

## Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

## Hamline

## Results

## Girls 100 Meter Dash

Section 5AA: 11.88 # 2003  
12.53 QUAL

Kadeshia Fortune, Mpls. Washburn

Name	Yr	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1 Davis, Sashanavian	12	Park Center	12.59	12.03 Q	NWI	1
2 Trentor, Rachel	11	Totino-Grace	12.67	12.41 Q	NWI	2
3 Jones, Bria	12	Spring Lk Pk/St. Anthony Villa	12.99	12.59 Q	NWI	6
4 Wooters, Courtney	9	St. Michael-Albertville	12.75	12.70 Q	NWI	3
5 Purcell, Courtney	10	Blaine	12.86	12.75 Q	NWI	5
6 Belsito, Alyssa	11	Mounds View	12.76	13.02 Q	NWI	4
7 Gross, Nia	12	Osseo	13.30	12.81 q	NWI	1
8 Lindquist, Rachel	12	Spring Lk Pk/St. Anthony Villa	13.40	12.90 q	NWI	6
9 Puckett, Brianna	10	Osseo	13.31	12.93 q	NWI	2
10 Nelson, Katie	11	Blaine	13.30	12.96	NWI	1
11 Hill, Melanie	11	Champlin Park	13.29	12.97	NWI	2
12 Heikkinen, Kirsten	10	Rogers	13.03	13.02	NWI	5
13 Arogbokun, Funmi	11	Osseo	13.37	13.06	NWI	5
14 Kanu, SaraMaya	10	Blaine	13.40	13.12	NWI	6
15 Rachac, Devon	9	Spring Lk Pk/St. Anthony Villa	13.48	13.13	NWI	3
16 Severson, Allie	9	Mounds View	13.62	13.23	NWI	3
17 Merchant, Patience	12	Coon Rapids	13.73	13.26	NWI	6
18 Salem, Rachel	8	Maple Grove	13.35	13.28	NWI	4
19 Bednorz, Katlin	11	Anoka	13.20	13.29	NWI	4
20 Cooper, Shirley	11	Fridley	13.02	13.35	NWI	6
21 Fixsen, Olivia	9	Mounds View	13.52	13.35	NWI	2
22 Kreckelberg, Elizabeth	9	Centennial	13.34	13.45	NWI	3
23 Officer, Alera	10	Champlin Park	13.70	13.46	NWI	5
24 Wade, Brea	10	Rogers	13.56	13.52	NWI	1
25 Arbeiter, McKenzie	10	Maple Grove	13.41	13.53	NWI	5
26 Stalboerger, Nicole	9	Coon Rapids	13.78	13.55	NWI	6
27 Tosu, Amanda	12	Irondale	13.93	13.56	NWI	1
28 Gleckler, Abigael	10	Totino-Grace	13.98	13.57	NWI	2
29 Korti, Bendu	9	Fridley	13.60	13.67	NWI	1
30 Perego, Danielle	9	Rogers	14.01	13.69	NWI	3
31 Fadina, Rachel	9	Irondale	13.61	13.69	NWI	2
32 Stewart, Leticia	12	Fridley	13.24	13.75	NWI	3
33 Brady-Olowu, Jordana	9	Irondale	14.06	13.80	NWI	4
34 Motzell, Alyson	9	Totino-Grace	14.10	13.82	NWI	5
35 Watson, Sarah	9	Champlin Park	13.92	13.84	NWI	2
36 Holle, Nicole	10	Coon Rapids	13.79	13.87	NWI	5
37 Nelson, Briana	9	Centennial	13.94	13.90	NWI	1
38 Rand, Cece	10	Anoka	13.70	14.07	NWI	4
39 Piette, Maria	10	Centennial	14.54	14.10	NWI	6
40 Sladek, Katie	12	St. Michael-Albertville	14.24	14.13	NWI	6

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline****Results**

41	Angok, Tina	12	Columbia Heights	13.86	14.27	NWI	4
42	Weber, Ellie	12	St. Michael-Albertville	14.70	14.60	NWI	3
43	Kelly, Aleah	10	Park Center	14.74	14.62	NWI	2
44	Llerena, Domenica	7	Columbia Heights	14.67	14.89	NWI	4
45	Harper, Erica	7	Columbia Heights	14.62	14.96	NWI	5
46	Finnvik, Cynthia	8	Park Center	15.41	15.01	NWI	1

**Girls 100 Meter Dash**

**Section 5AA: 11.88 # 2003 Kadeshia Fortune, Mpls. Washburn**  
**12.53 QUAL**

	Name	Yr	School	Prelims	Finals	Wind
<b>Finals</b>						
1	Davis, Sashanavian	12	Park Center	12.03	12.34	3.5
2	Trentor, Rachel	11	Totino-Grace	12.41	12.50	3.5
3	Gross, Nia	12	Osseo	12.81	12.85	3.5
4	Wooters, Courtney	9	St. Michael-Albertville	12.70	12.87	3.5
5	Jones, Bria	12	Spring Lk Pk/St. Anthony Villa	12.59	12.94	3.5
6	Purcell, Courtney	10	Blaine	12.75	13.10	3.5
7	Belsito, Alyssa	11	Mounds View	13.02	13.12	3.5
8	Puckett, Brianna	10	Osseo	12.93	13.20	3.5
9	Lindquist, Rachel	12	Spring Lk Pk/St. Anthony Villa	12.90	13.25	3.5

**Girls 200 Meter Dash**

**Section 5AA: 24.20 # 2010 Sasha Davis, Park Center**  
**25.84 QUAL**

	Name	Yr	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>							
1	Davis, Sashanavian	12	Park Center	25.30	24.75 Q	NWI	1
2	Okonkwo, Anuli	11	Osseo	25.47	25.04 Q	NWI	2
3	Trentor, Rachel	11	Totino-Grace	25.71	25.80 Q	NWI	3
4	Nelson, Haley	10	Maple Grove	26.60	25.94 Q	NWI	5
5	Carter, Kianna	11	Irondale	26.49	26.10 Q	NWI	4
6	Purcell, Courtney	10	Blaine	26.83	26.12 Q	NWI	6
7	Wooters, Courtney	9	St. Michael-Albertville	27.03	26.13 q	NWI	6
8	Puckett, Brianna	10	Osseo	27.15	26.37 q	NWI	5
9	Lister, Marissa	10	Maple Grove	27.48	26.83 q	NWI	1
10	Messerly - Menk, Britta	9	Mounds View	27.36	27.01	NWI	1
11	Bialke, Morgan	11	Osseo	27.64	27.19	NWI	3
12	Belsito, Alyssa	11	Mounds View	27.17	27.24	NWI	4
13	Sinha, Anita	12	Spring Lk Pk/St. Anthony Villa	28.09	27.32	NWI	6
14	Pawlyshyn, Natalie	10	Spring Lk Pk/St. Anthony Villa	27.35	27.37	NWI	2
15	Severson, Allie	9	Mounds View	27.23	27.63	NWI	3
16	Windingstad, Kayla	9	Centennial	27.94	27.79	NWI	5
17	Ogunti, Madia	8	Park Center	30.10	27.83	NWI	6
18	Fuechtmann, Kayla	11	Centennial	27.53	28.01	NWI	2
19	Pearson, Andrea	11	Coon Rapids	28.96	28.02	NWI	1
20	Schirmers, Brandy	10	St. Michael-Albertville	28.61	28.04	NWI	2
21	Officer, Alera	10	Champlin Park	28.30	28.06	NWI	4
22	Penshorn, Elizabeth	10	Coon Rapids	28.76	28.16	NWI	4

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

23	Watson, Sarah	9	Champlin Park	28.42	28.18	NWI	2
24	Miller, Abby	10	Blaine	28.59	28.32	NWI	1
25	Cooper, Shirley	11	Fridley	28.12	28.35	NWI	6
26	Fleishfresser, Ashley	9	Spring Lk Pk/St. Anthony Villa	28.96	28.40	NWI	2
27	Gleckler, Abigail	10	Totino-Grace	27.78	28.47	NWI	4
28	Korti, Bendu	9	Fridley	28.90	28.48	NWI	3
29	Thompson, Kaitlyn	9	Blaine	28.69	28.51	NWI	3
30	Roetering, Katherine	10	Maple Grove	28.21	28.51	NWI	5
31	Monson, Sydney	10	Champlin Park	28.52	28.52	NWI	1

**Preliminaries ... (Girls 200 Meter Dash)**

Name	Yr	School	Seed	Prelims	Wind	H#	
32	Kreckelberg, Elizabeth	9	Centennial	28.42	28.57	NWI	3
33	Dugbeh, Nathatnline	11	Park Center	29.50	28.60	NWI	4
34	Lundberg, Claire	9	Anoka	28.80	28.68	NWI	5
35	Rehm, Katherine	10	Coon Rapids	28.78	28.72	NWI	6
36	Motzell, Alyson	9	Totino-Grace	28.77	28.76	NWI	5
37	Stewart, Leticia	12	Fridley	29.47	28.92	NWI	3
38	Palmer, Amanda	11	Rogers	29.34	28.97	NWI	2
39	Sarazine, Cassidy	9	Anoka	28.80	29.02	NWI	4
40	Robinson, Chelsea	12	St. Michael-Albertville	30.19	29.06	NWI	5
41	Barringer, Danielle	12	Irondale	29.73	29.27	NWI	5
42	Goodin, Kylie	9	Irondale	29.99	29.44	NWI	6
43	Harper, Erica	7	Columbia Heights	30.30	30.33	NWI	4
44	Llerena, Domenica	7	Columbia Heights	31.40	31.05	NWI	3
45	Perez, Shanel	11	Columbia Heights	33.25	32.35	NWI	2

**Girls 200 Meter Dash**

Section 5AA: **24.20** # **2010** **Sasha Davis, Park Center**  
**25.84** QUAL

Name	Yr	School	Prelims	Finals	Wind	
<b>Finals</b>						
1	Davis, Sashanavian	12	Park Center	24.75	24.45	1.9
2	Okonkwo, Anuli	11	Osseo	25.04	24.97	1.9
3	Trentor, Rachel	11	Totino-Grace	25.80	25.42	1.9
4	Nelson, Haley	10	Maple Grove	25.94	25.87	1.9
5	Wooters, Courtney	9	St. Michael-Albertville	26.13	26.35	1.9
6	Purcell, Courtney	10	Blaine	26.12	26.46	1.9
7	Puckett, Brianna	10	Osseo	26.37	26.57	1.9
8	Lister, Marissa	10	Maple Grove	26.83	26.94	1.9
9	Carter, Kianna	11	Irondale	26.10	27.20	1.9

**Girls 400 Meter Dash**

Section 5AA: **56.07** # **1998** **Deborh Cordner, St. Louis Park**  
**57.29** QUAL

Name	Yr	School	Seed	Prelims	H#	
<b>Preliminaries</b>						
1	Webb, Phillis	10	Osseo	56.44	58.07 Q	1
2	Davis, Sashanavian	12	Park Center	57.10	58.61 Q	2

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

3	Carter, Kianna	11	Irondale	1:00.57	58.71 Q	5
4	Bethke, Kelsey	12	Mounds View	57.89	59.08 Q	3
5	Lachinski, Hailey	10	Blaine	58.82	1:00.43 Q	4
6	Gillberg, Mollie	12	Coon Rapids	58.91	59.58 q	5
7	Wanner, Elizabeth	11	Totino-Grace	1:01.11	1:00.28 q	1
8	Falck, Kiersten	9	Blaine	1:00.98	1:00.75 q	2
9	Louiselle, Anne	11	Totino-Grace	1:01.10	1:01.41 q	1
10	Schevenius, Laura	12	Centennial	1:00.97	1:01.45	3
11	Neubauer, Brooke	12	Blaine	1:01.69	1:01.49	2
12	Fritz, Alexis	9	Anoka	1:00.60	1:01.94	4
13	Lacy, Maddy	9	Totino-Grace	1:04.34	1:02.45	3
14	Corbin, Taylor	12	Maple Grove	1:02.54	1:03.04	4
15	Malmstrom, Emily	11	Mounds View	1:03.53	1:03.17	3

**Preliminaries ... (Girls 400 Meter Dash)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed</b>	<b>Prelims</b>	<b>H#</b>
16	Eisenbraun, Amber	12	Anoka	1:02.20	1:03.26	3
17	Philips, Emily	12	Maple Grove	1:04.45	1:03.47	4
18	Boehne, Nicole	10	Centennial	1:03.31	1:03.67	4
19	Bandt, Carly	9	Mounds View	1:03.94	1:04.14	2
20	Buggs, Alivia	9	Park Center	1:04.00	1:04.48	1
21	Stringer, Paige	10	Park Center	1:03.00	1:04.73	5
22	Sharp, Rachel	10	Rogers	1:04.32	1:05.15	2
23	Culp, Megan	12	Centennial	1:04.58	1:05.31	5
24	Krismer, Katie	10	Maple Grove	1:04.95	1:05.52	5
25	Godwin, Faith	9	Irondale	1:07.58	1:05.81	4
26	Winters, Mackenzie	9	Anoka	1:04.20	1:06.24	1
27	Gordhamer, Lauren	12	Spring Lk Pk/St. Anthony Villa	1:03.25	1:06.30	5

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

28	Truong, Anna	10	Coon Rapids	1:06.50	1:06.43	2
29	Bialke, Morgan	11	Osseo	1:06.34	1:06.80	3
30	Anderson, Carrie	9	Coon Rapids	1:05.81	1:07.12	4
31	Fritze, Halley	10	St. Michael-Albertville	1:06.76	1:07.14	1
32	Burns, Josie	9	St. Michael-Albertville	1:07.20	1:08.29	2
33	Andruskiewicz, Sydni	10	Rogers	1:07.26	1:08.29	3
34	Reger, Libby	9	Rogers	1:08.72	1:08.68	5
35	Achterkirch, Emily	9	St. Michael-Albertville	1:08.84	1:09.41	4
36	Kabaka, Daisy	9	Champlin Park	1:08.93	1:10.26	3
---	Warnke, Hailee	9	Irondale	1:09.50	DQ	1

**Girls 400 Meter Dash**

Section 5AA: **56.07 # 1998**      **Deborh Cordner, St. Louis Park**  
**57.29 QUAL**

Name	Yr	School	Prelims	Finals		
<b>Finals</b>						
1	Davis, Sashanavian	12	Park Center	58.61	56.90	QUAL
2	Carter, Kianna	11	Irondale	58.71	57.70	
3	Bethke, Kelsey	12	Mounds View	59.08	58.24	
4	Gillberg, Mollie	12	Coon Rapids	59.58	58.58	
5	Lachinski, Hailey	10	Blaine	1:00.43	59.04	
6	Webb, Phillis	10	Osseo	58.07	59.76	
7	Wanner, Elizabeth	11	Totino-Grace	1:00.28	1:00.62	
8	Falck, Kiersten	9	Blaine	1:00.75	1:01.01	
9	Louiselle, Anne	11	Totino-Grace	1:01.41	1:01.71	

**Girls 800 Meter Run**

Section 5AA: **2:15.02 # 5/29/2008**      **Emily Emerson, Centennial**  
**2:17.85 QUAL**

Name	Yr	School	Seed	Prelims
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**Preliminaries**

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

1	Sjelin, Maddi	10	St. Michael-Albertville	2:21.40	2:20.33	Q
2	Kienholz, Megan	10	Centennial	2:19.56	2:22.43	Q
3	Shagen, Kaley	10	Osseo	2:21.12	2:22.98	Q
4	Fritz, Katelyn	11	Anoka	2:21.30	2:23.63	Q
5	Winslow, Darian	10	Totino-Grace	2:25.45	2:24.08	Q
6	Engstrom, Melissa	12	Coon Rapids	2:24.19	2:25.88	Q
7	McDonald, Taylor	10	Totino-Grace	2:22.67	2:24.09	Q

**Preliminaries ... (Girls 800 Meter Run)**

	Name	Yr	School	Seed	Prelims	
8	Knopf, Beth	11	Mounds View	2:25.00	2:26.54	Q
9	Glensman, Samantha	10	Osseo	2:29.04	2:27.29	Q
10	Halfrich, Sara	9	Maple Grove	2:28.25	2:25.57	q
11	McSherry, Kylie	9	Totino-Grace	2:28.45	2:28.10	q
12	Stratton, Amanda	11	Blaine	2:27.24	2:28.53	q
13	Christian, Devyn	12	Spring Lk Pk/St. Anthony Villa	2:28.55	2:30.95	
14	Heinks, Mary	8	Irondale	2:33.06	2:31.16	
15	Dutton, Courtney	12	Coon Rapids	2:30.53	2:31.25	
16	Thompson, Jenna	10	Osseo	2:29.14	2:31.31	
17	Ederer, Rose	12	Blaine	2:30.92	2:31.35	
18	Harper, Erin	11	Blaine	2:29.57	2:31.96	
19	Pierce, Ellie	11	Mounds View	2:30.05	2:32.18	
20	Degelau, Brooke	10	Irondale	2:32.95	2:32.39	
21	Cole, Danielle	12	Mounds View	2:29.03	2:32.46	
22	Rudin, Danielle	11	Maple Grove	2:35.41	2:32.76	
23	Anderson, Steph	10	Centennial	2:33.15	2:32.88	
24	Nelson, Anna	10	Coon Rapids	2:33.98	2:33.10	
25	Moore, McKinley	11	Champlin Park	2:36.57	2:33.22	

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

26	Foote, Laura	12	Maple Grove	2:39.32	2:34.95
27	Hemming, Cassandra	7	Park Center	2:35.50	2:34.95
28	Hinkemeyer, Beth	10	St. Michael-Albertville	2:39.65	2:35.16
29	Gast, Lindsey	9	Anoka	2:36.50	2:36.99
30	Metzger, Renae	11	Park Center	2:32.80	2:37.35
31	Myren, Haylee	9	Spring Lk Pk/St. Anthony Villa	2:42.33	2:37.55
32	Hansen, Alexandra	12	Irondale	2:50.45	2:38.95
33	Lewis, Hannah	9	Rogers	2:35.41	2:39.10
34	Rouillard, Janaye	10	Rogers	2:41.22	2:39.36
35	Bianchi, Jessica	11	Rogers	2:40.13	2:43.29
36	Kessler, Emily	12	St. Michael-Albertville	2:41.55	2:43.42
37	Rotich, Jolene	10	Park Center	2:41.40	2:44.16
38	Ryd, Megan	11	Fridley	2:54.00	2:45.15
39	Anderson, Kristen	10	Fridley	2:48.00	2:45.71
40	Krueger, Cailin	7	Columbia Heights	3:03.00	2:48.52
41	Mahdy, Nancy	12	Fridley	2:58.00	2:56.88
42	Ungemach, Anne	9	Columbia Heights	3:16.00	3:04.86

**Girls 800 Meter Run**

Section 5AA: 2:15.02 # 5/29/2008 Emily Emerson, Centennial  
2:17.85 QUAL

	Name	Yr	School	Prelims	Finals
<b>Finals</b>					
1	Kienholz, Megan	10	Centennial	2:22.43	2:18.27
2	McDonald, Taylor	10	Totino-Grace	2:24.09	2:18.78
3	Sjelin, Maddi	10	St. Michael-Albertville	2:20.33	2:21.22
4	Winslow, Darian	10	Totino-Grace	2:24.08	2:23.78
5	Engstron, Melissa	12	Coon Rapids	2:25.88	2:25.03
6	Shagen, Kaley	10	Osseo	2:22.98	2:25.58

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
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7	Knopf, Beth	11	Mounds View	2:26.54	2:27.06
8	Halfrich, Sara	9	Maple Grove	2:25.57	2:28.37
9	McSherry, Kylie	9	Totino-Grace	2:28.10	2:28.55

**Finals ... (Girls 800 Meter Run)**

	Name	Yr	School	Prelims	Finals
10	Fritz, Katelyn	11	Anoka	2:23.63	2:29.26
11	Glensman, Samantha	10	Osseo	2:27.29	2:30.75
12	Stratton, Amanda	11	Blaine	2:28.53	2:35.71

**Girls 800 Meter Run Wheelchair**

	Name	Yr	School	Seed	Finals
<b>Finals</b>					
1	Super, JoLynn	9	Spring Lk Pk/St. Anthony Villa		4:08.00

**Girls 1600 Meter Run**

Section 5AA: 5:05.40 # 2004  
5:04.03 QUAL Lisa Waananen, Maple Grove

	Name	Yr	School	Seed	Finals
<b>Finals</b>					
1	Shagen, Kaley	10	Osseo	5:24.43	5:19.88
2	Sjelin, Maddi	10	St. Michael-Albertville	5:20.48	5:21.18
3	Butina, Madison	9	Centennial	5:22.26	5:23.66
4	DHeilly, Paige	10	Coon Rapids	5:20.59	5:30.00
5	Rudin, Danielle	11	Maple Grove	5:35.23	5:34.59
6	Soli, Cassidy	10	Champlin Park	5:24.47	5:36.73
7	Morrisette, Mariah	10	Maple Grove	5:40.41	5:38.56
8	Yetter, Hayli	12	Blaine	5:37.82	5:38.94
9	Kretschmer, Alexis	11	Centennial	5:39.55	5:40.19
10	Blais, Katelyn	11	St. Michael-Albertville	5:34.86	5:42.32
11	Fritz, Katelyn	11	Anoka	5:18.30	5:42.52
12	Muellner, Emily	12	Mounds View	5:20.33	5:43.15
13	Hoekstra, Hannah	9	Totino-Grace	5:30.45	5:44.70



**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

14	Koskela, Grace	8	Osseo	6:05.44	5:46.83
15	Dills, Sam	10	Coon Rapids	5:31.21	5:47.11
16	Nugent, Ana	12	Totino-Grace	5:37.34	5:47.90
17	Gorman, Erin	9	Fridley	5:55.00	5:48.05
18	Rauch, Nettie	12	Mounds View	5:44.71	5:49.47
19	Lindfors, Jacqueline	9	Rogers	5:49.23	5:50.46
20	Sweeney, Clara	10	Centennial	5:52.00	5:51.19
21	Trescony, Maria	11	Champlin Park	5:53.39	5:52.10
22	Lewis, Hannah	9	Rogers	5:50.87	5:52.40
23	Rosenow, Olivia	9	Maple Grove	5:38.00	5:52.48
24	Shogren, Madeline	10	Blaine	5:51.92	5:52.61
25	Weimholt, Stefani	10	Coon Rapids	5:34.40	5:53.28
26	Weinberger, Jenna	12	Anoka	5:55.40	5:53.32
27	Walton, Melody	12	St. Michael-Albertville	5:44.71	5:54.85
28	Gunderman, Allicia	10	Irondale	5:57.13	5:54.96
29	Ruikka, Sam	10	Fridley	5:55.00	5:55.92
30	Sedesky, Marie	9	Totino-Grace	5:56.23	5:56.24
31	Marsh, Melissa	9	Spring Lk Pk/St. Anthony Villa	5:45.72	5:57.50
32	Schell, Alexandra (Kirby)	12	Irondale	5:59.54	6:00.35
33	Hockert, Katelyn	9	Blaine	5:54.27	6:03.65
34	McElroy, Jenna	12	Champlin Park	5:48.40	6:03.66
35	Picard, Mary	9	Spring Lk Pk/St. Anthony Villa	6:06.78	6:07.27
36	Ubl, Elizabeth	10	Anoka	5:58.10	6:10.03

**Finals ... (Girls 1600 Meter Run)**

	Name	Yr	School	Seed	Finals
37	Gutierrez, Reyna	9	Spring Lk Pk/St. Anthony Villa	6:03.00	6:13.43
38	Balzer, Nicole	10	Mounds View	5:33.94	6:17.76

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

39	Kelly, Meghan	10	Park Center	6:03.00	6:20.29
40	Morke, Ababa	10	Park Center	6:01.50	6:20.99
41	Zink, Kristin	11	Irondale	6:14.55	6:23.27
42	Peterson, Olivia	7	Park Center	6:02.50	6:27.42
43	Krueger, Cailin	7	Columbia Heights	6:45.00	6:42.55

**Girls 3200 Meter Run**

**Section 5AA: 10:49.22 # 2003**  
**11:03.81 QUAL**

**Lisa Waananen, Maple Grove**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed</b>	<b>Finals</b>
<b>Finals</b>					
1	Soli, Cassidy	10	Champlin Park	11:38.94	11:32.82
2	Johnson, Brittney	12	Mounds View	11:26.13	11:42.45
3	Norby, Presley	7	St. Michael-Albertville	12:06.04	12:01.08
4	Clark, Ashley	11	Mounds View	11:47.50	12:01.62
5	Kretschmer, Alexis	11	Centennial	12:23.75	12:04.09
6	Picard, Alexandra	11	Spring Lk Pk/St. Anthony Villa	12:09.73	12:04.88
7	Beaver, Kylee	7	Park Center	12:05.00	12:05.84
8	Simonet, Kate	10	Park Center	12:09.00	12:08.55
9	Blais, Katelyn	11	St. Michael-Albertville	11:59.79	12:11.05
10	Morrisette, Mariah	10	Maple Grove	12:37.00	12:27.18
11	Nugent, Ana	12	Totino-Grace	12:34.45	12:29.32
12	Hoekstra, Hannah	9	Totino-Grace	12:06.44	12:30.72
13	Schwieters, Nicole	10	Maple Grove	12:33.00	12:32.25
14	Watts, Mattie	9	Irondale	12:28.13	12:33.58
15	McElroy, Jenna	12	Champlin Park	12:37.61	12:35.09
16	Trescony, Maria	11	Champlin Park	12:48.31	12:36.92
17	Lindfors, Jacqueline	9	Rogers	13:02.28	12:45.38
18	Ruikka, Sam	10	Fridley	12:57.00	12:51.14

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

19	Waananen, Amy	12	Maple Grove	12:38.00	12:55.82
20	Gunderman, Allicia	10	Irondale	13:07.15	12:57.15
21	Shogren, Madeline	10	Blaine	12:56.37	12:57.96
22	Schoenrock, Jenny	9	Osseo	12:56.50	13:00.77
23	Truong, Christina	10	Coon Rapids	13:07.26	13:03.51
24	Hoff, Katie	9	Spring Lk Pk/St. Anthony Villa	13:03.73	13:05.11
25	Todey, Sarah	11	Osseo	13:10.24	13:16.69
26	Gorman, Erin	9	Fridley	13:44.00	13:16.71
27	Fennell, Nichole	12	Coon Rapids	13:16.98	13:18.97
28	Korby, Danielle	10	Park Center	13:05.00	13:22.29
29	Carlson, Kristin	11	Coon Rapids	13:13.48	13:23.05
30	Siddiqui, Sana	11	Spring Lk Pk/St. Anthony Villa	13:31.48	13:27.39
31	Sampson, Raelynn	12	St. Michael-Albertville	13:37.23	13:37.83
32	Schell, Alexandra (Kirby)	12	Irondale	13:23.00	13:45.58
33	Hohn, Jenn	8	Osseo	12:56.49	13:53.31
34	Hoyles, Katie	12	Blaine	13:54.00	13:58.65

**Girls 100 Meter Hurdles**

**Section 5AA: 14.44 # 2009**  
**15.21 QUAL**

**Chiamaka Okonkwo, Osseo**

Name	Yr	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1 Bestman, Edwina	11	Park Center	16.24	15.32 Q	NWI	5
2 Niewald, Hannah	11	Fridley	15.78	15.62 Q	NWI	1
3 Ndely, Michelle-Noella	11	Champlin Park	15.96	15.90 Q	NWI	3
4 Evanson, Olivia	12	Maple Grove	16.24	15.99 Q	NWI	4
5 Abbott, Nicole	11	Anoka	15.90	16.06 Q	NWI	2
6 Whitney, Kirsten	10	Spring Lk Pk/St. Anthony Villa	16.13	15.93 q	NWI	5
7 Mason, Kai	11	Mounds View	16.04	16.31 q	NWI	4
8 Schneider, Emma	12	Mounds View	17.01	16.36 q	NWI	1
9 Harris, Amber	9	Coon Rapids	16.45	16.78 q	NWI	3
10 Paul, Margaret	12	Totino-Grace	16.99	16.82	NWI	1
11 Speidel, Aundria	12	Rogers	16.78	16.92	NWI	2
12 Ohmann, Andrea	11	Blaine	17.21	17.10	NWI	3

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

13	Peterson, Emily	11	Anoka	17.20	17.41	NWI	2
14	McCauley, Harper	12	Mounds View	17.45	17.49	NWI	4
15	Volk, Christine	12	Champlin Park	18.17	17.67	NWI	2
16	Clifford, Julia	11	Blaine	17.94	17.89	NWI	5
17	Woodis, Cortney	10	St. Michael-Albertville	18.63	17.98	NWI	3
18	Graham, Shatera	11	Osseo	19.44	18.12	NWI	3
19	Klein, Natalie	10	Blaine	18.32	18.15	NWI	3
20	Anderson, Dominique	10	Champlin Park	18.04	18.18	NWI	3
21	Fritze, Halley	10	St. Michael-Albertville	18.56	18.29	NWI	4
22	Olagbaiye, Nicole	11	Osseo	17.54	18.38	NWI	5
23	Tryba, Michelle	9	Anoka	18.20	18.39	NWI	1
24	Larson, Merissa	9	Maple Grove	18.31	18.44	NWI	2
25	Neisen, Cora	10	Maple Grove	18.21	18.51	NWI	1
26	Bagley, Ashely	12	Centennial	18.04	18.61	NWI	4
27	Callhahan, Dakota	9	Coon Rapids	18.39	18.62	NWI	4
28	Angok, Tina	12	Columbia Heights	18.50	18.82	NWI	5
29	Cornelious, Gabby	11	Osseo	19.34	19.00	NWI	2
30	Schroer, Hayley	9	Fridley	18.45	19.14	NWI	5
31	Adams, Emily	12	Rogers	19.27	19.40	NWI	1
32	Kieselhorst, Suzanne	11	Centennial	19.63	19.58	NWI	4
33	Palme, Kayla	7	Park Center	19.90	20.31	NWI	5
34	Wallace, Autumn	11	Irondale	20.08	20.37	NWI	5
35	Plessel, Alexandra	9	Coon Rapids	20.30	20.44	NWI	4
36	Kusick, Alexis	8	Park Center	21.38	20.55	NWI	3
37	Clark, Britta	12	Centennial	19.25	20.63	NWI	1
38	Nocton, Paige	9	Fridley	18.78	21.10	NWI	2

**Girls 100 Meter Hurdles**

**Section 5AA: 14.44 # 2009**      **Chiamaka Okonkwo, Osseo**  
**15.21 QUAL**

Name	Yr	School	Prelims	Finals	Wind
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**Finals**

1	Niewald, Hannah	11	Fridley	15.62	15.34	2.3
2	Ndely, Michelle-Noella	11	Champlin Park	15.90	15.44	2.3

**Finals ... (Girls 100 Meter Hurdles)**

Name	Yr	School	Prelims	Finals	Wind
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3	Evanson, Olivia	12	Maple Grove	15.99	15.92	2.3
4	Abbott, Nicole	11	Anoka	16.06	15.93	2.3
5	Bestman, Edwina	11	Park Center	15.32	15.98	2.3
6	Whitney, Kirsten	10	Spring Lk Pk/St. Anthony Villa	15.93	16.24	2.3
7	Schneider, Emma	12	Mounds View	16.36	16.57	2.3
8	Harris, Amber	9	Coon Rapids	16.78	17.40	2.3
9	Mason, Kai	11	Mounds View	16.31	17.93	2.3

**Girls 300 Meter Hurdles**

**Section 5AA: 44.84 # 6/4/2010**      **Kayla Sawtell, Mounds View**  
**46.10 QUAL**

Name	Yr	School	Seed	Prelims	H#
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**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results****Preliminaries**

1	Whitney, Kirsten	10	Spring Lk Pk/St. Anthony Villa	46.30	46.97 Q	3
2	Bestman, Edwina	11	Park Center	41.80	47.00 Q	1
3	Mullin, Jenny	11	Mounds View	45.99	47.16 Q	2
4	Niewald, Hannah	11	Fridley	46.57	47.25 Q	4
5	Schaeffer, Madeline	11	Rogers	47.23	47.52 Q	5
6	Pelant, Emily	12	St. Michael-Albertville	47.62	47.87 q	4
7	Harris, Amber	9	Coon Rapids	47.33	48.11 q	5
8	Speidel, Aundria	12	Rogers	48.89	48.21 q	2
9	Pieper, Sarah	12	Irondale	47.75	48.24 q	3
10	Paul, Margaret	12	Totino-Grace	48.23	48.73	2
11	Nelson, Kati	11	Mounds View	48.70	49.29	1
12	Schultz, Lauren	12	Mounds View	48.63	49.76	1
13	Arbeiter, McKenzie	10	Maple Grove	49.71	50.13	4
14	Rodman, Shauna	12	Anoka	49.20	50.14	3
15	Meade, Payton	10	Blaine	49.82	50.16	5
16	Asp, Annie	10	Anoka	50.76	50.97	4
17	Schwint, Carli	11	Fridley	52.54	51.00	4
18	Clifford, Julia	11	Blaine	50.58	51.21	5
19	Ohmann, Andrea	11	Blaine	52.93	51.71	5
20	Callhahan, Dakota	9	Coon Rapids	51.77	52.03	3
21	Tosu, Amanda	12	Irondale	51.78	52.55	2
22	Tryba, Michelle	9	Anoka	54.20	52.62	4
23	Neisen, Cora	10	Maple Grove	53.35	52.85	2
24	Herman, Kaley	12	Champlin Park	52.98	52.92	4
25	Olzenak, Kelly	10	Maple Grove	54.10	52.99	2
26	Olagbaiye, Nicole	11	Osseo	52.44	53.04	3

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

27	Bahl, Shantel	9	Osseo	54.14	53.09	3
28	Oakden, Jenna	11	Champlin Park	52.64	53.14	5
29	Jellum, Madison	7	Park Center	56.10	53.20	3
30	Alexander, Alexis	9	Champlin Park	52.42	53.43	1
31	Yantes, Austin	12	Rogers	53.26	53.51	3
32	Woodis, Cortney	10	St. Michael-Albertville	54.72	54.29	5
33	Robinson, Chelsea	12	St. Michael-Albertville	53.42	54.35	1
34	Johnson, Breanna	10	Osseo	52.44	54.53	2
35	Ries, Renee	12	Totino-Grace	52.11	54.67	1
36	Plessel, Alexandra	9	Coon Rapids	54.98	55.66	4
37	Kieselhorst, Suzanne	11	Centennial	54.50	56.27	5

**Preliminaries ... (Girls 300 Meter Hurdles)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed</b>	<b>Prelims</b>	<b>H#</b>
38	Hubbell, Alyssa	10	Centennial	57.34	58.97	1
39	Wallace, Autumn	11	Irondale	59.62	1:00.49	2
40	Palme, Kayla	7	Park Center	56.20	1:00.68	2
41	Almanzar, Luisa	11	Columbia Heights	1:01.00	1:01.76	3

**Girls 300 Meter Hurdles**

**Section 5AA: 44.84 # 6/4/2010 Kayla Sawtell, Mounds View**  
**46.10 QUAL**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelims</b>	<b>Finals</b>
<b>Finals</b>					
1	Whitney, Kirsten	10	Spring Lk Pk/St. Anthony Villa	46.97	45.92 QUAL
2	Niewald, Hannah	11	Fridley	47.25	46.23
3	Mullin, Jenny	11	Mounds View	47.16	46.35
4	Harris, Amber	9	Coon Rapids	48.11	47.16
5	Pieper, Sarah	12	Irondale	48.24	47.38
6	Schaeffer, Madeline	11	Rogers	47.52	47.41
7	Pelant, Emily	12	St. Michael-Albertville	47.87	47.61

## Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline  
Results

8	Speidel, Aundria	12	Rogers	48.21	49.52
---	Bestman, Edwina	11	Park Center	47.00	DNF

## Girls 4x100 Meter Relay

Section 5AA: 48.15 # 2004  
49.23 QUAL

Mpls Washburn, Mpls Washburn

Team	Relay	Seed	Finals	H#
<b>Finals</b>				
1 Osseo	A	48.53	48.24 QUAL	2
1) Okonkwo, Anuli 11	2) Gross, Nia 12	3) Olson, Paige 12	4) Webb, Phillis 10	
5) Puckett, Brianna 10	6) Arogbokun, Funmi 11			
2 Mounds View	A	49.77	49.08 QUAL	2
1) Mullin, Jenny 11	2) Mason, Kai 11	3) Belsito, Alyssa 11	4) Pfaffe, Paige 12	
5) Messerly - Menk, Britta 9	6) Fixsen, Olivia 9			
3 Totino-Grace	A	49.87	49.63	2
1) Trentor, Rachel 11	2) Pawlick, Casie 10	3) Wanner, Elizabeth 11	4) Louiselle, Anne 11	
4 Spring Lk Pk/St. Anthony Villa	A	50.68	50.07	2
1) Tudor, Kelly 11	2) Jones, Bria 12	3) Pawlyshyn, Natalie 10	4) Lindquist, Rachel 12	
5 Maple Grove	A	51.41	51.15	2
1) Wilkenfeld, Payton 11	2) Arbeiter, McKenzie 10	3) Lister, Marissa 10	4) Nelson, Haley 10	
6 Rogers	A	52.24	51.72	1
1) Wade, Brea 10	2) Perego, Danielle 9	3) Palmer, Amanda 11	4) Heikkinen, Kirsten 10	
7 Champlin Park	A	51.79	52.34	2
1) Johnson, Jaclyn 11	2) Hill, Melanie 11	3) Applequist, Jennifer 10	4) Ndely, Michelle-Noella 11	
8 Anoka	A	51.30	52.68	2
1) Neilsen, Stephanie 9	2) Bednorz, Katlin 11	3) Winters, Mackenzie 9	4) Sherva, Lauren 10	
9 Coon Rapids	A	52.59	52.90	1
1) Stalboerger, Nicole 9	2) Clarke, Bridgett 12	3) Peshorn, Elizabeth 10	4) Merchant, Patience 12	
10 Fridley	A	53.50	53.04	1
1) Cook, Carlee 9	2) Cooper, Shirley 11	3) Korti, Bendu 9	4) Okwulehie, Chinyere 12	
11 Irondale	A	51.92	53.07	2
1) Lawin, Katherine 11	2) Copeland, Whitney 8	3) Herlofsky, Madison 10	4) Fadina, Rachel 9	
12 Park Center	A	53.62	53.16	1
1) Sellberg, Carly 12	2) Ogunti, Madia 8	3) Dugbeh, Nathatnline 11	4) Buggs, Alivia 9	

## Finals ... (Girls 4x100 Meter Relay)

Team	Relay	Seed	Finals	H#
13 Centennial	A	53.59	54.04	1

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

1) Hanson, Erin 11 14 St. Michael-Albertville	2) Nelson, Briana 9 A	3) Ngongang, Titiana 11 54.52	4) Piette, Maria 10 54.83	1
1) Sladek, Katie 12 15 Columbia Heights	2) Lyzhof, Brittney 9 A	3) Westrum, Stephanie 12 59.90	4) Weber, Ellie 12 57.54	1
1) Stromberg, Shauna 9 --- Blaine	2) Harper, Erica 7 A	3) Llerena, Domenica 7 51.91	4) Angok, Tina 12 DNF	2
1) Nelson, Katie 11	2) Eggerichs, Marissa 9	3) Kanu, SaraMaya 10	4) Sanchez, Cassandra 9	

**Girls 4x200 Meter Relay**

Section 5AA: 1:40.76 # 2004  
1:43.57 QUAL

Mpls Washburn, Mpls Washburn

Team	Relay	Seed	Finals	H#
<b>Finals</b> 1 Osseo	A	1:45.58	1:41.81	QUAL 2
1) Okonkwo, Anuli 11 5) Puckett, Brianna 10 2 Mounds View	2) Gross, Nia 12 6) Bialke, Morgan 11 A	1:45.23	1:43.06	QUAL 2
1) Mullin, Jenny 11 5) Titterud, Laurisa 11 3 Spring Lk Pk/St. Anthony Villa	2) Bethke, Kelsey 12 6) Messerly - Menk, Britta 9 A	1:47.68	1:45.68	2
1) Rachac, Devon 9 4 Maple Grove	2) Jones, Bria 12 A	1:46.89	1:46.06	2
1) Nelson, Haley 10 5 Blaine	2) Lister, Marissa 10 A	1:48.51	1:48.57	2
1) Sanchez, Cassandra 9 6 Rogers	2) Falck, Kiersten 9 A	1:50.23	1:49.02	2
1) Heikkinen, Kirsten 10 7 Anoka	2) Schaeffer, Madeline 11 A	1:50.93	1:51.39	2
1) Peterson, Emily 11 8 Irondale	2) Guimont, Gabbi 10 A	1:48.79	1:52.19	2
1) Lawin, Katherine 11 9 Totino-Grace	2) Copeland, Whitney 8 A	1:55.43	1:52.93	1
1) Gleckler, Abigail 10 10 Coon Rapids	2) Motzell, Alyson 9 A	1:53.23	1:52.98	1
1) Peshorn, Elizabeth 10 11 Park Center	2) Pearson, Andrea 11 A	1:55.86	1:53.06	1
1) Buggs, Alivia 9 12 St. Michael-Albertville	2) Ogunti, Madia 8 A	1:55.13	1:53.48	1
3) Olson, Paige 12	4) Webb, Phillis 10			
3) Pfafe, Paige 12	4) Toninato, Emily 12			
3) Pawlyshyn, Natalie 10	4) Lindquist, Rachel 12			
3) Philips, Emily 12	4) Wilkenfeld, Payton 11			
3) Lachinski, Hailey 10	4) Purcell, Courtney 10			
3) Perego, Danielle 9	4) Wade, Brea 10			
3) Neilsen, Stephanie 9	4) Eisenbraun, Amber 12			
3) Herlofsky, Madison 10	4) Krause, Tanee 9			
3) Lacy, Maddy 9	4) Wratkowski, Katherine 9			
3) Rehm, Katherine 10	4) Merchant, Patience 12			
3) Stringer, Paige 10	4) Dugbeh, Nathatnline 11			



**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

1) Lyzhof, Brittney 9	2) Robinson, Chelsea 12	3) Schirmers, Brandy 10	4) Clover, Sara 12
13 Champlin Park	A	1:52.86	1:53.96 1
1) Applequist, Jennifer 10	2) Officer, Alera 10	3) Johnson, Jaclyn 11	4) Darnell, Katelyn 11
14 Columbia Heights	A	2:20.00	2:13.61 1
1) Fowlkes, LeNesha 10	2) Stromberg, Shauna 9	3) Perez, Shanel 11	4) Peterson, Kiera 12
--- Centennial	A	1:49.20	DQ 2
1) Kreckelberg, Elizabeth 9	2) Schevenius, Laura 12	3) Fuechtmann, Kayla 11	4) Windingstad, Kayla 9

**Girls 4x400 Meter Relay**

**Section 5AA: 3:56.95 # 5/29/2009 Mounds View, MoundsView  
M Shelendich, E Toninato, L Hanson, K Bethke**

**4:01.19 QUAL**

<b>Team</b>	<b>Relay</b>	<b>Seed</b>	<b>Finals</b>	<b>H#</b>
<b>Finals</b>				
1 Mounds View	A	4:01.98	3:58.25 QUAL	2
1) Titterud, Laurisa 11	2) Toninato, Emily 12	3) Bethke, Kelsey 12	4) McDaniels, Katie 10	
5) Pfaffe, Paige 12	6) Johnson, Brittney 12			
2 Totino-Grace	A	4:03.34	4:00.75 QUAL	2
1) Wanner, Elizabeth 11	2) Louiselle, Anne 11	3) Lacy, Maddy 9	4) McDonald, Taylor 10	
5) Paul, Margaret 12				
3 Anoka	A	4:05.16	4:03.58	2
1) Fritz, Alexis 9	2) Fritz, Katelyn 11	3) Eisenbraun, Amber 12	4) Bowe, Jessie 12	
4 Irondale	A	4:07.98	4:04.09	2
1) Degelau, Brooke 10	2) Lawin, Katherine 11	3) Heinks, Mary 8	4) Watts, Mattie 9	
5 Blaine	A	4:07.29	4:07.65	2
1) Falck, Kiersten 9	2) Neubauer, Brooke 12	3) Eggerichs, Marissa 9	4) Lachinski, Hailey 10	
6 Maple Grove	A	4:11.95	4:09.18	2
1) Corbin, Taylor 12	2) Halfrich, Sara 9	3) Krismer, Katie 10	4) Philips, Emily 12	
7 Coon Rapids	A	4:12.21	4:10.90	2
1) Jones, Paige 12	2) Pearson, Andrea 11	3) Harris, Amber 9	4) Gillberg, Mollie 12	
8 St. Michael-Albertville	A	4:10.13	4:12.71	2
1) Wooters, Courtney 9	2) Pelant, Emily 12	3) Sjelin, Maddi 10	4) Lyzhof, Brittney 9	
9 Rogers	A	4:15.25	4:13.01	2
1) Sharp, Rachel 10	2) Schaeffer, Madeline 11	3) Speidel, Aundria 12	4) Kornovich, Sarah 11	
10 Centennial	A	4:16.11	4:13.98	1
1) Boehne, Nicole 10	2) Culp, Megan 12	3) Schevenius, Laura 12	4) Dame, Sarah 10	
11 Spring Lk Pk/St. Anthony Villa	A	4:19.36	4:14.69	1
1) Gordhamer, Lauren 12	2) Tudor, Kelly 11	3) Cady, Samantha 11	4) Trappen, Lindsay 11	

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

12	Osseo	A	4:15.44	4:19.01	1
	1) Shagen, Kaley 10	2) Bialke, Morgan 11	3) Olson, Paige 12	4) Johnson, Breanna 10	
13	Fridley	A	4:22.06	4:25.41	1
	1) Cook, Carliee 9	2) Duehn, Rachel 11	3) Niewald, Hannah 11	4) Schwint, Carli 11	
14	Champlin Park	A	4:30.32	4:32.66	1
	1) Darnell, Katelyn 11	2) Herman, Kaley 12	3) Volk, Christine 12	4) Alexander, Alexis 9	
---	Park Center	A	4:47.94	DQ	1
	1) Henderson, Vanessa 7	2) Freund, Isabel 7	3) Wessel, Abby 7	4) Heitzig, Madelyn 7	

**Girls 4x800 Meter Relay**

Section 5AA: 9:29.24 # 2009  
9:29.20 QUAL

Mounds View, Mounds View

Team	Relay	Seed	Finals
<b>Finals</b>			
1	Mounds View	A	9:29.28 9:43.94
	1) Titterud, Laurisa 11	2) Balzer, Nicole 10	3) Johnson, Brittney 12
	5) Knopf, Beth 11	6) Muellner, Emily 12	4) McDaniels, Katie 10
2	Centennial	A	9:53.17 10:00.21
	1) Butina, Madison 9	2) Anderson, Steph 10	3) Kienholz, Megan 10
3	Coon Rapids	A	9:55.98 10:04.33
	1) DHeilly, Paige 10	2) Weimholt, Stefani 10	3) Dills, Sam 10
4	Spring Lk Pk/St. Anthony Villa	A	10:31.76 10:09.81
	1) Picard, Alexandra 11	2) Marsh, Melissa 9	3) Myren, Haylee 9
			4) Christian, Devyn 12

**Finals ... (Girls 4x800 Meter Relay)**

Team	Relay	Seed	Finals
5	Anoka	A	10:21.00 10:12.91
	1) Pipenhagen, Mary 12	2) Corbin, Nicole 9	3) Gast, Lindsey 9
6	Blaine	A	10:26.36 10:15.98
	1) Anderson, Allyson 10	2) Harper, Erin 11	3) Ederer, Rose 12
7	Park Center	A	10:12.00 10:25.93
	1) Metzger, Renae 11	2) Hemming, Cassandra 7	3) Beaver, Kylee 7
8	St. Michael-Albertville	A	9:57.65 10:26.57
	1) Autio, Erin 9	2) Norby, Presley 7	3) Walton, Melody 12
9	Maple Grove	A	10:31.20 10:26.66
	1) Waananen, Amy 12	2) Olzenak, Kelly 10	3) Foote, Laura 12
10	Osseo	A	10:35.18 10:31.98
	1) Kehn, Ally 11	2) Fridgen, Abby 8	3) Koskela, Grace 8
11	Champlin Park	A	10:37.86 10:35.87
			4) Bezdicek, Kaitlin 12

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

1) Moore, McKinley 11 12 Totino-Grace	2) Mattson, Karli 10 A	3) Martinson, Madeline 10 10:01.23	4) Heytens, Kelli 9 10:36.37
1) Winslow, Darian 10 13 Rogers	2) McSherry, Kylie 9 A	3) Miller, Alexandra 10 11:02.89	4) Sedesky, Marie 9 11:12.38
1) Bianchi, Jessica 11 14 Irondale	2) Stutelberg, Cassidy 10 A	3) Shaffer, Rebekah 9 10:27.24	4) Rouillard, Janaye 10 11:24.48
1) Heinks, Mary 8	2) Watts, Mattie 9	3) Zink, Kristin 11	4) Degelau, Brooke 10

**Girls High Jump**

Section 5AA: 5-09 # 1996 Gina Curtis, Park Center  
5-04.00 QUAL

Name	Yr	School	Seed	Finals	
<b>Finals</b>					
1 Dahly, Ashley	11	Totino-Grace	5-02.00	5-04.00	QUAL
2 Zimmerman, Ali	11	Mounds View	5-02.00	5-02.00	
3 Christianson, Nicole	11	Coon Rapids	5-02.00	J5-02.00	
4 Sherva, Lauren	10	Anoka	5-03.00	J5-02.00	
5 Olsen, Kirsten	10	Blaine	5-05.00	5-00.00	
5 Hlavka, Courtney	10	Anoka	5-02.00	5-00.00	
7 Jung, Olivia	10	Coon Rapids	4-10.00	J5-00.00	
7 Ordner, Madison	10	Maple Grove	5-00.00	J5-00.00	
7 Johnson, Jaclyn	11	Champlin Park	4-10.00	J5-00.00	
7 Macleod, Taylor	10	Maple Grove	4-10.00	J5-00.00	
7 Schendel, Tana	11	Mounds View	5-00.00	J5-00.00	
12 Guimont, Gabbi	10	Anoka	5-00.00	4-00.00	
12 Seba, Colleen	11	Osseo	4-10.00	4-00.00	
12 Namyst, Emily	9	Centennial	4-10.00	4-00.00	
12 Lachinski, Hailey	10	Blaine	4-01.00	4-00.00	
12 Meade, Payton	10	Blaine	4-08.00	4-00.00	
12 Ogden, Rachel	10	Rogers	4-06.00	4-00.00	
12 Clarke, Bridgett	12	Coon Rapids	5-00.00	4-00.00	

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

12 Angok, Tina	12 Columbia Heights	4-10.00	4-00.00
12 Fixsen, Olivia	9 Mounds View	5-02.00	4-00.00
12 Kinnunen, Carla	10 Maple Grove	4-08.00	4-00.00
12 Werth, Katlyn	10 Centennial	4-10.00	4-00.00
12 Burns, Josie	9 St. Michael-Albertville	4-08.00	4-00.00
12 Trappen, Lindsay	11 Spring Lk Pk/St. Anthony Villa	5-00.00	4-00.00
12 Jones, Bria	12 Spring Lk Pk/St. Anthony Villa	5-03.00	4-00.00

**Finals ... (Girls High Jump)**

Name	Yr School	Seed	Finals
12 Cady, Samantha	11 Spring Lk Pk/St. Anthony Villa	4-10.00	4-00.00
12 Okonkwo, Anuli	11 Osseo	5-00.00	4-00.00
12 Tosu, Amanda	12 Irondale	4-06.00	4-00.00
12 Blanski, Molly	12 Totino-Grace	4-10.00	4-00.00
12 Duehn, Rachel	11 Fridley	5-00.00	4-00.00
12 Watson, Sarah	9 Champlin Park	4-10.00	4-00.00
--- Nichols, Raja	10 Osseo	4-06.00	NH
--- Schroer, Hayley	9 Fridley	4-04.00	NH
--- Willcox, Rachael	10 Irondale	4-04.00	NH
--- Piette, Maria	10 Centennial	4-10.00	NH
--- Cook, Carliee	9 Fridley	4-06.00	NH
--- Agbonkhese, Monika	10 Park Center	4-00.00	NH
--- Adams, Emily	12 Rogers	4-08.00	NH
--- Brady-Olowu, Jordana	9 Irondale	4-04.00	NH
--- Anderson, Taylor	10 Park Center	4-00.00	NH

**Girls Pole Vault**

Section 5AA: 12-10 # 2006 Alicia Rue, Armstrong  
10-07.00 QUAL

Name	Yr School	Seed	Finals
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**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results****Finals**

1	Stych, Alex	12 Mounds View	11-06.00	11-04.00	QUAL
2	Pieper, Sarah	12 Irondale	10-00.00	11-01.00	QUAL
3	Kanning, Emma	11 Irondale	10-06.00	10-07.00	QUAL
3	Olson, Katie	12 Mounds View	10-00.00	10-07.00	QUAL
5	Gillberg, Mollie	12 Coon Rapids	9-09.00	J10-07.00	QUAL
6	Clements, Paige	10 Mounds View	10-06.00	10-01.00	
7	Knudson, Kirstey	11 Blaine	8-06.00	9-01.00	
7	Hoover, Jessica	11 Blaine	9-03.00	9-01.00	
7	Deitchler, Abigail	11 Anoka	8-06.00	9-01.00	
7	Ness, Samantha	10 Coon Rapids	8-06.00	9-01.00	
7	Hoffman, Amy	11 Spring Lk Pk/St. Anthony Villa	9-00.00	9-01.00	
9	Thomsen, Emily	10 Coon Rapids	9-03.00	J9-01.00	
13	Kornovich, Sarah	11 Rogers	8-06.00	8-07.00	
13	Clifford, Julia	11 Blaine	9-03.00	8-07.00	
13	Jones, Katelyn	11 Anoka	9-00.00	8-07.00	
13	Denler, Carly	10 Champlin Park	8-03.00	8-07.00	
13	Schaeffer, Madeline	11 Rogers	9-06.00	8-07.00	
18	Eisenbraun, Amber	12 Anoka	8-06.00	8-01.00	
18	Roetering, Katherine	10 Maple Grove	7-06.00	8-01.00	
18	Walker, Sarah	12 Centennial	7-06.00	8-01.00	
18	Westrum, Stephanie	12 St. Michael-Albertville	8-00.00	8-01.00	
18	Sellberg, Carly	12 Park Center	8-06.00	8-01.00	
18	Moe, Faith	9 Centennial	8-06.00	8-01.00	
18	Sladek, Katie	12 St. Michael-Albertville	8-01.00	8-01.00	
---	Swanberg, Emily	12 Irondale	10-06.00	NH	
---	Ruikka, Sam	10 Fridley	7-06.00	NH	

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

---	Johnson, Allie	10	Champlin Park	8-06.00	NH
---	Heller, Hannah	9	Maple Grove	7-00.00	NH
---	Carstensen, Kayla	12	Maple Grove	7-00.00	NH

**Girls Long Jump**

**Section 5AA: 18-05.50 # 1996**      **Gina Curtis, Park Center**  
**17-06.00 QUAL**

	Name	Yr	School	Seed	Finals	Wind
<b>Finals</b>						
1	Davis, Sashanavian	12	Park Center	14-08.50	17-02.75	0.3
2	Hill, Melanie	11	Champlin Park	17-06.00	16-11.25	0.2
3	Niewald, Hannah	11	Fridley	17-03.50	16-07.00	0.3
4	Puckett, Brianna	10	Osseo	16-05.00	16-06.00	0.1
5	Carter, Kianna	11	Irondale	15-05.00	16-03.25	+0.0
6	Pawlick, Casie	10	Totino-Grace	16-04.00	16-02.00	0.4
7	Trentor, Rachel	11	Totino-Grace	16-09.00	16-01.25	0.1
8	Zimmerman, Ali	11	Mounds View	16-11.75	16-01.00	0.5
9	Bestman, Edwina	11	Park Center	15-05.50	16-00.50	0.7
10	Toninato, Emily	12	Mounds View	16-03.50	15-11.25	1.1
11	Eggerichs, Marissa	9	Blaine	16-06.00	15-06.25	NWI
12	Johnson, Jaclyn	11	Champlin Park	16-03.00	15-06.00	NWI
13	Kaiser, Kayla	9	Maple Grove	15-05.00	15-05.75	NWI
14	Bialke, Morgan	11	Osseo	14-06.00	15-05.00	NWI
14	Pawlyshyn, Natalie	10	Spring Lk Pk/St. Anthony Villa	16-00.00	15-05.00	NWI
16	Autio, Erin	9	St. Michael-Albertville	14-09.00	15-04.00	NWI
17	Cady, Samantha	11	Spring Lk Pk/St. Anthony Villa	15-04.50	15-03.50	NWI
18	Pieper, Sarah	12	Irondale	16-03.50	15-02.50	NWI
19	Walker, Sarah	12	Centennial	14-03.00	15-01.75	NWI
20	Schwint, Carli	11	Fridley	15-04.25	15-00.75	NWI
21	Korsah, Georgia	12	Coon Rapids	14-09.00	15-00.00	NWI
22	Gross, Nia	12	Osseo	14-10.00	14-07.00	NWI
23	McGrath, Molly	9	Blaine	15-03.00	14-06.00	NWI
24	Pelant, Emily	12	St. Michael-Albertville	14-00.00	14-05.75	NWI
25	Hlavka, Courtney	10	Anoka	14-01.00	14-05.50	NWI
26	Werth, Katlyn	10	Centennial	14-08.00	14-05.00	NWI
27	Gonsior, Madison	9	Blaine	15-02.00	14-03.25	NWI
28	Mason, Kai	11	Mounds View	16-00.50	14-03.00	NWI
28	Heytens, Kelli	9	Champlin Park	15-00.00	14-03.00	NWI
30	Pena, Selena	9	Fridley	14-04.00	14-02.25	NWI
31	Anderson, Risa	9	Coon Rapids	14-05.00	14-01.25	NWI
31	Bednorz, Katlin	11	Anoka	15-01.00	14-01.25	NWI
33	Roetering, Katherine	10	Maple Grove	15-03.00	14-00.50	NWI
34	Freund, Isabel	7	Park Center	12-09.25	13-11.50	NWI
35	Russell, Elizabeth	10	Totino-Grace	14-07.00	13-10.25	NWI
36	Peck, Sarah	9	Centennial	14-03.00	13-09.75	NWI
37	Heikkinen, Kirsten	10	Rogers	14-06.00	13-09.25	NWI

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline****Results**

38	Robinson, Chelsea	12	St. Michael-Albertville	13-05.00	13-07.50	NWI
39	Willcox, Rachael	10	Irondale	13-05.25	13-04.25	NWI
40	Krueger, Cailin	7	Columbia Heights	11-10.00	11-00.00	NWI
41	Stromberg, Shauna	9	Columbia Heights	11-05.00	10-08.00	NWI
---	Peterson, Emily	11	Anoka	14-08.00	ND	NWI
---	Vaney, allie	9	Spring Lk Pk/St. Anthony Villa	14-11.50	ND	NWI
---	Holle, Nicole	10	Coon Rapids	14-10.00	ND	NWI
---	Forbes, Lizzy	12	Maple Grove	14-05.00	ND	NWI

**Girls Triple Jump**

Section 5AA: 37-07.50 # 2002  
35-11.00 QUAL

Kou Luogon, Park Center

Name	Yr	School	Seed	Finals	Wind	
<b>Finals</b>						
1	Evanson, Olivia	12	Maple Grove	35-08.00	36-08.50	3.4
2	Duehn, Rachel	11	Fridley	34-02.25	35-01.50	1.1
3	Jones, Paige	12	Coon Rapids	34-06.00	J35-01.50	0.8
4	Mason, Kai	11	Mounds View	34-04.25	35-00.00	3.1
5	Hill, Melanie	11	Champlin Park	35-10.00	34-10.25	2.1
6	Peck, Sarah	9	Centennial	33-05.50	34-00.25	2.1
7	Eggerichs, Marissa	9	Blaine	34-09.00	34-00.00	2.7
8	Dukuly, Jamillah	11	Champlin Park	32-08.00	33-11.50	4.4
9	Pawlick, Casie	10	Totino-Grace	34-00.00	33-10.75	3.0
10	Autio, Erin	9	St. Michael-Albertville	30-11.50	33-10.00	NWI
10	Whitney, Kirsten	10	Spring Lk Pk/St. Anthony Villa	34-09.25	33-10.00	1.5
12	Pelant, Emily	12	St. Michael-Albertville	34-01.00	33-05.25	NWI
13	Clarke, Bridgett	12	Coon Rapids	34-01.00	33-02.75	NWI
14	Bandt, Carly	9	Mounds View	33-00.25	33-02.00	NWI
15	Miller, Abby	10	Blaine	32-09.00	33-01.25	NWI
16	Russell, Elizabeth	10	Totino-Grace	33-02.00	32-08.50	NWI
17	Asp, Annie	10	Anoka	35-05.50	32-07.50	NWI
18	Schwint, Carli	11	Fridley	32-02.00	32-06.75	NWI
19	Levasseur, Caitlin	9	Coon Rapids	32-03.00	32-04.00	NWI
20	Tosu, Amanda	12	Irondale	31-03.50	32-02.50	NWI
21	Sherva, Lauren	10	Anoka	34-00.00	32-02.25	NWI
22	Abbott, Nicole	11	Anoka	33-07.00	31-08.00	NWI
23	Kaiser, Kayla	9	Maple Grove	31-05.00	31-05.75	NWI
24	Justinak, Hayley	11	Spring Lk Pk/St. Anthony Villa	30-10.25	30-07.25	NWI
25	Justinak, Sophie	11	Spring Lk Pk/St. Anthony Villa	32-07.50	30-07.00	NWI
26	Arogbokun, Funmi	11	Osseo	34-10.00	30-01.50	NWI
27	Bestman, Edwina	11	Park Center	33-03.00	29-09.00	NWI
28	Sharp, Rachel	10	Rogers	28-08.00	29-07.00	NWI
29	Willcox, Rachael	10	Irondale	30-09.25	29-06.75	NWI
30	Hickman, Alexandra	11	Totino-Grace	28-00.00	29-05.75	NWI
31	Sellberg, Carly	12	Park Center	30-10.00	28-11.25	NWI
32	Heitzig, Madelyn	7	Park Center	27-04.00	28-09.25	NWI
33	Raether, Marissa	9	Blaine	30-01.50	28-03.25	NWI
34	Cook, Carliee	9	Fridley	30-05.25	28-03.00	NWI
35	Yantes, Austin	12	Rogers	30-01.00	28-02.25	NWI
36	Almanzar, Luisa	11	Columbia Heights	29-00.25	27-07.50	NWI

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

37	Johnson, Breanna	10	Osseo	28-01.00	27-02.75	NWI
38	Slyter, Ashley	12	St. Michael-Albertville	26-00.00	27-00.50	NWI
---	Schoenrock, Emily	11	Osseo	25-10.00	ND	NWI
---	Zimmerman, Ali	11	Mounds View	34-07.00	ND	NWI

**Girls Shot Put**

**Section 5AA: 43-01 # 6/4/2010 Emily Lesser, Maple Grove**  
**39-01.00 QUAL**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed</b>	<b>Finals</b>	
<b>Finals</b>						
1	Pasiowitz, Courtney	10	Coon Rapids	41-11.50	40-01.50	QUAL
2	Vinokur, Victoria	12	Maple Grove	38-02.50	38-04.75	
3	Happke, Caitlynn	12	Coon Rapids	38-01.50	38-03.00	
4	Nwalkolo, Nkemdilim	11	Champlin Park	36-09.75	36-11.50	
5	Hanson, Erin	11	Centennial	35-00.00	36-01.25	
6	Rasmussen, Veronica	8	Mounds View	35-09.50	35-08.50	
7	Dunnigan, Elisha	12	Irondale	37-01.00	34-08.00	
8	Seba, Colleen	11	Osseo	36-04.00	34-06.25	
9	Gelbmann, Christine	12	Mounds View	34-08.50	34-03.00	
10	Kreuser, Madison	10	Totino-Grace	33-10.50	34-00.50	
11	Richter, Kendra	12	Park Center	33-06.00	33-09.50	
12	McCoy, Krissy	12	St. Michael-Albertville	32-07.00	33-07.50	
13	Andrews, Julia	11	Coon Rapids	33-05.00	33-04.00	
14	Tillman, Kat	10	Mounds View	33-07.50	32-11.75	
15	Berger, Rachael	10	Totino-Grace	32-10.00	32-04.00	
16	Jurchisin, Kristin	11	Centennial	32-06.50	32-03.50	
17	Kidd, Melissa	11	Spring Lk Pk/St. Anthony Villa	34-06.00	32-02.50	
18	Okwulehie, Chinyere	12	Fridley	32-11.00	32-00.50	
19	Anderson, Danielle	12	Blaine	31-05.50	31-08.75	
20	Kuntz, Alyson	12	Champlin Park	33-03.00	31-07.75	
21	Bendiske, Anna	11	Anoka	33-08.00	31-07.25	



**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

22	Kytta, Hayley	10	Blaine	31-08.50	31-03.00
23	Mbariket, Yvonne	11	Osseo	32-06.00	30-10.00
24	Adkins, Genevae	9	St. Michael-Albertville	32-06.00	30-09.50
25	Bebeau, Karleigh	10	Anoka	33-02.00	29-10.00
26	Montgomery, Madison	10	Blaine	32-07.00	29-09.00
27	Brady-Olowu, Jordana	9	Irondale	29-08.00	29-08.75
28	Burr, Kendra	11	Rogers	30-02.00	29-04.50
29	Karst, Kayla	12	Anoka	33-01.00	29-01.00
30	Rodriguez, Mercedes	10	Irondale	28-07.25	28-08.25
31	Winters, Halley	9	Spring Lk Pk/St. Anthony Villa	29-06.50	28-06.50
32	Ende, Jill	12	St. Michael-Albertville	30-09.00	28-02.50
33	Sims, Sharai	11	Osseo	29-04.00	28-00.50
34	Gellerman, Stephanie	11	Rogers	28-07.00	27-09.25
35	Wright, Bailey	9	Spring Lk Pk/St. Anthony Villa	27-07.00	25-11.25
36	Mahdy, Nancy	12	Fridley	26-09.00	25-09.50
37	Krismer, Katie	10	Maple Grove	24-01.00	25-07.75
38	Stelzer, Marissa	10	Totino-Grace	25-09.00	25-07.50
39	Nathan, Christina	9	Rogers	27-04.00	24-11.00
40	Perez, Shanel	11	Columbia Heights	24-03.00	22-07.00
41	Davey, Taylor	9	Maple Grove	23-00.00	21-11.00
---	Felmister-King, GJillian	12	Champlin Park	36-06.00	ND
---	Ngongang, Titiana	11	Centennial	34-05.50	ND
---	Wallace, Shakira	9	Park Center	25-00.00	ND
---	Ross, Sakinah	9	Park Center	23-09.00	ND

**Girls Discus Throw**Section 5AA: 143-05 # 2004  
126-00 QUAL

Lillian Painter, Cooper

Name	Yr	School	Seed	Finals
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**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results****Finals**

1	Vinokur, Victoria	12	Maple Grove	123-01	130-02.00	QUAL
2	Anderson, Danielle	12	Blaine	111-11	120-01.00	
3	Stoltz, Natalie	12	Mounds View	122-09	115-11.00	
4	Richter, Kendra	12	Park Center	119-00	114-08.00	
5	Happke, Caitlynn	12	Coon Rapids	111-02	114-00.00	
6	Dunnigan, Elisha	12	Irondale	120-08	113-05.00	
7	Kytta, Hayley	10	Blaine	116-11	111-02.00	
8	Sims, Sharai	11	Osseo	96-08	110-11.00	
9	Nwalkolo, Nkemdilim	11	Champlin Park	119-02	110-09.00	
10	McCoy, Krissy	12	St. Michael-Albertville	112-09	104-10.00	
11	Pack, Lauren	12	Centennial	100-02	103-04.00	
12	Mbariket, Yvonne	11	Osseo	89-06	99-03.00	
13	Ende, Jill	12	St. Michael-Albertville	95-06	96-11.00	
14	Seba, Colleen	11	Osseo	87-00	96-08.00	
15	Haeska, Emily	10	Coon Rapids	95-05	95-06.00	
16	Keenan, Haley	11	Spring Lk Pk/St. Anthony Villa	107-03	95-05.00	
17	Nelson, Kirsten	12	Mounds View	98-00.50	95-02.00	
18	Okwulehie, Chinyere	12	Fridley	94-07	93-02.00	
19	Denler, Carly	10	Champlin Park	98-08	92-10.00	
20	Burr, Kendra	11	Rogers	101-01	92-08.00	
21	Ngongang, Titiana	11	Centennial	99-01	91-05.00	
21	Kuntz, Alyson	12	Champlin Park	103-08	91-05.00	
23	Rohan, Delaney	10	Totino-Grace	93-02	90-08.00	
24	Pasiowitz, Courtney	10	Coon Rapids	104-01	88-08.00	
25	Killian, Samantha	9	Rogers	71-02	88-06.00	
26	Berger, Rachael	10	Totino-Grace	95-11	87-07.00	

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

27	King, Marissa	12	Blaine	89-01	87-04.00
28	Brown, Monica	9	Spring Lk Pk/St. Anthony Villa	97-05	87-03.00
29	Kreuser, Madison	10	Totino-Grace	93-04	84-07.00
30	Piette, Maria	10	Centennial	84-08	81-10.00
31	Hoffman, Kelli	9	Irondale	81-06	79-03.00
32	Oliver, Cristi	9	Mounds View	104-10	78-11.00
33	Achterkirch, Emily	9	St. Michael-Albertville	84-07	78-08.00
34	Gellerman, Stephanie	11	Rogers	85-07	75-04.00
35	Bendiske, Anna	11	Anoka	80-02	73-00.00
36	Ungemach, Anne	9	Columbia Heights	78-01	70-05.00
37	Britten Holscher, Alexis	9	Columbia Heights	69-05	69-09.00
38	Rodriguez, Mercedes	10	Irondale	66-08	68-04.00
39	Breault, Danielle	11	Anoka	82-02.50	67-08.00
40	Wallace, Shakira	9	Park Center	62-05	63-02.00
41	Shpak, Sasha	10	Maple Grove	62-06	56-01.00
42	Schmid, Cassandra	9	Maple Grove	69-00	55-09.00
43	Ross, Sakinah	9	Park Center	52-09	50-05.00
44	Peterson, Kiera	12	Columbia Heights	61-05	49-09.00

**Boys 100 Meter Dash**

Section 5AA: 10.73 # 2003  
11.18 QUAL

Chi Chi Ojika, Irondale

Name	Yr	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1 Tambe, Ayuk	11	Blaine	11.05	10.96 Q	NWI	1
2 Fort, Kiemonte	12	Coon Rapids	11.42	11.12 Q	NWI	4
3 Sando, Joe	10	Champlin Park	11.12	11.19 Q	NWI	2
4 Kaburu, Rueben	12	Park Center	11.50	11.33 Q	NWI	6
5 Oji, Nnaoma	12	Irondale	11.35	11.37 Q	NWI	3
6 Sutton, Jevelle	11	Osseo	11.44	11.60 Q	NWI	5
7 Deveaux, Marcel	12	Blaine	11.51	11.41 q	NWI	2
8 Olateju, Kolawole	12	Mounds View	11.74	11.50 q	NWI	4

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline****Results**

9	Fleck, Devon	12	Spring Lk Pk/St. Anthony Villa	11.80	11.50	q	NWI	1
10	Laszlo, Cole	12	Mounds View	11.69	11.60		NWI	6
11	Saylee, Rufus	10	Park Center	12.10	11.62		NWI	3
12	Burke, Nicholas	10	Totino-Grace	11.63	11.62		NWI	3
13	Erickson, Anthony	10	Anoka	11.50	11.65		NWI	3
14	Korngor, Karimu	12	Irondale	11.45	11.66		NWI	6
15	Tsurwa, Gilbert	9	Spring Lk Pk/St. Anthony Villa	11.74	11.72		NWI	5
16	Woods, Keith	12	Rogers	11.90	11.74		NWI	4
17	Wutzke, Alexander	12	Totino-Grace	12.16	11.80		NWI	6
18	Williams, Rodney	9	Coon Rapids	11.84	11.80		NWI	1
19	Johnson, Louis	10	Irondale	11.78	11.81		NWI	2
20	Olateju, Sola	9	Mounds View	11.70	11.84		NWI	6
21	Eres, Mark	10	Maple Grove	11.76	11.84		NWI	3
22	Rothstein, Cory	11	St. Michael-Albertville	11.94	11.85		NWI	3
23	Parker, Kenben	11	Fridley	11.90	11.86		NWI	5
24	Atchinson, Thomas	11	Champlin Park	11.64	11.89		NWI	4
25	Stephens, Jahari	11	Osseo	11.91	11.90		NWI	6
26	Kantor, Mike	11	Columbia Heights	11.94	11.91		NWI	4
27	Pint, Matt	12	Anoka	11.50	11.93		NWI	4
28	Olayiwola, Josh	11	Columbia Heights	11.87	11.96		NWI	2
29	Alvarado, Sebastian	11	Blaine	11.88	11.96		NWI	3
30	Harper, JoJuan	12	Columbia Heights	11.52	12.01		NWI	1
31	Larson, Andrew	10	Anoka	11.90	12.07		NWI	6
32	Schmidt, Guy	12	Centennial	12.14	12.15		NWI	4
33	St. Peter, Adam	11	Totino-Grace	12.23	12.18		NWI	6
33	Kormah, Emmanuel	9	Fridley	12.15	12.18		NWI	5
35	Freeland, Nicholas	12	Centennial	12.45	12.27		NWI	3
36	Buckley, Troy	12	St. Michael-Albertville	12.49	12.32		NWI	2
37	Johnson, Jake	11	Centennial	12.44	12.39		NWI	4
38	Woods, Justin	9	Rogers	12.10	12.63		NWI	1
39	Ballard, Jesse	12	Park Center	12.30	12.73		NWI	5
---	Buggs, Elliot	11	Champlin Park	11.54	FS		NWI	2

**Boys 100 Meter Dash**

Section 5AA: 10.73 # 2003

Chi Chi Ojika, Irondale

11.18 QUAL

Name	Yr	School	Prelims	Finals	Wind	
<b>Finals</b>						
1	Tambe, Ayuk	11	Blaine	10.96	11.03	3.1
2	Fort, Kiemonte	12	Coon Rapids	11.12	11.28	3.1
3	Sando, Joe	10	Champlin Park	11.19	11.38	3.1
4	Kaburu, Rueben	12	Park Center	11.33	11.43	3.1
5	Deveaux, Marcel	12	Blaine	11.41	11.57	3.1
6	Sutton, Jevelle	11	Osseo	11.60	11.57	3.1
7	Oji, Nnaoma	12	Irondale	11.37	11.61	3.1
8	Olateju, Kolawole	12	Mounds View	11.50	11.62	3.1
9	Fleck, Devon	12	Spring Lk Pk/St. Anthony Villa	11.50	11.67	3.1

**Boys 200 Meter Dash**

Section 5AA: 21.62 # 2003

Antwon Simmons, Mpls North

## Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline  
Results

## 22.67 QUAL

Name	Yr	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1 Shaddock, David	11	Spring Lk Pk/St. Anthony Villa	22.54	22.39 Q	NWI	2
2 Boughner, Cole	11	Anoka	22.77	22.55 Q	NWI	5
3 Fort, Kiemonte	12	Coon Rapids	22.79	22.55 Q	NWI	6
4 Gbarbea, Darkabolu	12	Champlin Park	22.42	22.57 Q	NWI	1
5 Kline, Eric	12	Blaine	23.14	22.74 Q	NWI	4
6 Dennis, Marcel	12	Fridley	22.57	22.82 Q	NWI	3
7 Krause, Mitchell	12	Mounds View	22.86	22.64 q	NWI	6
8 Mendin, Patrick	10	Blaine	22.69	22.85 q	NWI	4
8 Dixon, Emmanuel	12	Maple Grove	23.18	22.85 q	NWI	2
10 Schmit, Jared	10	Totino-Grace	23.02	22.99	NWI	5
11 Kruse, James	10	Irondale	23.16	23.03	NWI	3
12 Sando, Joe	10	Champlin Park	23.64	23.12	NWI	6
13 Robel, Joseph	10	Blaine	23.39	23.16	NWI	1
14 Clemons, Dein	12	Osseo	23.44	23.18	NWI	4
15 Kohen, Tommy	12	Mounds View	23.35	23.19	NWI	1
16 Ojile, Jacob	10	Spring Lk Pk/St. Anthony Villa	23.67	23.20	NWI	5
17 Olateju, Kolawole	12	Mounds View	24.08	23.43	NWI	3
18 Egbujor, Emmaneul	10	Champlin Park	23.54	23.47	NWI	6
19 Ogbonnaya, K.C.	11	Irondale	23.45	23.59	NWI	5
20 Richardson, Ryan	12	Centennial	23.99	23.61	NWI	2
21 Weineke, Jacob	10	Maple Grove	23.95	23.74	NWI	1
22 Williams, Joe	11	St. Michael-Albertville	24.24	23.80	NWI	3
23 Wutzke, Alexander	12	Totino-Grace	24.32	23.81	NWI	1
24 Laws, Jay	11	Osseo	24.34	23.93	NWI	1
25 Erickson, Anthony	10	Anoka	23.70	23.97	NWI	4
26 Stephens, Jahari	11	Osseo	23.94	24.03	NWI	2
27 Larson, Jesse	11	Centennial	23.77	24.06	NWI	3
28 Yankey, Sam	10	Irondale	24.17	24.10	NWI	6
29 Kantor, Mike	11	Columbia Heights	23.97	24.26	NWI	1
30 Butler, Mikhail	11	Coon Rapids	24.14	24.27	NWI	6
31 Burke, Nicholas	10	Totino-Grace	24.12	24.32	NWI	5

## Preliminaries ... (Boys 200 Meter Dash)

Name	Yr	School	Seed	Prelims	Wind	H#
32 Aanerud, Isaac	10	Rogers	24.90	24.46	NWI	4
33 Simmons, Bobby	11	Fridley	25.10	24.62	NWI	6
34 Pray, Jackson	10	Centennial	24.74	24.64	NWI	3
35 Owusu, Caleb	12	Fridley	25.07	24.67	NWI	5
36 Dolo, Moses	12	Columbia Heights	25.08	24.90	NWI	6
37 Colgrove, Dallin	12	St. Michael-Albertville	26.17	24.92	NWI	1
38 Bogart, Kyle	11	Rogers	25.30	25.00	NWI	4
39 Harper, JoJuan	12	Columbia Heights	24.67	25.04	NWI	2
40 McSherry, Kyle	12	Anoka	25.40	25.48	NWI	2
41 Follestad, Dave	9	St. Michael-Albertville	25.35	25.54	NWI	3
42 Molina, Lorenzo	11	Rogers	25.29	26.68	NWI	5

## Boys 200 Meter Dash

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline****Results**

**Section 5AA: 21.62 # 2003**      **Antwon Simmons, Mpls North**  
**22.67 QUAL**

Name	Yr	School	Prelims	Finals	Wind
<b>Finals</b>					
1 Boughner, Cole	11	Anoka	22.55	22.54	2.2
2 Fort, Kiemonte	12	Coon Rapids	22.55	22.59	2.2
3 Dixon, Emmanuel	12	Maple Grove	22.85	22.59	2.2
4 Mendin, Patrick	10	Blaine	22.85	22.76	2.2
5 Krause, Mitchell	12	Mounds View	22.64	22.99	2.2
6 Kline, Eric	12	Blaine	22.74	23.24	2.2
--- Gbarbea, Darkabolu	12	Champlin Park	22.57	DQ	2.2

**Boys 400 Meter Dash**

**Section 5AA: 48.50 # 1984**      **Richard Harkwell, Totino-Grace**  
**49.67 QUAL**

Name	Yr	School	Seed	Prelims	H#
<b>Preliminaries</b>					
1 Dennis, Marcel	12	Fridley	50.48	50.57 Q	4
2 Zrust, Mike	12	Blaine	49.77	50.79 Q	1
3 Hansen, Thomas	12	Coon Rapids	50.11	51.08 Q	3
4 Cleveland, Chase	11	Rogers	50.06	51.18 Q	2
5 Leonard, Andrew	12	Totino-Grace	51.31	51.37 Q	6
6 Gbarbea, Darkabolu	12	Champlin Park	51.14	52.17 Q	5
7 Kaburu, Rueben	12	Park Center	52.10	51.42 q	1
8 Egbujor, Emmaneul	10	Champlin Park	51.67	51.58 q	4
9 Tallaksen, Tyler	12	Coon Rapids	51.98	51.77 q	2
10 Cowenhoven, Caleb	12	Fridley	53.25	52.31	4
11 Johnson, Ezekiel	12	Irondale	52.19	52.37	1
12 Schauer, Jacob	12	Totino-Grace	51.56	52.59	5
13 Meyer, Kevin	12	Blaine	51.76	52.65	3
14 Kallman, Jesse	12	Centennial	53.05	52.84	6
15 Nyabuto, Obadiah	10	Osseo	52.90	52.85	5
16 Thill, David	9	Centennial	53.09	52.89	6
17 Williams, Shannon	11	Irondale	53.47	52.94	1

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

18	Hachaba, Vernon	10	Coon Rapids	52.80	52.97	3
19	Madison, Devan	10	Osseo	52.81	53.26	4
20	Hoover, Kent	10	Rogers	53.70	53.28	6

**Preliminaries ... (Boys 400 Meter Dash)**

	Name	Yr	School	Seed	Prelims	H#
21	Brown, Ryan	11	Centennial	52.44	53.32	2
22	Hart, Thomas	11	Totino-Grace	54.32	53.90	4
23	Ruffcorn, David	11	Champlin Park	53.34	54.00	2
24	Saylee, Rufus	10	Park Center	53.50	54.13	2
25	Kalk, Kenny	10	Rogers	54.70	54.13	1
26	Dickovich, Nick	11	Osseo	53.25	54.30	3
27	Brunnette, Justin	12	Mounds View	53.64	54.40	4
28	Tarpeh, Herbert	11	St. Michael-Albertville	53.41	54.65	1
29	Hassan, Waleid	12	Fridley	53.90	54.65	6
30	Yasoky, Brian	10	Maple Grove	55.68	55.02	5
31	Mustafa, Fares	12	Irondale	54.36	55.29	3
32	Jorgensen, Keith	9	St. Michael-Albertville	54.30	55.44	5
33	Ahlfs, Matt	12	Spring Lk Pk/St. Anthony Villa	55.42	55.88	4
34	Pohto, Zach	10	Blaine	55.02	56.03	1
35	Miranowski, Cody	11	Anoka	53.70	56.06	5
36	Kallestad, John	12	Spring Lk Pk/St. Anthony Villa	55.17	56.32	2
37	Tucker, Tyler	11	St. Michael-Albertville	55.40	56.69	3
38	Mustapha, Ola	10	Mounds View	56.79	57.10	6
39	Jama, Jama	12	Columbia Heights	58.01	57.17	4
40	Johnson, Nathan	11	Maple Grove	57.53	57.76	5
41	Tsurwa, Gilbert	9	Spring Lk Pk/St. Anthony Villa	56.23	58.57	6
42	Money, Trevon	12	Columbia Heights	59.01	1:02.11	3

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

---	Lenear, Deshon	9	Columbia Heights	59.81	DQ	2
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**Boys 400 Meter Dash**

**Section 5AA: 48.50 # 1984 Richard Harkwell, Totino-Grace**  
**49.67 QUAL**

Name	Yr	School	Prelims	Finals		
<b>Finals</b>						
1	Dennis, Marcel	12	Fridley	50.57	49.56	QUAL
2	Zrust, Mike	12	Blaine	50.79	49.96	
3	Hansen, Thomas	12	Coon Rapids	51.08	50.41	
4	Cleveland, Chase	11	Rogers	51.18	50.63	
5	Kaburu, Rueben	12	Park Center	51.42	50.73	
6	Leonard, Andrew	12	Totino-Grace	51.37	50.74	
7	Tallaksen, Tyler	12	Coon Rapids	51.77	51.09	
8	Egbujor, Emmaneul	10	Champlin Park	51.58	51.25	
9	Gbarbea, Darkabolu	12	Champlin Park	52.17	51.57	

**Boys 800 Meter Run**

**Section 5AA: 1:53.39 # 5/29/2009 Harun Abda, Fridley**  
**1:55.26 QUAL**

Name	Yr	School	Seed	Prelims		
<b>Preliminaries</b>						
1	Urban, Scott	12	Blaine	1:59.89	1:59.69	Q
2	Peterson, John	12	Irondale	2:03.18	2:00.17	Q
3	Johantgen, Dustin	11	Maple Grove	2:00.62	2:01.86	Q
4	Kremer, Daniel	12	Blaine	2:00.48	2:01.12	Q
5	Kramka, Ben	11	Mounds View	2:00.23	2:01.22	Q
6	Warnes, Sam	11	Mounds View	1:58.88	2:02.22	Q

**Preliminaries ... (Boys 800 Meter Run)**

Name	Yr	School	Seed	Prelims		
7	Grow, Spencer	12	Anoka	2:00.15	2:01.68	Q
8	Hackenmueller, Kevin	11	St. Michael-Albertville	2:02.84	2:01.71	Q



**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

9	Woetzel, Austin	12	Blaine	2:01.16	2:02.80	Q
10	Herrala, Jeff	11	Anoka	2:02.99	2:02.10	q
11	Johnson, Zach	10	Champlin Park	2:03.27	2:02.76	q
12	Gessner, Brendan	11	Centennial	2:03.94	2:03.09	q
13	Otieno, Sam	11	Park Center	2:03.90	2:03.71	
14	Hussein, Sadik	12	Fridley	2:08.01	2:04.42	
15	Schroeder, Jason	12	Totino-Grace	2:03.45	2:04.73	
16	Madsen, Christopher	10	Park Center	2:07.40	2:05.18	
17	Bridell, Ben	11	St. Michael-Albertville	2:04.76	2:05.21	
18	Johnson, Robert	8	Park Center	2:05.40	2:05.31	
19	Thompson, John	12	Maple Grove	2:10.10	2:07.02	
20	Doku, Jorg	10	Irondale	2:10.78	2:07.08	
21	Jackson, Bednar	9	Coon Rapids	2:07.11	2:07.60	
22	Norstrom, Riley	10	Osseo	2:06.30	2:07.76	
23	Krause, Isaac	10	Spring Lk Pk/St. Anthony Villa	2:06.25	2:08.72	
24	Radecki, Zachary	12	Spring Lk Pk/St. Anthony Villa	2:06.42	2:09.04	
25	Vossler, Sam	8	Irondale	2:10.54	2:09.25	
26	Fleck, Josh	11	Coon Rapids	2:09.30	2:09.36	
27	Scott, TJ	11	Rogers	2:11.50	2:09.42	
28	Sarazine, Zach	12	Anoka	2:09.90	2:09.59	
29	Swenson, Ryan	9	Osseo	2:09.71	2:09.87	
30	Sheferaw, Gernay	11	Fridley	2:14.05	2:10.41	
31	McCargar, Garrett	11	Centennial	2:08.43	2:10.49	
32	Woods, Nathan	11	Spring Lk Pk/St. Anthony Villa	2:15.32	2:10.68	
33	Jorgensen, Keith	9	St. Michael-Albertville	2:10.32	2:10.80	
34	Hilliard, Brandon	9	Totino-Grace	2:10.78	2:10.91	
35	Heggestad, Taylor	10	Totino-Grace	2:09.76	2:11.08	

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

36	Dujmovic, David	9	Coon Rapids	2:13.21	2:11.25
37	Fawole, Kunle	11	Osseo	2:15.52	2:11.66
38	Hokkanen, Spencer	9	Centennial	2:11.04	2:12.05
39	Urvig, Andrew	10	Champlin Park	2:21.92	2:16.40
40	Stec, Tony	12	Maple Grove	2:12.36	2:16.73
41	Nyemah, Bobby	11	Fridley	2:18.47	2:16.85
42	Urvig, David	9	Champlin Park	2:19.24	2:25.15
43	Vivar, Diego	10	Columbia Heights	2:25.00	2:28.08
44	Drews, Daulton	11	Columbia Heights	2:26.00	2:30.53
45	Turner, Ryan	9	Columbia Heights	2:34.00	2:40.18

**Boys 800 Meter Run**

Section 5AA: 1:53.39 # 5/29/2009 Harun Abda, Fridley  
1:55.26 QUAL

Name	Yr	School	Prelims	Finals	
<b>Finals</b>					
1	Kramka, Ben	11	Mounds View	2:01.22	1:58.79
2	Warnes, Sam	11	Mounds View	2:02.22	1:59.11
3	Urban, Scott	12	Blaine	1:59.69	1:59.26
4	Peterson, John	12	Irondale	2:00.17	2:00.17
5	Woetzel, Austin	12	Blaine	2:02.80	2:01.54

**Finals ... (Boys 800 Meter Run)**

Name	Yr	School	Prelims	Finals	
6	Herrala, Jeff	11	Anoka	2:02.10	2:02.18
7	Johantgen, Dustin	11	Maple Grove	2:01.86	2:02.32
8	Grow, Spencer	12	Anoka	2:01.68	2:02.45
9	Hackenmueller, Kevin	11	St. Michael-Albertville	2:01.71	2:02.60
10	Johnson, Zach	10	Champlin Park	2:02.76	2:03.34
11	Gessner, Brendan	11	Centennial	2:03.09	2:04.23

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

12	Kremer, Daniel	12	Blaine	2:01.12	2:05.02
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**Boys 800 Meter Run Wheelchair**

Name	Yr	School	Seed	Finals
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**Finals**

1	Braun, Mark	11	Irondale	2:03.98
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**Boys 1600 Meter Run Wheelchair**

Name	Yr	School	Seed	Finals
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**Finals**

1	Braun, Mark	11	Irondale	4:13.43
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**Boys 1600 Meter Run**

**Section 5AA: 4:08.35 # 2000**      **Nick Schneider, Benilde - St. Margaret**  
**4:17.70 QUAL**

Name	Yr	School	Seed	Finals
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**Finals**

1	Braun, Adam	12	Totino-Grace	4:23.07	4:21.45
2	Dado, Steven	12	Totino-Grace	4:23.07	4:21.64
3	Roozen, Zachary	11	Mounds View	4:22.37	4:24.95
4	Olson, Connor	8	Maple Grove	4:26.02	4:28.75
5	Johnson, Alex	12	Maple Grove	4:26.00	4:28.86
6	Keller, Jonathan	10	Centennial	4:27.28	4:33.53
7	Hartmann, Brad	12	Osseo	4:36.30	4:33.87
8	Olson, Tyler	12	Maple Grove	4:31.03	4:34.48
9	Mehrhof, Calvin	11	Coon Rapids	4:33.40	4:35.80
10	Sage, Brendan	10	St. Michael-Albertville	4:42.00	4:41.44
11	Johnson, Robert	8	Park Center	4:47.50	4:42.12
12	Kelly, Joseph	12	Park Center	4:46.40	4:42.92
13	Kennedy, David	12	Coon Rapids	4:31.84	4:43.23
14	Hassan, Ramadan	10	Champlin Park	4:43.44	4:44.49
15	Sugden, Scott	12	Centennial	4:44.87	4:45.93
16	Wright, Zach	10	Blaine	4:43.51	4:47.02

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

17	Nurie, Kadiro	12	Blaine	4:29.89	4:47.06
18	Hoff, Michael	9	Mounds View	4:50.44	4:47.34
19	Longen, Matthew	11	Centennial	4:36.34	4:47.87
20	Evenson, Anders	11	Osseo	4:44.40	4:48.28
21	Durbin, Ian	10	Blaine	4:44.31	4:48.32
22	Herman, Nathan	10	Coon Rapids	4:48.11	4:48.92
23	Czech, Logan	11	Anoka	4:48.20	4:49.22
24	Kutina, Christian	11	Anoka	4:41.20	4:53.55
25	Slattery, Justin	11	Osseo	4:51.84	4:54.22
26	LeClaire, Caleb	11	Rogers	4:42.10	4:54.52
27	Christian, Cole	11	St. Michael-Albertville	4:54.00	4:55.90

**Finals ... (Boys 1600 Meter Run)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed</b>	<b>Finals</b>
28	Schuler, Dan	12	Rogers	5:13.50	4:56.06
29	Heimark, Andrew	11	Park Center	5:09.00	4:56.43
30	Greenstein, Michael	11	Totino-Grace	4:44.34	4:57.49
31	Wachowiak, Derek	11	Champlin Park	4:54.86	4:58.18
32	Eiyneck, Matt	11	St. Michael-Albertville	4:57.00	4:58.33
33	Britven, Joe	11	Fridley	4:54.28	4:58.82
34	Scott, TJ	11	Rogers	5:06.60	4:58.91
35	Johnson, Brandon	11	Champlin Park	4:54.82	5:00.15
36	Adelsman, Bjorn	10	Irondale	5:13.47	5:07.95
37	Ajax, Jake	9	Spring Lk Pk/St. Anthony Villa	4:49.37	5:08.86
38	Adeed, Bashir	10	Fridley	5:01.85	5:13.87
39	Gilbert, Jonah	11	Irondale	5:08.25	5:19.05
40	Opdahl, Mitch	12	Spring Lk Pk/St. Anthony Villa	5:06.25	5:20.02
41	Adermann, Chris	9	Irondale	5:11.56	5:21.71

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

42	Vivar, Diego	10	Columbia Heights	5:37.00	5:25.25
43	Drews, Daulton	11	Columbia Heights	5:32.00	5:39.38
44	Turner, Ryan	9	Columbia Heights	5:42.00	5:44.03

**Boys 3200 Meter Run**

Section 5AA: 9:01.00 # 2000  
9:21.71 QUAL

Nick Schneider, Benilde - St. Margaret

	Name	Yr	School	Seed	Finals	
<b>Finals</b>						
1	Braun, Adam	12	Totino-Grace	9:27.48	9:17.87	QUAL
2	Dado, Steven	12	Totino-Grace	9:24.13	9:22.91	
3	Roozen, Zachary	11	Mounds View	9:27.67	9:31.86	
4	Johnson, Alex	12	Maple Grove	9:44.00	9:33.86	
5	Olson, Connor	8	Maple Grove	9:45.00	9:38.22	
6	Kennedy, David	12	Coon Rapids	9:48.44	9:50.10	
7	Hartmann, Brad	12	Osseo	9:50.50	9:50.60	
8	Lawson, Chris	11	Spring Lk Pk/St. Anthony Villa	9:59.16	9:52.88	
9	Olson, Tyler	12	Maple Grove	9:51.00	9:53.54	
10	LeClaire, Caleb	11	Rogers	10:06.55	10:02.64	
11	Greenstein, Michael	11	Totino-Grace	9:55.67	10:03.11	
12	Sage, Brendan	10	St. Michael-Albertville	10:05.50	10:05.95	
13	Hessini, Andre	9	Mounds View	10:04.33	10:07.20	
14	Britven, Joe	11	Fridley	10:13.47	10:07.74	
15	Mehrhof, Calvin	11	Coon Rapids	9:51.91	10:08.42	
16	Bowler, Ryan	11	Centennial	10:32.07	10:22.54	
17	Schuler, Dan	12	Rogers	10:28.20	10:27.30	
18	Parent, Reed	9	Rogers	10:36.45	10:27.82	
19	Kelly, Joseph	12	Park Center	10:20.00	10:36.38	
20	Berkowitz, Adam	9	Osseo	10:37.85	10:38.53	

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

21	Grow, Kevin	9	Centennial	10:43.04	10:49.82
22	Hiel, Eric	9	Blaine	11:21.34	10:50.19
23	Eiyneck, Matt	11	St. Michael-Albertville	11:03.00	10:50.59
24	Dahl, Jeremy	11	Mounds View	10:05.46	10:52.70
25	Hussein, Abdullahi	10	Fridley	10:50.55	10:52.94
26	Shovelain, Dominic	9	St. Michael-Albertville	11:07.00	10:53.32
27	Nystrom, MacKenzie	11	Spring Lk Pk/St. Anthony Villa	11:00.50	10:53.45

**Finals ... (Boys 3200 Meter Run)**

	Name	Yr	School	Seed	Finals
28	Barstow, Jeff	9	Anoka	11:15.20	11:00.39
29	Bourdage, Joe	9	Centennial	10:57.11	11:03.25
30	Thuesen, Sean	12	Spring Lk Pk/St. Anthony Villa	11:10.08	11:12.20
31	Coughlin, Michael	10	Coon Rapids	11:06.94	11:17.48
32	Que, David	11	Blaine	11:20.11	11:18.31
33	Huessein, Idiris	9	Fridley	11:03.46	11:27.10
34	Gilbert, Jonah	11	Irondale	11:26.00	11:37.70
35	Robinson, Adam	10	Irondale	11:44.00	11:45.34
36	Mickelson, Adam	12	Park Center	11:59.00	11:52.18
37	Kraemer, Brian	9	Anoka	11:50.30	11:53.37
38	Heisterkamp, Kirk	10	Park Center	11:58.00	11:55.43
39	Schultz, Karl	12	Irondale	11:41.00	12:19.16

**Boys 110 Meter Hurdles**

Section 5AA: 14.50 # 1977  
15.32 QUAL

Kary Bowser, Mpls Roosevelt

	Name	Yr	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>							
1	Haynie, Antonio	12	Spring Lk Pk/St. Anthony Villa	15.27	15.06 Q	NWI	3
2	Copeland, Dajuan	10	Blaine	15.30	15.07 Q	NWI	4
3	Ojika, Ben	10	Irondale	14.95	15.17 Q	NWI	1
4	Heltemes, Stewart	11	Anoka	15.44	15.21 Q	NWI	5
5	Cleveland, Phillip	12	Champlin Park	15.72	15.87 Q	NWI	2

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

6	Frisbie, Michael	11	Totino-Grace	15.58	15.27	q	NWI	5
7	Alexander, Jay	11	Champlin Park	15.88	15.35	q	NWI	5
8	Greenup, Julian	12	Fridley	15.75	15.39	q	NWI	3
9	Janu, CJ	10	Spring Lk Pk/St. Anthony Villa	15.60	15.41	q	NWI	3
10	Ferry, Brian	10	St. Michael-Albertville	15.70	15.50		NWI	1
11	Dircks, Austin	11	Mounds View	15.60	15.54		NWI	4
12	Kaba, Ibrahim	11	Champlin Park	15.72	15.72		NWI	1
13	Kleba, Jonathan	12	Coon Rapids	16.40	16.01		NWI	3
14	Wolfe, Jesse	11	Centennial	15.84	16.19		NWI	4
15	Mugwaneza, Derrick	12	Coon Rapids	16.43	16.27		NWI	2
16	Wakefield, Chris	10	Spring Lk Pk/St. Anthony Villa	16.58	16.50		NWI	1
17	Larson, Benjamin	12	Mounds View	15.90	16.55		NWI	5
18	Erding, Tyler	11	Centennial	16.91	16.57		NWI	4
19	Oba, Fawaz	10	Osseo	16.64	16.64		NWI	2
20	Canfield, Justus	10	Irondale	16.44	16.69		NWI	1
21	Diakite, Moussa	10	Park Center	15.10	16.84		NWI	2
22	Colgrove, Dallin	12	St. Michael-Albertville	17.25	16.99		NWI	3
23	Evans, Laquari	9	Anoka	16.20	17.02		NWI	4
24	Sanchez, Luis	11	Blaine	17.21	17.05		NWI	4
25	Nachstein, Cole	10	Mounds View	16.68	17.06		NWI	3
26	Meaway, Wilbert	9	Fridley	17.72	17.22		NWI	4
27	Mielke, Nick	10	Maple Grove	17.41	17.57		NWI	1
28	Dohmen, Zach	10	Rogers	17.60	17.60		NWI	3
29	Kelly, Tim	11	Osseo	17.34	17.61		NWI	1
30	Gebhart, Thomas	10	Maple Grove	17.89	17.99		NWI	5
31	Gifford, Nicholas	11	Coon Rapids	17.33	18.24		NWI	2
32	Butler, Caleb	9	Blaine	16.93	18.55		NWI	5

**Preliminaries ... (Boys 110 Meter Hurdles)**

Name	Yr	School	Seed	Prelims	Wind	H#	
33	Arrington, Brad	12	Rogers	17.20	18.72	NWI	5
34	Culp, Ray	10	Centennial	17.44	18.90	NWI	2
35	Follestad, Andrew	10	St. Michael-Albertville	18.78	19.08	NWI	5
36	Smith, Sam	9	Osseo	19.24	19.47	NWI	4
37	Bjella, Russell	10	Maple Grove	20.32	21.33	NWI	3
---	Greenberg, Nolan	12	Anoka	15.70	DQ	NWI	2

**Boys 110 Meter Hurdles**Section 5AA: **14.50 # 1977** Kary Bowser, Mpls Roosevelt**15.32 QUAL**

Name	Yr	School	Prelims	Finals	Wind	
<b>Finals</b>						
1	Ojika, Ben	10	Irondale	15.17	15.01	1.9
2	Heltemes, Stewart	11	Anoka	15.21	15.12	1.9
3	Haynie, Antonio	12	Spring Lk Pk/St. Anthony Villa	15.06	15.19	1.9
4	Copeland, Dajuan	10	Blaine	15.07	15.31	1.9
5	Frisbie, Michael	11	Totino-Grace	15.27	15.71	1.9
6	Greenup, Julian	12	Fridley	15.39	15.72	1.9
7	Alexander, Jay	11	Champlin Park	15.35	15.73	1.9
8	Janu, CJ	10	Spring Lk Pk/St. Anthony Villa	15.41	15.82	1.9

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

9	Cleveland, Phillip	12	Champlin Park	15.87	16.19	1.9
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**Boys 300 Meter Hurdles**

**Section 5AA: 37.80 # 5/29/2009 Snonsio Boys-Weah, ParkCenter**  
**39.54 QUAL**

	Name	Yr	School	Seed	Prelims	H#
<b>Preliminaries</b>						
1	Haynie, Antonio	12	Spring Lk Pk/St. Anthony Villa	39.98	39.76 Q	4
2	Wagner, Alex	11	Totino-Grace	39.56	39.77 Q	1
3	Alexander, Jay	11	Champlin Park	40.49	40.44 Q	5
4	Frisbie, Michael	11	Totino-Grace	39.93	40.67 Q	3
5	Copeland, Dajuan	10	Blaine	39.83	41.11 Q	2
6	Ojika, Ben	10	Irondale	40.65	40.21 q	4
7	Greenup, Julian	12	Fridley	41.62	40.45 q	4
8	Theus, Shaquille	11	Coon Rapids	40.50	40.95 q	5
9	Deveaux, Marcel	12	Blaine	40.68	41.07 q	3
10	Reierson, Andrew	12	Coon Rapids	41.50	41.15	3
11	Wolfe, Jesse	11	Centennial	42.01	41.23	5
12	Janu, CJ	10	Spring Lk Pk/St. Anthony Villa	41.00	41.27	1
13	Dircks, Austin	11	Mounds View	41.14	41.51	2
14	Kaba, Ibrahim	11	Champlin Park	40.78	41.60	2
15	Ferry, Brian	10	St. Michael-Albertville	42.16	41.78	3
16	Greenberg, Nolan	12	Anoka	41.10	41.78	1
17	Severson, Chris	11	Mounds View	41.73	41.82	5
18	Cleveland, Phillip	12	Champlin Park	42.82	41.88	4
19	Mugwaneza, Derrick	12	Coon Rapids	42.68	41.88	3
20	Wiagbe, Gus	11	Osseo	43.24	42.19	4
21	Bostrom, Cody	11	Blaine	42.21	42.69	2
22	Larson, Benjamin	12	Mounds View	42.04	42.70	4
23	Erding, Tyler	11	Centennial	42.64	42.92	2



**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results****Preliminaries ... (Boys 300 Meter Hurdles)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed</b>	<b>Prelims</b>	<b>H#</b>
24	Kelly, Tim	11	Osseo	42.54	43.07	1
25	Kretsu, Michael	12	Anoka	43.12	43.26	5
26	Wakefield, Chris	10	Spring Lk Pk/St. Anthony Villa	42.38	43.40	1
27	Canfield, Justus	10	Irondale	43.16	43.72	5
28	Mielke, Nick	10	Maple Grove	45.87	44.11	3
29	Struwve, Tim	12	Anoka	44.41	44.50	2
30	Colgrove, Dallin	12	St. Michael-Albertville	45.04	44.74	1
31	Davis, Joshua	12	Centennial	44.66	45.19	1
32	Meaway, Wilbert	9	Fridley	45.54	46.32	2
33	Diakite, Moussa	10	Park Center	44.10	46.43	3
34	Gebhart, Thomas	10	Maple Grove	46.53	46.82	5
35	Follestad, Andrew	10	St. Michael-Albertville	48.20	47.18	4
36	Smith, Sam	9	Osseo	49.74	49.34	3
37	Vang, Johnny	9	Columbia Heights	47.95	53.90	5
38	Graham, Ryan	10	Maple Grove	46.01	55.13	4

**Boys 300 Meter Hurdles**

**Section 5AA: 37.80 # 5/29/2009 Snonsio Boys-Weah, ParkCenter**  
**39.54 QUAL**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelims</b>	<b>Finals</b>
<b>Finals</b>					
1	Haynie, Antonio	12	Spring Lk Pk/St. Anthony Villa	39.76	39.28 QUAL
2	Wagner, Alex	11	Totino-Grace	39.77	39.39 QUAL
3	Copeland, Dajuan	10	Blaine	41.11	39.90
4	Frisbie, Michael	11	Totino-Grace	40.67	39.96
5	Alexander, Jay	11	Champlin Park	40.44	40.50
6	Deveaux, Marcel	12	Blaine	41.07	41.23

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

7	Ojika, Ben	10	Irondale	40.21	41.26
8	Theus, Shaquille	11	Coon Rapids	40.95	41.62
9	Greenup, Julian	12	Fridley	40.45	42.46

**Boys 4x100 Meter Relay**

Section 5AA: 42.38 # 5/29/2008 Osseo, Osseo  
43.41 QUAL

Team	Relay	Seed	Finals	H#
<b>Finals</b>				
1 Blaine	A	43.19	42.66 QUAL	2
1) Deveaux, Marcel 12	2) Kline, Eric 12	3) Tambe, Ayuk 11	4) Ayinde, Kunle 10	
5) Mendin, Patrick 10	6) Robel, Joseph 10			
2 Osseo	A	43.27	43.00 QUAL	2
1) Clemons, Dein 12	2) Sutton, Jevelle 11	3) Miamen, Prince 11	4) Oba, Fawaz 10	
5) Jacox-Mann, Arnytt 11	6) Curtis, Lamaun 11			
3 Spring Lk Pk/St. Anthony Villa	A	43.73	43.09 QUAL	2
1) Shaddock, David 11	2) Little, Justin 12	3) Fleck, Devon 12	4) Haynie, Antonio 12	
5) Toweh, Richard 9	6) Tsurwa, Gilbert 9			
4 Irondale	A	43.46	43.24 QUAL	2
1) Oji, Nnaoma 12	2) Poster, Kevin 11	3) Ogbonnaya, K.C. 11	4) Korngor, Karimu 12	
5) Kruse, James 10	6) Yankey, Sam 10			
5 Mounds View	A	44.46	43.48	2
1) Krause, Mitchell 12	2) Dornbush, Jordan 12	3) Emberley, Sean 12	4) Laszlo, Cole 12	

**Finals ... (Boys 4x100 Meter Relay)**

Team	Relay	Seed	Finals	H#
6 Maple Grove	A	44.32	44.06	2
1) Palmer, Oscar 12	2) Dixon, Emmanuel 12	3) Weineke, Jacob 10	4) Crockett, Shadeed 11	
7 Champlin Park	A	44.73	44.29	2
1) Atchinson, Thomas 11	2) Sales, Michael 10	3) Sando, Joe 10	4) Buggs, Elliot 11	
8 Anoka	A	44.24	44.65	2
1) Heltemes, Stewart 11	2) Pint, Matt 12	3) Boughner, Cole 11	4) Rand, Ryan 11	
9 Totino-Grace	A	44.83	44.83	1
1) Schmit, Jared 10	2) Wutzke, Alexander 12	3) Burke, Nicholas 10	4) St. Peter, Adam 11	
10 Coon Rapids	A	44.65	45.65	2
1) Lewis, Casey 9	2) Williams, Rodney 9	3) Mugwaneza, Derrick 12	4) Reiersen, Andrew 12	
11 St. Michael-Albertville	A	45.62	46.25	1
1) Rothstein, Cory 11	2) Kaiyeepu, Nathaniel 10	3) Buckley, Troy 12	4) Williams, Joe 11	
12 Fridley	A	46.14	46.64	1

## Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline  
Results

13	1) Parker, Kenben 11 Rogers	2) Owusu, Caleb 12 A	3) Kormah, Emmanuel 9 46.85	4) Judd, Cory 12 46.93	1
14	1) Wickeron, Josh 12 Centennial	2) Aanerud, Victor 12 A	3) Scharber, Nathan 12 46.69	4) Woods, Keith 12 47.21	1
15	1) Freeland, Nicholas 12 Park Center	2) Gould, David 12 A	3) Rawleigh, Connor 11 5:05.10	4) Schmidt, Guy 12 49.79	1
---	1) Omar, Qamar 9 Columbia Heights	2) Kamara, Alieu 11 A	3) Ballard, Jesse 12 46.33	4) Nomane, Tahi 9 DQ	1
	1) Olayiwola, Josh 11	2) Harper, JoJuan 12	3) Dolo, Moses 12	4) Kantor, Mike 11	

## Boys 4x200 Meter Relay

Section 5AA: 1:28.36 # 2006

Robbinsdale Armstrong, Armstrong  
A Hawkins, D Gilmer, K Henderson, J Carlson

1:30.19 QUAL

Team	Relay	Seed	Finals	H#
1 Blaine	A	1:30.22	1:28.71 QUAL	2
2 Totino-Grace	A	1:30.22	1:29.72 QUAL	2
3 Osseo	A	1:30.13	1:30.20	2
4 Mounds View	A	1:31.82	1:30.86	2
5 Spring Lk Pk/St. Anthony Villa	A	1:31.44	1:31.29	2
6 Champlin Park	A	1:32.84	1:33.13	2
7 Irondale	A	1:33.46	1:34.22	1
8 Centennial	A	1:33.08	1:34.24	1
9 Anoka	A	1:30.48	1:34.77	2
10 Maple Grove	A	1:34.81	1:34.90	1

## Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010

Hamline  
Results

## Finals ... (Boys 4x200 Meter Relay)

Team	Relay	Seed	Finals	H#
11 Coon Rapids	A	1:31.96	1:34.99	2
1) Fort, Kiemonte 12	2) Tallaksen, Tyler 12	3) Theus, Shaquille 11	4) Reiersen, Andrew 12	
12 Fridley	A	1:32.66	1:36.13	2
1) Huessein, Mamme 10	2) Hassan, Waleid 12	3) Owusu, Caleb 12	4) Judd, Cory 12	
13 St. Michael-Albertville	A	1:36.21	1:37.41	1
1) Rothstein, Cory 11	2) Kaiyeepu, Nathaniel 10	3) Tucker, Tyler 11	4) Berhow, Tyler 10	
14 Rogers	A	1:38.50	1:37.46	1
1) Aanerud, Isaac 10	2) Salas Velasquez, Nico 12	3) Bogart, Kyle 11	4) Woods, Keith 12	
15 Park Center	A	1:38.63	1:38.99	1
1) Kallon, Nabie 7	2) Daniels, Treyton 10	3) Kamara, Alieu 11	4) Nomane, Tahi 9	
16 Columbia Heights	A	1:39.80	1:41.33	1
1) Lenear, Deshon 9	2) Jama, Jama 12	3) Money, Trevon 12	4) Dolo, Moses 12	

## Boys 4x400 Meter Relay

Section 5AA: 3:21.19 # 2006

Robbinsdale Cooper, Cooper

K Washington, L Cheneyon, R McDonald, T Bucholz

3:24.42 QUAL

Team	Relay	Seed	Finals	H#
1 Osseo	A	3:27.80	3:23.92	QUAL 2
1) Miamen, Prince 11	2) Nyabuto, Obadiah 10	3) Curtis, Lamaun 11	4) Jacox-Mann, Arrnytt 11	
5) Madison, Devan 10	6) Kelly, Tim 11			
2 Blaine	A	3:26.26	3:23.99	QUAL 2
1) Zrust, Mike 12	2) Meyer, Kevin 12	3) Urban, Scott 12	4) Kremer, Daniel 12	
5) Alvarado, Sebastian 11	6) Mortenson, Nate 12			
3 Maple Grove	A	3:30.51	3:25.14	2
1) Walden, Derek 12	2) Iverson, Luke 12	3) Rausch, Nathan 12	4) Dixon, Emmanuel 12	
4 Totino-Grace	A	3:28.65	3:25.69	2
1) Frisbie, Michael 11	2) Wagner, Alex 11	3) Leonard, Andrew 12	4) Schauer, Jacob 12	
5 Coon Rapids	A	3:26.56	3:26.67	2
1) Hansen, Thomas 12	2) Tallaksen, Tyler 12	3) Hachaba, Vernon 10	4) Theus, Shaquille 11	
6 Park Center	A	3:29.00	3:28.41	2
1) Kordah, Barinedum 10	2) Busari, Quadri 8	3) Saylee, Rufus 10	4) Kaburu, Rueben 12	
7 Irondale	A	3:33.12	3:28.57	1
1) Ojika, Ben 10	2) Williams, Shannon 11	3) Johnson, Ezekiel 12	4) Peterson, John 12	
8 Rogers	A	3:32.80	3:28.59	1

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline****Results**

1) Hoover, Kent 10 9 Mounds View	2) Cleveland, Chase 11 A	3) Berkley, Trevor 12 3:28.05	4) Kalk, Kenny 10 3:29.42	2
1) Emberley, Sean 12 10 St. Michael-Albertville	2) Dornbush, Jordan 12 A	3) Kramka, Ben 11 3:33.19	4) Warnes, Sam 11 3:31.33	1
1) Ferry, Brian 10 11 Fridley	2) Hackenmueller, Kevin 11 A	3) Bridell, Ben 11 3:34.16	4) Tarpeh, Herbert 11 3:32.21	1
1) Dennis, Marcel 12 12 Centennial	2) Cowenhoven, Caleb 12 A	3) Huessein, Mamme 10 3:31.78	4) Ikier, Joseph 11 3:32.83	2
1) Kallman, Jesse 12 13 Champlin Park	2) Larson, Jesse 11 A	3) Richardson, Ryan 12 3:32.53	4) Thill, David 9 3:34.62	2
1) Egbujor, Emmaneul 10 14 Spring Lk Pk/St. Anthony Villa	2) Ruffcorn, David 11 A	3) Gbarbea, Darkabolu 12 3:34.82	4) Kaba, Ibrahim 11 3:36.48	1
1) Ambrozich, Chris 11 15 Anoka	2) Krause, Isaac 10 A	3) Ojile, Jacob 10 3:33.02	3:36.92	1
1) Lindquist, Brandon 11 <b>Finals ... (Boys 4x400 Meter Relay)</b>	2) Grow, Spencer 12	3) Greenberg, Nolan 12	4) Herrala, Jeff 11	
<b>Team</b>	<b>Relay</b>	<b>Seed</b>	<b>Finals</b>	<b>H#</b>
16 Columbia Heights	A	3:52.00	3:57.28	1
1) Bauswell, Deandre 9	2) Vang, Johnny 9	3) Lenear, Deshon 9	4) Jama, Jama 12	

**Boys 4x800 Meter Relay**

Section 5AA: 7:56.56 # 6/4/2010

Blaine, Blaine

T Davenport, A Woetzel, M Nurie, D Kremer

7:58.30 QUAL

<b>Team</b>	<b>Relay</b>	<b>Seed</b>	<b>Finals</b>	
<b>Finals</b> 1 Blaine	A	7:59.42	8:01.79	
1) Nurie, Kadiro 12 5) Durbin, Ian 10	2) Woetzel, Austin 12 6) Wright, Zach 10	3) Urban, Scott 12	4) Kremer, Daniel 12	
2 Maple Grove	A	8:06.23	8:03.80	
1) Johantgen, Dustin 11 3 St. Michael-Albertville	2) Iverson, Luke 12 A	3) Walden, Derek 12 8:31.04	4) Rausch, Nathan 12 8:21.44	
1) Hackenmueller, Kevin 11 4 Anoka	2) Bridell, Ben 11 A	3) Tarpeh, Herbert 11 8:15.33	4) Jorgensen, Keith 9 8:25.68	
1) Grow, Spencer 12 5 Centennial	2) Czech, Logan 11 A	3) Kutina, Christian 11 8:35.37	4) Herrala, Jeff 11 8:31.08	
1) Gessner, Brendan 11 6 Spring Lk Pk/St. Anthony Villa	2) McCargar, Garrett 11 A	3) Longen, Matthew 11 8:44.18	4) Sugden, Scott 12 8:35.89	

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline****Results**

1) Lawson, Chris 11 7 Irondale	2) Krause, Isaac 10 A	3) Woods, Nathan 11 8:29.19	4) Radecki, Zachary 12 8:36.11
1) Doku, Jorg 10 8 Osseo	2) Vossler, Sam 8 A	3) Johnson, Ezekiel 12 8:34.20	4) Peterson, John 12 8:36.27
1) Norstrom, Riley 10 9 Mounds View	2) Madison, Devan 10 A	3) Martins, Nick 10 8:38.24	4) Fawole, Kunle 11 8:44.90
1) Stauder, Scott 12 10 Totino-Grace	2) Hessini, Andre 9 A	3) Gehl, Elliot 10 8:45.20	4) Moga, Sherm 11 8:45.71
1) Hilliard, Brandon 9 11 Coon Rapids	2) Schmitz, Kellen 9 A	3) Heggstad, Taylor 10 8:43.14	4) Schroeder, Jason 12 8:46.99
1) Jackson, Bednar 9 12 Park Center	2) Dujmovic, David 9 A	3) Fleck, Josh 11 8:50.00	4) Rauch, Isaac 10 8:58.38
1) Johnson, Robert 8 13 Fridley	2) Otieno, Sam 11 A	3) Olsen, Nathan 9 9:14.70	4) Olsen, Phillip 11 9:12.24
1) Adeed, Bashir 10 --- Champlin Park	2) Sheferaw, Germay 11 A	3) Nyemah, Bobby 11 8:40.24	4) Hussein, Abdullahi 10 DNF
1) Urvig, Andrew 10	2) Urvig, David 9	3) Dittrich, Brett 11	4) Peters, Cole 10

**Boys High Jump**

Section 5AA: 6-10.50 # 1995  
6-05.00 QUAL

Marcus Westberry, Mpls Washburn

Name	Yr	School	Seed	Finals
<b>Finals</b>				
1 Schaaf, Darik	12	Coon Rapids	6-06.00	6-07.00 QUAL
2 Butorac, Dan	11	Maple Grove	6-02.00	6-05.00 QUAL
3 Ayinde, Kunle	10	Blaine	6-05.00	6-03.00
4 Poster, Kevin	11	Irondale	6-02.00	6-01.00
5 Strong, Mustaful	10	Anoka	6-04.00	J6-01.00
5 Ojika, Ben	10	Irondale	6-04.00	J6-01.00
7 Johnston, Chris	10	Mounds View	6-00.00	J6-01.00
8 Lilja, Jason	10	Coon Rapids	6-02.00	5-11.00

**Finals ... (Boys High Jump)**

Name	Yr	School	Seed	Finals
9 Abram, Taylor	10	Champlin Park	6-02.00	J5-11.00

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

10	Mortenson, Nate	12	Blaine	6-00.00	J5-11.00
10	Hegland, Tyler	11	Centennial	5-08.00	J5-11.00
10	Harris, aynen	11	Coon Rapids	6-02.00	J5-11.00
10	Romick, Jake	10	Blaine	5-10.00	J5-11.00
14	Blair, Tracey	10	Irondale	6-02.00	5-09.00
14	Sales, Michael	10	Champlin Park	6-02.00	5-09.00
16	Berkley, Trevor	12	Rogers	5-08.00	5-07.00
16	Grow, Ryan	11	Centennial	5-10.00	5-07.00
16	Daniels, Treyton	10	Park Center	5-08.00	5-07.00
16	Ferry, Brian	10	St. Michael-Albertville	5-10.00	5-07.00
---	Lindquist, Brandon	11	Anoka	6-00.00	NH
---	Mason, Sam	11	Osseo	5-08.00	NH
---	Kittleson, Connor	9	Osseo	5-02.00	NH
---	Grow, Spencer	12	Anoka	6-02.50	NH
---	Kordah, Barinedum	10	Park Center	6-00.00	NH
---	Kamara, Alieu	11	Park Center	5-08.00	NH
---	Dickovich, Nick	11	Osseo	5-06.00	NH
---	Bishop, Tyler	11	Maple Grove	5-10.00	NH

**Boys Pole Vault**

**Section 5AA: 14-10 # 2006**      **Brandon Johnson, Armstrong**  
**13-11.00 QUAL**

Name	Yr	School	Seed	Finals
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**Finals**

1	Lueck, Matt	12	Blaine	14-00.00	13-11.00	QUAL
2	Abel, Timothy	12	Irondale	13-01.00	13-05.00	
3	Stroot, Nicholas	12	Anoka	12-09.00	12-11.00	
4	Gran, Jagger	11	Mounds View	14-00.00	J12-11.00	
5	Ikier, Joseph	11	Fridley	13-02.00	J12-11.00	

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

6	Fondie, Kyle	12	Coon Rapids	12-06.00	J12-11.00
7	Lymburn, Bryant	11	Spring Lk Pk/St. Anthony Villa	12-06.00	12-05.00
7	Hoefler, Mike	10	Totino-Grace	12-06.00	12-05.00
9	Barquest, Ethan	12	Coon Rapids	13-00.00	J12-05.00
10	Jones, Justin	11	Totino-Grace	13-00.00	J12-05.00
11	Lazorik, Tom	11	Mounds View	12-06.00	11-11.00
11	Young, John	10	Mounds View	11-06.00	11-11.00
11	Zingsheim, Steven	11	Blaine	12-06.00	11-11.00
11	Miller, Joshua	12	Coon Rapids	11-06.00	11-11.00
11	Schmidt, Connor	11	St. Michael-Albertville	11-06.00	11-11.00
16	Hoff, Jered	11	Spring Lk Pk/St. Anthony Villa	11-00.00	11-05.00
16	Forster, Lucas	10	Irondale	11-00.00	11-05.00
18	Arrington, Brad	12	Rogers	10-06.00	10-11.00
18	Croaston, Todd	10	Champlin Park	10-06.00	10-11.00
18	Salas Velasquez, Nico	12	Rogers	11-00.00	10-11.00
18	Zachman, David	12	St. Michael-Albertville	10-00.00	10-11.00
18	Anderson, Chet	12	Anoka	10-06.00	10-11.00
23	Weisenburger, Joshua	11	Maple Grove	10-06.00	10-05.00
23	Lange, Alex	10	Maple Grove	9-00.00	10-05.00
23	Crowley, Jacob	12	Champlin Park	11-09.00	10-05.00

**Finals ... (Boys Pole Vault)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed</b>	<b>Finals</b>
23	Jackson, Bobby	11	Champlin Park	10-06.00	10-05.00
---	Mason, Sam	11	Osseo	10-00.00	NH
---	Schulte, Jason	9	Osseo	9-06.00	NH
---	White, Justin	10	Maple Grove	9-00.00	NH
---	Schulte, Jacob	12	Osseo	11-00.00	NH



**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

---	Bogart, Kyle	11	Rogers	9-00.00	NH
---	Drewlo, Tyler	10	Blaine	10-06.00	NH
---	Ryman, Isaiah	10	Fridley	10-06.00	NH
---	Carollo, Ben	11	Anoka	12-06.00	NH
---	Yang, Praseuth	11	Park Center	8-00.00	NH

**Boys Long Jump**

**Section 5AA: 23-00.75 # 5/29/2009 Snonsio Boys-Weah, ParkCenter**  
**21-07.00 QUAL**

	Name	Yr	School	Seed	Finals	Wind
<b>Finals</b>						
1	Hansen, Thomas	12	Coon Rapids	21-08.00	22-02.00	1.4
2	Kaburu, Rueben	12	Park Center	20-04.00	22-01.50	3.1
3	Carroll, Jacob	12	Mounds View	21-07.00	22-01.00	1.1
4	Ambrozich, Chris	11	Spring Lk Pk/St. Anthony Villa	21-02.00	20-10.25	1.3
5	Rand, Ryan	11	Anoka	20-03.00	20-08.00	2.5
6	Oji, Nnaoma	12	Irondale	21-07.00	20-06.50	1.6
7	Kordah, Barinedum	10	Park Center	19-10.25	20-06.25	1.9
8	Greenup, Julian	12	Fridley	20-10.00	20-03.00	1.3
9	Chamoun, Omar	11	Blaine	18-09.00	20-02.50	2.4
10	Thibault, Robert	11	Totino-Grace	20-01.00	20-01.00	2.3
11	Strong, Mustaful	10	Anoka	19-06.50	19-10.00	NWI
11	Burke, Nicholas	10	Totino-Grace	20-02.00	19-10.00	NWI
13	Washington, Jerise	12	Mounds View	20-08.50	19-07.50	NWI
14	Parker, Kenben	11	Fridley	19-06.00	19-05.00	NWI
15	Krause, Riley	10	Mounds View	20-03.75	18-11.25	NWI
16	Erickson, Anthony	10	Anoka	19-04.00	18-10.50	NWI
17	Williams, Joe	11	St. Michael-Albertville	18-03.25	18-10.25	NWI
18	Ahlfs, Matt	12	Spring Lk Pk/St. Anthony Villa	19-07.00	18-10.00	NWI
19	Oba, Fawaz	10	Osseo	19-10.00	18-08.75	NWI
19	Palmer, Oscar	12	Maple Grove	20-00.00	18-08.75	NWI
21	Olayiwola, Josh	11	Columbia Heights	19-10.00	18-08.50	NWI
22	Drewlo, Tyler	10	Blaine	19-03.00	18-08.00	NWI
23	Berhow, Tyler	10	St. Michael-Albertville	18-06.00	18-07.00	NWI
24	Flemister-King, Gjullien	11	Champlin Park	19-06.00	18-06.75	NWI
25	Eres, Mark	10	Maple Grove	19-00.00	18-06.00	NWI
26	Erding, Tyler	11	Centennial	18-10.50	18-04.00	NWI
26	Butler, Mikhail	11	Coon Rapids	19-08.00	18-04.00	NWI
28	Bauswell, Deandre	9	Columbia Heights	18-05.00	18-03.00	NWI
29	McGinty, Jack	11	Totino-Grace	19-02.00	18-02.00	NWI
29	Pham, Stephen	11	Champlin Park	18-06.00	18-02.00	NWI
31	Clemons, Dein	12	Osseo	18-02.00	18-00.75	NWI
32	Little, Justin	12	Spring Lk Pk/St. Anthony Villa	20-05.50	18-00.50	NWI
33	Williams, Shannon	11	Irondale	20-02.00	17-08.00	NWI
34	Andersen, Caven	11	Centennial	16-11.00	17-03.50	NWI

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results****Finals ... (Boys Long Jump)**

Name	Yr	School	Seed	Finals	Wind
35 Follestad, Andrew	10	St. Michael-Albertville	16-11.00	16-11.50	NWI
36 Karyea, Lionel	11	Osseo	17-00.00	16-11.25	NWI
37 Thill, David	9	Centennial	17-11.00	16-10.25	NWI
38 Salas Velasquez, Nico	12	Rogers	18-01.00	16-09.00	NWI
39 Poster, Kevin	11	Irondale	20-03.00	15-11.00	NWI
40 Lenear, Deshon	9	Columbia Heights	15-03.00	14-09.00	NWI
--- Sales, Michael	10	Champlin Park	21-09.50	ND	NWI
--- Kormah, Emmanuel	9	Fridley	18-08.00	ND	NWI
--- Saylee, Rufus	10	Park Center	16-11.75	ND	NWI
--- Dohmen, Zach	10	Rogers	16-06.00	ND	NWI

**Boys Triple Jump**

Section 5AA: 46-08 # 1995  
44-07.00 QUAL

Marcus Westberry, Mpls Washburn

Name	Yr	School	Seed	Finals	Wind
<b>Finals</b>					
1 Hansen, Thomas	12	Coon Rapids	44-00.00	44-10.25	0.9
2 Strong, Mustaful	10	Anoka	44-00.00	43-09.00	2.7
3 Poster, Kevin	11	Irondale	43-07.00	43-08.25	1.4
3 Greenup, Julian	12	Fridley	43-10.00	43-08.25	1.3
5 Daniels, Treyton	10	Park Center	41-08.50	42-07.00	0.2
6 Washington, Jerise	12	Mounds View	42-04.00	42-05.50	1.8
7 Ambrozich, Chris	11	Spring Lk Pk/St. Anthony Villa	43-01.00	41-11.50	0.2
8 Ikier, Joseph	11	Fridley	41-07.00	41-09.75	0.8
9 Oji, Nnaoma	12	Irondale	41-10.25	41-02.75	0.5
10 Olateju, Sola	9	Mounds View	40-00.75	40-06.50	NWI
10 Ejiya, Eji	9	Spring Lk Pk/St. Anthony Villa	41-10.50	40-06.50	NWI
12 Rand, Ryan	11	Anoka	41-09.00	40-02.75	NWI
13 Palmer, Oscar	12	Maple Grove	40-02.00	40-02.00	NWI
14 Grahek, Ryan	10	Blaine	40-10.00	40-01.75	NWI
15 Lilja, Jason	10	Coon Rapids	39-04.00	39-07.50	NWI
16 Butler, Mikhail	11	Coon Rapids	40-01.00	39-06.00	NWI
17 Okotete, Felix	12	Osseo	39-03.00	38-11.00	NWI
18 Kalk, Kenny	10	Rogers	41-04.00	38-06.00	NWI
19 McGinty, Jack	11	Totino-Grace	40-04.00	38-03.75	NWI
20 Little, Justin	12	Spring Lk Pk/St. Anthony Villa	39-10.50	38-03.00	NWI
21 Dormoh, Eric	11	Champlin Park	39-06.00	38-00.50	NWI
22 Blair, Tracey	10	Irondale	38-08.00	37-11.50	NWI
23 Olayiwola, Josh	11	Columbia Heights	39-07.75	37-09.75	NWI
24 Andersen, Caven	11	Centennial	38-05.75	37-09.50	NWI
25 Sutton, Jevelle	11	Osseo	38-03.00	37-09.25	NWI
26 Berkley, Trevor	12	Rogers	39-11.50	37-09.00	NWI
27 Ayinde, Kunle	10	Blaine	40-03.00	37-07.50	NWI
28 Williams, Joe	11	St. Michael-Albertville	37-10.00	37-07.25	NWI
29 Pham, Stephen	11	Champlin Park	37-08.00	37-05.75	NWI
30 St. Peter, Adam	11	Totino-Grace	38-00.00	37-03.25	NWI
31 Krause, Riley	10	Mounds View	39-08.50	37-01.25	NWI

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

32	Cothron, Dalton	9	Centennial	36-07.00	36-07.75	NWI
33	Ruffcorn, David	11	Champlin Park	37-05.00	36-04.75	NWI
34	Karyea, Lionel	11	Osseo	36-10.00	36-03.00	NWI

**Finals ... (Boys Triple Jump)**

	Name	Yr	School	Seed	Finals	Wind
35	Follestad, Andrew	10	St. Michael-Albertville	36-04.00	36-02.00	NWI
36	Brown, Ryan	11	Centennial	34-07.00	36-00.75	NWI
37	Dolo, Moses	12	Columbia Heights	36-09.00	34-04.25	NWI
38	Berhow, Tyler	10	St. Michael-Albertville	37-04.00	33-08.25	NWI
39	Heimark, Drew	11	Park Center	29-08.00	31-08.75	NWI
---	Arrington, Brad	12	Rogers	40-06.00	ND	NWI
---	Johnson, Charles	11	Anoka	38-07.00	ND	NWI
---	Kamara, Alieu	11	Park Center	35-07.25	ND	NWI
---	Mortenson, Nate	12	Blaine	42-11.00	ND	NWI
---	Dau, Ringo	9	Columbia Heights	31-00.25	ND	NWI

**Boys Shot Put Wheelchair**

	Name	Yr	School	Seed	Finals
Finals					
1	Braun, Mark	11	Irondale		20-09.75

**Boys Shot Put**

Section 5AA: 58-11 # 1978 Tim Biegert, Osseo  
54-00.00 QUAL

	Name	Yr	School	Seed	Finals
Finals					
1	Johnson, Bryce	11	Champlin Park	57-09.00	53-08.75
2	Stephens, Joe	10	Champlin Park	51-11.00	51-04.50
3	Foster, Kyle	12	Blaine	50-06.00	51-00.75
4	Osowski, Lucas	11	Coon Rapids	50-01.00	49-01.25
5	McLeod, Chris	11	Blaine	50-03.00	48-09.25
6	Schauer, Matthew	11	Totino-Grace	49-03.00	47-02.25
7	Johnson, Demond	12	Irondale	47-01.00	47-01.75
8	Musselman, Cameron	11	Spring Lk Pk/St. Anthony Villa	46-00.00	46-08.25
9	Wildes, Matt	11	Mounds View	47-07.50	45-08.00
10	Ellis, Spencer	12	Totino-Grace	46-05.00	45-06.75
11	Karnwie-Tualo, Ayeir	11	Mounds View	43-09.00	45-02.50
12	Hines, Charlie	12	Rogers	49-10.00	44-07.75

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

13	Blair, Tracey	10	Irondale	46-01.00	44-07.50
14	Ringwelski, Jake	10	Blaine	48-01.50	44-05.75
15	Flemister-King, Gjullien	11	Champlin Park	49-10.00	44-04.75
16	Ferry, Tyler	12	St. Michael-Albertville	46-03.00	44-03.75
16	Klatt, Matt	12	Anoka	46-04.50	44-03.75
18	Czeck, Addison	11	Anoka	46-06.00	44-00.50
19	Dzihic, Semsudin	11	Irondale	41-03.00	42-05.50
20	Khong, Brian	12	Mounds View	43-04.00	42-00.00
21	Daniels, Josh	11	Osseo	47-00.00	41-03.25
21	VanKeulen, Drew	12	St. Michael-Albertville	42-06.00	41-03.25
23	Brateng, David	12	Osseo	40-06.00	41-00.50
24	Olinger, Daulton	10	Spring Lk Pk/St. Anthony Villa	42-10.25	41-00.00
25	Lowe, Tanner	11	Coon Rapids	41-02.00	40-03.75
26	Harvey, Christopher	11	Centennial	40-00.50	39-10.25
27	Zender III, Albert	12	Totino-Grace	46-01.00	39-08.75
28	Paye, Justin	11	Fridley	41-07.00	39-01.50
29	Engen, Zachary	10	Anoka	42-02.00	38-09.50

**Finals ... (Boys Shot Put)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed</b>	<b>Finals</b>
30	Shittu, Hammed	12	Park Center	32-07.00	38-08.50
31	Scharlau, Sean	10	St. Michael-Albertville	40-01.00	37-11.75
32	Sebald, Hayden	10	Rogers	37-00.00	37-10.00
33	Lebert, Louis	10	Centennial	37-11.00	37-05.50
33	Gaskins, Kevin	11	Rogers	35-09.00	37-05.50
35	Nelson, Jacob	10	Centennial	39-02.00	37-02.00
36	Polson, Maximillian	10	Coon Rapids	40-02.00	37-01.00
37	Catton, Matt	11	Osseo	40-02.00	36-05.75

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

38	Silva, Israel	11	Columbia Heights	33-09.50	34-09.00
39	Brecto, Thomas	11	Columbia Heights	34-03.50	34-08.25
40	Tjader, Andrew	11	Fridley	35-11.00	34-01.50
41	Ihli, Matt	10	Maple Grove	33-01.50	33-09.50
42	Howard, Terrance	8	Park Center	35-04.00	33-04.50
43	Higgins, Jesse	8	Maple Grove	34-07.75	32-05.00
44	Surbrook, Ben	12	Columbia Heights	35-00.00	31-10.50
45	Arel, Noah	9	Park Center	29-08.75	30-11.25
---	Naddy, John	11	Maple Grove	42-09.50	ND

**Boys Discus Throw**

**Section 5AA: 173-10 # 1979**  
**154-00 QUAL**

**Greg Bartlett, Park Center**

	Name	Yr	School	Seed	Finals	
<b>Finals</b>						
1	Reemtsma, Jesse	12	Spring Lk Pk/St. Anthony Villa	170-00	163-07.00	QUAL
2	Johnson, Bryce	11	Champlin Park	162-09	148-01.00	
3	McLeod, Chris	11	Blaine	154-09	141-03.00	
4	Klaers, Logan	10	Mounds View	138-09	138-04.00	
5	Romashko, Zach	12	Blaine	141-05	131-05.00	
6	Wildes, Matt	11	Mounds View	138-01	131-01.00	
7	Brown, Bobby	11	Spring Lk Pk/St. Anthony Villa	144-00	130-10.00	
8	Foster, Kyle	12	Blaine	132-00	126-10.00	
9	Butler, Mikhail	11	Coon Rapids	126-00	125-01.00	
10	Witt, Zach	10	Champlin Park	130-10	123-07.00	
11	Okwulehie, Enyinnaya	12	Fridley	131-07	120-07.00	
12	Catton, Matt	11	Osseo	95-00	117-01.00	
12	Harvey, Christopher	11	Centennial	122-03	117-01.00	
14	Waite, Alec	11	Irondale	116-03	115-10.00	

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

15	Ellis, Spencer	12	Totino-Grace	125-09	115-09.00
16	Stephens, Joe	10	Champlin Park	128-00	114-08.00
17	Ferry, Tyler	12	St. Michael-Albertville	119-02	114-03.00
18	Tucker, Tyler	11	St. Michael-Albertville	117-00	113-05.00
19	Malenke, Ryan	12	Rogers	119-06	110-11.00
20	Bergerson, Taylor	11	Anoka	110-09	110-02.00
21	Kantor, Mike	11	Columbia Heights	129-02	110-01.00
22	Peterson, Jake	11	Coon Rapids	101-00	109-07.00
23	Schauer, Matthew	11	Totino-Grace	125-09	109-01.00
24	Naddy, John	11	Maple Grove	114-11	108-04.00
25	Khong, Brian	12	Mounds View	130-07	108-01.00
25	Frie, Alex	12	Rogers	120-02	108-01.00
27	Brateng, David	12	Osseo	100-00	107-00.00

**Finals ... (Boys Discus Throw)**

	Name	Yr	School	Seed	Finals
28	Throldahl, Nick	12	Rogers	110-09	106-04.00
29	Ihli, Matt	10	Maple Grove	96-08	105-05.00
30	Howard, Terrance	8	Park Center	94-10	104-06.00
31	Musselman, Cameron	11	Spring Lk Pk/St. Anthony Villa	118-00	104-05.00
32	Stewart, Luke	12	Anoka	115-08	103-07.00
33	Betker, Ben	11	Irondale	87-04	98-09.00
34	Owusu, Caleb	12	Fridley	98-06	97-06.00
35	Nelson, Jacob	10	Centennial	100-07	96-11.00
36	Swenson, Brody	11	Totino-Grace	97-05	94-09.00
37	Durdin, Scott	10	Osseo	105-00	92-08.00
38	Lebert, Louis	10	Centennial	101-07	92-06.00
39	Klatt, Matt	12	Anoka	122-01	89-07.00

**Section 5AA Track and Field Championships - 6/2/2010 to 6/4/2010****Hamline  
Results**

40	Tjader, Andrew	11	Fridley	90-03	88-10.00
41	Money, Trevon	12	Columbia Heights	105-05	85-07.00
42	Walker, Alonzo	10	Irondale	104-01	85-05.00
43	Polson, Maximillian	10	Coon Rapids	101-04	85-04.00
44	Martin, Chandler	9	Maple Grove	93-04	83-10.00
45	Shittu, Hammed	12	Park Center	112-03	83-04.00
46	Arel, Noah	9	Park Center	77-03	82-09.00
47	Woltman, Tony	11	Columbia Heights	91-05.50	76-11.00
---	Battleson, Zach	11	St. Michael-Albertville	114-06	ND

**Women - Team Rankings - 18 Events Scored**

1) Mounds View	141.2	2) Coon Rapids	85.4
3) Maple Grove	78.4	4) Totino-Grace	78
5) Osseo	77	6) Park Center	68
7) Champlin Park	54.2	8) Blaine	53.9
9) Irondale	53	10) Spring Lk Pk/St. Anthony Villa	47.2
11) St. Michael-Albertville	45	11) Centennial	45
13) Fridley	40	14) Anoka	35.7
15) Rogers	15		

**Men - Team Rankings - 18 Events Scored**

1) Blaine	163	2) Coon Rapids	93
3) Totino-Grace	92.5	4) Mounds View	90
5) Irondale	74.5	6) Spring Lk Pk/St. Anthony Villa	70.5
7) Maple Grove	68	8) Anoka	64.5
9) Champlin Park	60	10) Osseo	42
11) Park Center	33	11) Fridley	33
13) Centennial	11	14) St. Michael-Albertville	9
15) Rogers	8		