR	Richfield	-	21:31.7	7:05.7	8:38.7	5:22.9

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Race #4
Boys Varsity 5000M Varsity**FINAL RESULTS****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Finish Order	Spread
1 Chaska	34	1-2-6-8-17(19)(33)	1:22:23	16:29	1-2-6-8-17-19-35	1:41.8
2 Chanhassen	44	3-4-10-13-14(15)(22)	1:23:23	16:41	3-4-10-13-14-15-22	0:59.5
3 Kennedy	101	7-16-20-26-32(38)(49)	1:27:33	17:31	7-16-20-26-34-41-56	1:12.7
4 St. Louis Park	123	11-23-25-29-35(45)(46)	1:28:38	17:44	11-23-25-31-38-51-52	1:12.6
5 Richfield	146	12-24-30-39-41(42)(43)	1:29:47	17:58	12-24-32-43-46-47-49	1:27.2
6 Cooper	155	5-9-36-51-54(55)(56)	1:29:37	17:56	5-9-39-59-67-71-72	3:08.5
7 Jefferson	160	18-21-37-40-44(48)(50)	1:30:33	18:07	18-21-40-45-50-55-57	1:02.9
8 Benilde St. Ma	167	27-28-31-34-47(52)(53)	1:30:42	18:09	28-30-33-37-53-61-62	0:46.4

INDIVIDUAL RESULTS

Athlete	Year	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 Joey Duerr	SR	Chaska	1	15:36.4	--	5:01.1	3:07.3
2 Zac Miller	SO	Chaska	2	15:58.6	0:22.2	5:08.2	3:11.7
3 Grant Magnuson	SR	Chanhassen	3	16:05.4	0:29.0	5:10.4	3:13.1
4 Tyler Kobliarcsik	SR	Chanhassen	4	16:06.3	0:29.9	5:10.7	3:13.2
5 Garrett Williams	JR	Cooper	5	16:07.0	0:30.6	5:10.9	3:13.4
6 Spencer Urick	JR	Chaska	6	16:31.8	0:55.4	5:18.9	3:18.4
7 Collin Kern	JR	Kennedy	7	16:54.9	1:18.5	5:26.3	3:23.0
8 Sam Shay	SR	Chaska	8	16:57.4	1:21.0	5:27.1	3:23.5
9 Kyle Goldman	SR	Cooper	9	17:01.9	1:25.5	5:28.6	3:24.4
10 Joe Ferguson	SR	Chanhassen	10	17:02.2	1:25.8	5:28.7	3:24.4
11 Liam Schmelzle	SR	St. Louis Park	11	17:03.0	1:26.6	5:28.9	3:24.6
12 Spencer Bergen	SR	Richfield	12	17:03.9	1:27.5	5:29.2	3:24.8
13 Jack Braaten	JR	Chanhassen	13	17:04.1	1:27.7	5:29.3	3:24.8
14 Corey Johnson	JR	Chanhassen	14	17:04.8	1:28.4	5:29.5	3:25.0
15 Grant Smith	SR	Chanhassen	(15)	17:12.9	1:36.5	5:32.1	3:26.6
16 Dustin Doppmann	SR	Kennedy	16	17:12.9	1:36.5	5:32.1	3:26.6
17 Carter Bjorklund	SR	Chaska	17	17:18.1	1:41.7	5:33.8	3:27.6
18 Nick Freemark	SO	Jefferson	18	17:30.7	1:54.3	5:37.8	3:30.1
19 Parker Bjorklund	FR	Chaska	(19)	17:31.4	1:55.0	5:38.1	3:30.3
20 Bryce Hill	JR	Kennedy	20	17:32.1	1:55.7	5:38.3	3:30.4
21 Weldon Makori	SO	Jefferson	21	17:35.7	1:59.3	5:39.4	3:31.1
22 Jordan Kiesow	SO	Chanhassen	(22)	17:38.6	2:02.2	5:40.4	3:31.7
23 Jackson Sokolowski	SO	St. Louis Park	23	17:39.5	2:03.1	5:40.7	3:31.9
24 Liam Hoppe	SO	Richfield	24	17:41.5	2:05.1	5:41.3	3:32.3
25 Sam Olson	SR	St. Louis Park	25	17:44.8	2:08.4	5:42.4	3:33.0
26 Jacob Larson	SR	Kennedy	26	17:45.0	2:08.6	5:42.4	3:33.0
27 Devin Kelly	SR	Chanhassen	-	17:50.6	2:14.2	5:44.2	3:34.1
28 Matt Paal	JR	Benilde St.	27	17:51.4	2:15.0	5:44.5	3:34.3
29 Mitch Ihlang	SR	Chanhassen	-	17:53.2	2:16.8	5:45.1	3:34.6
30 Jamison Schuh	JR	Benilde St.	28	17:54.1	2:17.7	5:45.4	3:34.8
31 Conrad Phelan	JR	St. Louis Park	29	17:54.5	2:18.1	5:45.5	3:34.9
32 Evan Matson	JR	Richfield	30	18:02.3	2:25.9	5:48.0	3:36.5
33 Dan Lennington	SR	Benilde St.	31	18:05.0	2:28.6	5:48.9	3:37.0
34 Lukas Buhler	SO	Kennedy	32	18:07.5	2:31.1	5:49.7	3:37.5
35 Austin Miler	SO	Chaska	(33)	18:08.8	2:32.4	5:50.1	3:37.7

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Race #4
Boys Varsity 5000M Varsity**FINAL RESULTS****INDIVIDUAL RESULTS (continued)**

Athlete	Year	Team	Score	Time	Gap	Avg. Mile	Avg. kM
36 Noah Miller	FR	Chaska	-	18:09.0	2:32.6	5:50.2	3:37.8
37 Matt Lynch	JR	Benilde St.	34	18:13.7	2:37.3	5:51.7	3:38.7
38 Jack Elias	SO	St. Louis Park	35	18:15.6	2:39.2	5:52.3	3:39.1
39 Sam Kessler	SR	Cooper	36	18:19.1	2:42.7	5:53.4	3:39.8
40 Paul Paczkowski	SR	Jefferson	37	18:21.9	2:45.5	5:54.3	3:40.4
41 Daniel Lanoue	SR	Kennedy	(38)	18:22.9	2:46.5	5:54.6	3:40.6
42 Ben Eliason	SR	Chaska	-	18:23.0	2:46.6	5:54.7	3:40.6
43 William Bednar	SR	Richfield	39	18:27.9	2:51.5	5:56.2	3:41.6
44 Jack Elgren	JR	Chanhassen	-	18:30.2	2:53.8	5:57.0	3:42.0
45 Caleb Miller	JR	Jefferson	40	18:30.8	2:54.4	5:57.2	3:42.1
46 Bailey Olson	SR	Richfield	41	18:31.0	2:54.6	5:57.2	3:42.2
47 Joel Blanchard	SR	Richfield	(42)	18:31.7	2:55.3	5:57.4	3:42.3
48 John Starkey	8	Chaska	-	18:32.5	2:56.1	5:57.7	3:42.5
49 Mark Blanchard	SR	Richfield	(43)	18:33.3	2:56.9	5:58.0	3:42.6
50 James Gunderson	SR	Jefferson	44	18:33.5	2:57.1	5:58.0	3:42.7
51 Nick Behnken	JR	St. Louis Park	(45)	18:34.3	2:57.9	5:58.3	3:42.8
52 Ethan Brown	SO	St. Louis Park	(46)	18:37.2	3:00.8	5:59.2	3:43.4
53 John Boase	SO	Benilde St.	47	18:37.7	3:01.3	5:59.4	3:43.5
54 Mohammed Ali	SR	Richfield	-	18:40.1	3:03.7	6:00.1	3:44.0
55 Brad Miller	SR	Jefferson	(48)	18:44.3	3:07.9	6:01.5	3:44.9
56 David Beacom	FR	Kennedy	(49)	18:46.4	3:10.0	6:02.2	3:45.3
57 Brendan Klein	SR	Jefferson	(50)	18:50.1	3:13.7	6:03.4	3:46.0
58 Tommy Guddal	FR	St. Louis Park	-	18:50.4	3:14.0	6:03.5	3:46.1
59 Isaac Griffin-Wiesner	JR	Cooper	51	18:53.6	3:17.2	6:04.5	3:46.7
60 Abdi Mohamud	SR	St. Louis Park	-	18:56.3	3:19.9	6:05.4	3:47.2
61 Nick Griebie	SR	Benilde St.	(52)	18:58.2	3:21.8	6:06.0	3:47.6
62 Nick Backes	JR	Benilde St.	(53)	18:58.9	3:22.5	6:06.2	3:47.8
63 Gustaf Swansen	JR	Benilde St.	-	18:59.5	3:23.2	6:06.4	3:47.9
64 Joshua Lueth	FR	Jefferson	-	19:05.2	3:28.8	6:08.2	3:49.0
65 Colin Sheeley	SR	Benilde St.	-	19:10.3	3:34.0	6:09.9	3:50.1
66 Anders Nackerud	SO	St. Louis Park	-	19:13.3	3:36.9	6:10.8	3:50.7
67 Alex Ozark	SR	Cooper	54	19:15.4	3:39.1	6:11.5	3:51.1
68 Mohammed Omar	SO	Richfield	-	19:18.6	3:42.3	6:12.5	3:51.7
69 Tony Valerius	SO	Benilde St.	-	19:25.0	3:48.6	6:14.6	3:53.0
70 Lorenzo Moneti	SO	Jefferson	-	19:31.7	3:55.3	6:16.7	3:54.3
71 Sulayman Gibba	JR	Cooper	(55)	19:54.5	4:18.2	6:24.1	3:58.9
72 Kyle Dejesus	JR	Cooper	(56)	19:54.8	4:18.4	6:24.2	3:59.0
73 Stephen Parlow	SO	Cooper	-	20:00.6	4:24.2	6:26.0	4:00.1
74 Derek Mattson	SR	Richfield	-	20:09.4	4:33.0	6:28.9	4:01.9
75 Kenny Peng	FR	Jefferson	-	20:13.9	4:37.5	6:30.3	4:02.8
76 Chris Bradbury	SR	Cooper	-	20:42.5	5:06.1	6:39.5	4:08.5
77 Jansoper Ly	JR	Cooper	-	20:44.6	5:08.2	6:40.2	4:08.9