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HY-TEK's Meet Manager 5/9/2023 02:12 PM

MIAC Outdoor Track & Field Championships - 5/12/2023 to 5/13/2023

Bethel University

Performance List

Event 1 Women 100 Meter Dash Prelims

Name	Year School	Seed relim Time
1 Birgen Nelson	SO Gustavus Ado	11.91
2 Jireh Babalola	JR Bethel (Minn)	12.13
3 Sarah Stellmach	SO Bethel (Minn)	12.15
4 Kate Carlson	SO Gustavus Ado	12.20
5 Makayla Stinson	FR St. Catherin	12.47
6 Emily Rengo	FR Concordia-Mo	12.50
7 Kate Gallagher	JR St. Benedict	12.75
8 Myah Nelson	FR St. Benedict	12.86
9 Ava Fink	FR St. Scholast	12.88
10 Riley Roberts	SO Carleton	12.95
11 Ally Rakow	SO Gustavus Ado	13.04
12 Bianca Lott	FR Carleton	13.06
13 Penny Hunter	JR Macalester	13.07
14 Hannah King	SO Bethel (Minn)	13.07
15 Claire Nichols	SR St. Catherin	13.08
16 Ellie Logelin	JR Hamline	13.11
17 Hailey Johnson	SR St. Benedict	13.11
18 Sarrah Lindner	FR Gustavus Ado	13.11
19 Danielle Miller	SO Gustavus Ado	13.12
20 Rachel Nelsen	JR St. Olaf	13.26
21 Zoe Carver	FR Macalester	13.29
22 Zoe Matre	SO St. Olaf	13.29
23 Santrice Rodriguez	FR Augsburg	13.30
24 Jensi Jensen	FR Gustavus Ado	13.37
25 Caitlin Falkowski	SO Macalester	13.44
26 Emelia Laryea	FR Gustavus Ado	13.49
27 Mya Bishop	JR Augsburg	13.51
28 Amira Aladetan	SO Carleton	13.53
29 Soniya Smith	FR Bethel (Minn)	13.60
30 Kaitlyn Sautter	FR St. Scholast	13.61
31 Claire Hippen	JR St. Benedict	13.74
32 Amanda Crewey	FR Macalester	13.77
33 Liana Woo	SO Hamline	13.87
34 Allie Randazzo	FR Bethel (Minn)	13.91
35 Olive Coburn	FR St. Olaf	14.13
36 Isabelle Johnson	FR Concordia-Mo	14.39
37 Roen Boyd	FR Macalester	14.63
38 Elisa Stewart	SO Bethel (Minn)	14.66

Event 3 Women 200 Meter Dash Prelims

Name	Year School	Seed relim Time
1 Sarah Stellmach	SO Bethel (Minn)	24.81
2 Megan Geraets	SO Gustavus Ado	24.85
3 Kate Carlson	SO Gustavus Ado	24.89
4 Karla Kroschel	JR St. Olaf	25.83
5 Emily Rengo	FR Concordia-Mo	26.22
6 Makayla Stinson	FR St. Catherin	26.23
7 Allison Hookom	FR Augsburg	26.49
8 Jireh Babalola	JR Bethel (Minn)	26.49
9 Emma Storbakken	SO St. Olaf	26.53
10 Ally Rakow	SO Gustavus Ado	26.80
11 Kate Gallagher	JR St. Benedict	26.92

12	Zoe Matre	SO St. Olaf	26.93
13	Myah Nelson	FR St. Benedict	26.99
14	Ququ Holman	JR St. Olaf	26.99
15	Riley Roberts	SO Carleton	27.03
16	Ava Fink	FR St. Scholast	27.11
17	Penny Hunter	JR Macalester	27.17
18	Kyla Nygaard	FR Concordia-Mo	27.35
19	Santrice Rodriguez	FR Augsburg	27.41
20	Abbie Swenson	SO Bethel (Minn)	27.51
21	Amira Aladetan	SO Carleton	27.52
22	Ellie Logelin	JR Hamline	27.60
23	Hailey Johnson	SR St. Benedict	27.62
24	Bianca Lott	FR Carleton	27.70
25	Zoe Carver	FR Macalester	27.91
26	Mirjana Ganley	JR St. Benedict	27.91
27	Mya Bishop	JR Augsburg	28.13 <i>Prk 100 400</i>
28	Allison Soule	FR St. Olaf	28.29
29	Ashley Grabau	FR Hamline	28.30
30	Emme Nelson	JR Hamline	28.34
31	Madi Pelowski	FR Bethel (Minn)	28.48
32	Emerson Knapp	SO St. Benedict	28.60
33	Soniya Smith	FR Bethel (Minn)	28.82
34	Liana Woo	SO Hamline	28.86
35	Claire Hippen	JR St. Benedict	29.19
36	Olive Coburn	FR St. Olaf	29.23
37	Caley Wrzesien	SO Bethel (Minn)	29.30
38	Allie Randazzo	FR Bethel (Minn)	29.51
39	Caitlin Falkowski	SO Macalester	29.87
40	Roen Boyd	FR Macalester	29.93
41	Caitlyn Wrzesien	SO Bethel (Minn)	30.24
42	Isabelle Johnson	FR Concordia-Mo	30.36
43	Mercedes Hamilton	SO Hamline	30.91
44	Elisa Stewart	SO Bethel (Minn)	31.12

Event 5 Women 400 Meter Dash Prelims

Name	Year School	Seed relim Time	
1	Megan Geraets	SO Gustavus Ado	56.93
2	Allison Hookom	FR Augsburg	58.85
3	Jocelyn Ferguson	SO Carleton	59.16
4	Hailey Gregg	SO Bethel (Minn)	59.22
5	Makenna Brown	SO Bethel (Minn)	59.65
6	Karla Kroschel	JR St. Olaf	59.78
7	Hadley Twichell	FR Carleton	59.85
8	Lindsey Bernardy	SR Hamline	1:00.04
9	Ruth Pfeiffer	FR St. Olaf	1:00.48
10	Maddie Guler	JR Concordia-Mo	1:00.62
11	Morgan Dean	FR Bethel (Minn)	1:00.68
12	Meg Shercliffe	JR Concordia-Mo	1:00.80
13	Emma Storbakken	SO St. Olaf	1:00.85
14	Ququ Holman	JR St. Olaf	1:00.92
15	Hadley Wilkins	FR Macalester	1:01.04
16	Mikayla Turek	SO Bethel (Minn)	1:01.04
17	Sidela Nyuga	SO St. Benedict	1:01.09
18	Sydney Hauger	SO Gustavus Ado	1:01.33
19	Kyla Nygaard	FR Concordia-Mo	1:01.51 <i>prk 200</i>
20	Abbie Swenson	SO Bethel (Minn)	1:01.71
21	Rachael Wilson	FR St. Olaf	1:01.77
22	Isabel Fynboh	FR Gustavus Ado	1:02.45
23	Emerson Knapp	SO St. Benedict	1:02.46
24	Erin Doyle	JR St. Catherin	1:02.84
25	Madi Pelowski	FR Bethel (Minn)	1:02.96
26	Mia Case	FR St. Scholast	1:03.09
<u>27</u>	Mya Bishop	JR Augsburg	1:03.22

28	Kayla Nelson	FR St. Scholast	1:03.43
29	Jaden Ellefson	FR St. Scholast	1:03.95
30	Allison Soule	FR St. Olaf	1:04.04
31	Kayla Sieck	FR St. Olaf	1:04.18 <i>0.1-1.00</i>
32	Grace Wagner	FR Gustavus Ado	1:04.27
33	Riley Mauzer	JR St. Olaf	1:04.37 <i>points 800</i>
34	Emme Nelson	JR Hamline	1:04.39
35	Caley Wrzesien	SO Bethel (Minn)	1:04.43
36	Ashley Grabau	FR Hamline	1:04.68
37	Mirjana Ganley	JR St. Benedict	1:05.13
38	Caitlyn Wrzesien	SO Bethel (Minn)	1:05.60
39	Thea Larsson	FR St. Olaf	1:14.60

Event 7 Women 800 Meter Run Prelims

Name	Year School	Seed relim Time
1	Alexandra Maddux	SR Hamline 2:13.39
2	Annessa Ihde	SO Bethel (Minn) 2:13.78
3	Ella Young	JR St. Benedict 2:16.89
4	Lara Erickson	SO Carleton 2:17.63
5	Celia Silverstein	FR Carleton 2:18.59
6	Jules Fromm	SO St. Olaf 2:18.80
7	Drew Frolek	SO Concordia-Mo 2:19.69
8	Mary Blanchard	SO Carleton 2:19.83
9	Isabel Wyatt	FR St. Olaf 2:21.09
10	Ellie Sholing	SR St. Scholast 2:21.34
11	Ruby Gernandt	SO Bethel (Minn) 2:21.99
12	Kalli Smith	SO St. Benedict 2:22.92
13	Olivia Edstrom	JR St. Olaf 2:24.58
14	Nicole Gonzalez	FR St. Olaf 2:25.02 <i>points 800 N. mmid</i>
15	Kailyn Walukas	SO Gustavus Ado 2:25.63
16	Lucia Wyland	JR St. Olaf 2:26.72
17	Alex Cook	SR St. Benedict 2:28.54
18	Riley Mauzer	JR St. Olaf 2:28.99
19	Natalie Zielsdorf	FR St. Benedict 2:29.22
20	Lucy Lyngen	JR St. Benedict 2:29.27
21	Karley Thurston	JR Macalester 2:29.97 <i>points 1500</i>
22	Morgan Dieschbourg	SO Carleton 2:30.17 <i>points 800</i>
23	Ava Juntunen-Novak	SO St. Benedict 2:31.61
24	Kate Ulrich	SO Carleton 2:32.50 <i>points 800</i>
25	Jalisa Mathews	SR Hamline 2:33.23
26	Jenna Terrio	JR St. Scholast 2:33.47 <i>points 850 om 800</i>
27	Ella Krumm	SO Macalester 2:34.01
28	Brooklyn Conrad	FR Augsburg 2:36.40 <i>points 1500 & st. pl.</i>
29	Larissa Minshull	SO Bethel (Minn) 2:37.60
30	Kaye Rysdahl	SO Bethel (Minn) 2:37.75
31	Margo Lewis	SO Carleton 2:37.82
32	Meaghan McDonald	FR St. Benedict 2:37.88
33	Annie Jay	SO Carleton 2:37.92 <i>points 800</i>
34	Maranda Thier	SO St. Benedict 2:39.42
35	Kayla Sieck	FR St. Olaf 2:41.33
36	Timea Vrabcova	SO Concordia-Mo 2:41.93
37	Lily Hatrick	FR Macalester 2:43.84
38	Ella Viscontie	FR Carleton 2:45.35
39	Elsie Hatlevig	FR Concordia-Mo 2:48.80 <i>points 1500</i>
40	Heather Long	SO Bethel (Minn) 2:49.71
41	Sarah Rey	SO Bethel (Minn) 2:52.85
42	Thea Larsson	FR St. Olaf 2:56.50
43	Annabel Lantz	SO Augsburg 3:03.23

Event 9 Women 1500 Meter Run Prelims

Name	Year School	Seed relim Time
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1	Fiona Smith	JR St. Benedict	4:25.51	
2	Christine Albrecht	JR St. Olaf	4:31.85	
3	Mary Blanchard	SO Carleton	4:41.85	
4	Annessa Ihde	SO Bethel (Minn)	4:41.93	
5	Hannah Preisser	SO Carleton	4:45.64	
6	Sophie Call	JR St. Olaf	4:46.32	
7	Ella Landis	FR St. Olaf	4:46.76	
8	Sophie Abernethy	SO St. Olaf	4:48.17	
9	Bella Call	JR St. Olaf	4:48.51	
10	Grace Moeller	FR St. Olaf	4:49.19	
11	Sky Theodosopolous	FR Macalester	4:49.74	
12	Libby Rowland	SO Carleton	4:52.44	
13	Keiley Maahs	JR St. Benedict	4:52.65	
14	Rainey Tilley	JR Carleton	4:53.34	
15	Nell Schafer	JR Carleton	4:53.94	
16	Molly Kate McCloskey	FR St. Olaf	4:55.78	
17	Maj-Lis Helmer	JR St. Scholast	4:56.25	
18	Nicole Gonzalez	FR St. Olaf	4:58.33	probs 800
19	Katie Gebert	JR St. Olaf	4:58.33	
20	Caitlyn Storley	SO Gustavus Ado	5:01.49	
21	Morgan Dieschbourg	SO Carleton	5:03.75	probs 800
22	Kate Ulrich	SO Carleton	5:05.62	probs 800
23	Natalie Zielsdorf	FR St. Benedict	5:07.16	
24	Elise Yeager	JR St. Benedict	5:09.36	prob 10K
25	Erin Franke	SR Macalester	5:09.65	
26	Annie Jay	SO Carleton	5:11.53	probs 800
27	Alex Cook	SR St. Benedict	5:12.83	probs 800
28	Margo Lewis	SO Carleton	5:13.46	probs 1500
29	Brooklyn Conrad	FR Augsburg	5:14.00	probs 1500
30	Karley Thurston	JR Macalester	5:14.28	probs 1500
31	Ella Krumm	SO Macalester	5:15.26	
32	Sylvia Coyle	SO Macalester	5:15.71	
33	Eva Creighton	FR St. Benedict	5:16.35	
34	Ella Viscontie	FR Carleton	5:19.54	
35	Molly Liston	FR Gustavus Ado	5:20.43	
36	Jenna Terrio	JR St. Scholast	5:22.46	probs 1500 prob 800
37	Sophie Gossard	JR St. Olaf	5:23.80	probs 5K
38	Lydia Gessner	SO Bethel (Minn)	5:24.48	
39	Elsie Hatlevig	FR Concordia-Mo	5:25.07	probs 5K
40	Victoria Dybwad	FR St. Scholast	5:25.40	probs 5K
41	Jesse Colnes	SR Macalester	5:26.76	
42	Tatum Leibke	FR St. Benedict	5:27.76	
43	Lily Hatrick	FR Macalester	5:32.02	
44	Rachel Olinger	FR St. Benedict	5:32.06	
45	Abby Tapajna	FR Hamline	5:35.68	
46	Grace Ivesdal	SR Concordia-Mo	5:49.12	
47	Isabel Kraabel	FR St. Benedict	5:51.61	
48	Olivia Flack	SR St. Benedict	5:55.46	
49	Ayva Burshem	FR St. Benedict	5:57.06	
50	Timea Vrabcova	SO Concordia-Mo	5:59.13	
51	Annabel Lantz	SO Augsburg	6:05.86	
52	Thea Larsson	FR St. Olaf	6:16.03	

Event 11 Women 5000 Meter Run

Name	Year School	Seed	Finals
1	Fiona Smith	JR St. Benedict	16:05.43
2	Clara Mayfield	JR Carleton	16:28.16
3	Sofia Carlson	SO St. Olaf	17:04.03
4	Alison Bode	SO St. Olaf	17:18.65
5	Hannah Preisser	SO Carleton	17:21.94
6	Bella Call	JR St. Olaf	17:41.18
7	Lauren Walda	FR St. Olaf	17:45.27
8	Phoebe Ward	SO Carleton	17:50.01

9	Rainey Tilley	JR Carleton	18:00.07
10	Annie Kiolbasa	JR St. Benedict	18:05.06
11	Evelyn Villalobos	SO Gustavus Ado	18:07.79
12	Maj-Lis Helmer	JR St. Scholast	18:12.57
13	Josie Harms	SO Bethel (Minn)	18:17.46
14	Aliya Larsen	SO Carleton	18:35.24
15	Gracie Johnson	FR Augsburg	18:43.31
16	Gracia Larsen-Schmidt	SO St. Olaf	18:46.91
17	Marte Borgmann	JR Carleton	18:59.03
18	Emily Rugloski	SR Concordia-Mo	19:04.07
19	Anna Decker	SO Bethel (Minn)	19:09.51
20	Elise Yeager	JR St. Benedict	19:16.98
21	Sydney Hagen	SO Gustavus Ado	19:18.70
22	Seneca Norvell	JR St. Olaf	19:21.33
23	Libby Roberdeau	JR Hamline	19:23.74
24	Madison Stackhouse	FR Bethel (Minn)	19:26.32
25	Maggie Votruba	SO Carleton	19:29.29 <i>prob 10K</i>
26	Airial Johnson	SO Concordia-Mo	19:29.37
27	Sylvia Coyle	SO Macalester	19:32.79
28	Erin Franke	SR Macalester	19:37.64
29	Jesse Colnes	SR Macalester	19:39.85
30	Taina Koivisto	SO Gustavus Ado	19:50.29
31	Claire Schoenfield	SO Gustavus Ado	19:56.37
32	Victoria Dybwad	FR St. Scholast	19:58.02
33	Elsie Hatlevig	FR Concordia-Mo	19:58.70 <i>(5K, 1500, 800)</i>
34	Lauren Bitner	JR St. Olaf	20:05.82 <i>prob 10K</i>
35	Sophie Gossard	JR St. Olaf	20:15.85 <i>prob over 1500</i>
36	Abby Tapajna	FR Hamline	20:18.43
37	Cate Gleason	SO St. Olaf	20:23.85 <i>prob 10K</i>
38	Tatum Leibke	FR St. Benedict	20:34.01
39	Kendra Klobe	SO Saint Mary's	20:35.25 <i>prob 10K</i>
40	Abby Rowekamp	SO St. Olaf	20:38.94 <i>prob 10K</i>
41	Hailley Thompson	FR St. Benedict	20:49.88
42	Grace Ivesdal	SR Concordia-Mo	21:01.67
43	Charlotte Adams	SR Hamline	21:05.20

Event 13 Women 10000 Meter Run

Name	Year School	Seed	Finals
1	Fiona Smith	JR St. Benedict	33:23.89
2	Clara Mayfield	JR Carleton	34:08.69
3	Alison Bode	SO St. Olaf	35:59.01
4	Sofia Carlson	SO St. Olaf	36:47.10
5	Lauren Walda	FR St. Olaf	37:14.86
6	Evelyn Villalobos	SO Gustavus Ado	37:44.51
7	Annie Kiolbasa	JR St. Benedict	37:51.68
8	Bridget Tetmeyer	JR St. Benedict	38:23.15
9	Gracia Larsen-Schmidt	SO St. Olaf	39:37.93
10	Marte Borgmann	JR Carleton	39:39.78
11	Maggie Votruba	SO Carleton	40:11.46 <i>prob > 10K</i>
12	Seneca Norvell	JR St. Olaf	40:20.29
13	Libby Roberdeau	JR Hamline	40:28.01
14	Amelia Landsverk	SR Concordia-Mo	41:11.88
15	Laura Hardwick	SO Bethel (Minn)	41:56.49
16	Lauren Bitner	JR St. Olaf	42:06.62 <i>Prob over 1500</i>
17	Cate Gleason	SO St. Olaf	42:36.05 <i>prob 10K</i>
18	Abby Rowekamp	SO St. Olaf	42:43.60 <i>prob 10K</i>
19	Charlotte Adams	SR Hamline	42:48.33
20	Raina Moorjani	SO Bethel (Minn)	43:02.79
21	Kendra Klobe	SO Saint Mary's	44:06.78 <i>prob 10K</i>
22	Erin Franke	SR Macalester	NT <i>made 1500 & 5K</i>
23	Phoebe Ward	SO Carleton	NT 39:02.36
24	Elise Yeager	JR St. Benedict	NT <i>prob 1500</i>
25	Jesse Colnes	SR Macalester	NT <i>made 5K</i>

Event 15 Women 100 Meter Hurdles Prelims

Name	Year School	Seed relim Time
1 Birgen Nelson	SO Gustavus Ado	13.32
2 Kelsie Sealock	SO Bethel (Minn)	13.74
3 Grace Blanchette	JR Carleton	15.25
4 Danielle Miller	SO Gustavus Ado	15.26
5 McKenzie Williams	JR St. Scholast	15.28
6 Rebekah Salfer	SR St. Olaf	15.32
7 Gabby Bodin	JR St. Catherin	15.49
8 Daneyah Hughes	FR Gustavus Ado	15.50
9 Ellie Hernes	FR Bethel (Minn)	15.52
10 Lauren Berg	FR St. Benedict	15.61
11 AnnaGrace Nelson	SO Bethel (Minn)	15.65
12 Peyton Selle	JR Concordia-Mo	15.66
13 Lauren Dimler	FR Gustavus Ado	15.67
14 Burnices Barlue	JR St. Catherin	15.77
15 Nicole Lilleberg	SR Concordia-Mo	15.79
16 Makenna Huetten	SO Gustavus Ado	15.80
17 Justus Floren	SO St. Benedict	15.96
18 Ally Stackhouse	SO Bethel (Minn)	16.13
19 Hannah King	SO Bethel (Minn)	16.64
20 Jenna Kalevik	SO Concordia-Mo	16.69
21 Hailey Scholten	FR Bethel (Minn)	16.93
22 Lily Johnson	SO St. Olaf	16.95
23 Madi Josephson	FR St. Benedict	16.95
24 Lauren Rocheford	FR Gustavus Ado	17.12
25 Alli Joerger	SO Gustavus Ado	17.16
26 Kiernan Darling	SO Concordia-Mo	17.30
27 Claire Keech	FR St. Olaf	17.52
28 Gabrielle Hannah	SO Hamline	17.55
29 Linnea Askegaard	FR St. Olaf	17.70
30 Emma Schuele	FR St. Benedict	17.87
31 Emma Sahly	SO St. Olaf	18.06
32 Lucy Farley	FR St. Benedict	19.61

Event 17 Women 400 Meter Hurdles Prelims

Name	Year School	Seed relim Time
1 Birgen Nelson	SO Gustavus Ado	1:00.19
2 Lauren Berg	FR St. Benedict	1:03.98
3 Rebekah Salfer	SR St. Olaf	1:06.30
4 McKenzie Williams	JR St. Scholast	1:06.32
5 Lauren Rocheford	FR Gustavus Ado	1:06.38
6 Makenna Huetten	SO Gustavus Ado	1:06.78
7 Lauren Dimler	FR Gustavus Ado	1:07.28
8 Jessie Smith	SO Bethel (Minn)	1:08.24
9 Katie Danielzuk	SR Hamline	1:09.29
10 Kelly Lorenz	SR Concordia-Mo	1:10.94
11 Emma Sahly	SO St. Olaf	1:11.84
12 Nicole Lilleberg	SR Concordia-Mo	1:12.66
13 Linnea Askegaard	FR St. Olaf	1:12.71
14 Ellie Selisker	JR St. Benedict	1:13.02
15 Hailey Scholten	FR Bethel (Minn)	1:13.16
16 Madeline Rodriguez	SR Macalester	1:13.21
17 Mikayla Zaske	SO Gustavus Ado	1:13.41
18 Abbie Manhard	FR St. Olaf	1:13.68
19 Sophia Revoir	FR Concordia-Mo	1:13.85
20 Andreiana Aurelius	JR Hamline	1:14.51
21 Ava Shirley	FR St. Olaf	1:15.24
22 Ava Chevalier	FR Concordia-Mo	1:17.68
23 Emma Schuele	FR St. Benedict	1:18.41

Event 19 Women 3000 Meter Steeplechase

Name	Year School	Seed	Finals
1 Christine Albrecht	JR St. Olaf	11:00.02	
2 Sophie McManus	SO Carleton	11:17.82	
3 Grace Moeller	FR St. Olaf	11:23.27	
4 Josie Harms	SO Bethel (Minn)	11:36.37	
5 Emily Rugloski	SR Concordia-Mo	11:45.48	
6 Keiley Maahs	JR St. Benedict	11:51.76	
7 Bridget Tetmeyer	JR St. Benedict	11:55.27	
8 Mary Kenney	FR St. Benedict	12:07.26	
9 Airial Johnson	SO Concordia-Mo	12:23.32	
10 Sydney Hagen	SO Gustavus Ado	12:25.18	
11 Molly Weberg	SO Gustavus Ado	12:29.91	
12 Ava Craven	SO St. Olaf	12:33.08	
13 Anna Hay	FR Bethel (Minn)	12:47.73	
14 Zoe Plechaty	JR St. Olaf	12:51.47	
15 Lauren Tillman	SO Gustavus Ado	12:51.62	
16 Brittany Breed	FR St. Catherin	13:04.96	
17 Brooklyn Conrad	FR Augsburg	13:15.45	
18 Emily Tess	SO St. Benedict	13:38.65	

Event 21 Women 4x100 Meter Relay

School	Seed	Finals
1 Bethel (Minn.) 'A'	47.35	
2 Gustavus Adolphus 'A'	47.50	
3 St. Benedict 'A'	48.88	
4 Carleton 'A'	49.42	
5 St. Catherine (Minn.) 'A'	50.14	
6 Concordia-Moorhead 'A'	50.37	
7 Augsburg 'A'	50.42	
8 St. Olaf 'A'	50.86	
9 Macalester 'A'	50.88	
10 St. Scholastica 'A'	50.89	
11 Hamline 'A'	51.95	

Event 23 Women 4x400 Meter Relay

School	Seed	Finals
1 Bethel (Minn.) 'A'	3:51.10	
2 Carleton 'A'	4:00.89	
3 St. Benedict 'A'	4:01.23	
4 Concordia-Moorhead 'A'	4:02.90	
5 Gustavus Adolphus 'A'	4:03.28	
6 Hamline 'A'	4:03.67	
7 St. Olaf 'A'	4:07.54	
8 St. Scholastica 'A'	4:12.66	
9 Macalester 'A'	4:17.61	
10 St. Catherine (Minn.) 'A'	4:23.43	
11 Saint Mary's (Minn.) 'A'	4:28.33	

Event 25 Women 4x800 Meter Relay

School	Seed	Finals
1 Gustavus Adolphus 'A'	NT	
2 Hamline 'A'	NT	
3 Concordia-Moorhead 'A'	NT	
4 St. Olaf 'A'	NT	
5 Macalester 'A'	NT	

6	Carleton 'A'	NT
7	Saint Mary's (Minn.) 'A'	NT
8	Bethel (Minn.) 'A'	NT
9	St. Catherine (Minn.) 'A'	NT
10	St. Benedict 'A'	NT

Event 27 Women High Jump

Name	Year School	Seed Mark	Finals
1	Glasha Hovey	FR Bethel (Minn)	1.65m
2	Ally Rakow	SO Gustavus Ado	1.60m
3	Justus Floren	SO St. Benedict	1.60m
4	Lindsay Bangs	SO Gustavus Ado	1.55m
5	Erin Beer	SO Gustavus Ado	1.55m
6	AnnaGrace Nelson	SO Bethel (Minn)	1.55m
7	Ellie Selisker	JR St. Benedict	1.54m
8	Grace Blanchette	JR Carleton	1.54m
9	Sarah Beth Hobby	JR Macalester	1.51m
10	Alli Joerger	SO Gustavus Ado	1.50m
11	Jenna Kalevik	SO Concordia-Mo	1.50m
12	Peyton Selle	JR Concordia-Mo	1.50m
13	Gabby Bodin	JR St. Catherin	1.50m
14	Claire Nichols	SR St. Catherin	1.50m
15	Toria Strampe	SO St. Scholast	1.45m
16	Jensen Luehrs	SO Gustavus Ado	1.45m
17	Sofia Fischer	FR St. Scholast	1.45m
18	Hannah Moe	FR Bethel (Minn)	1.43m
19	Lily Johnson	SO St. Olaf	1.39m
20	Summer Kaeppe	FR Gustavus Ado	1.36m
21	Gabrielle Hannah	SO Hamline	1.35m
22	Maddox Lee	FR Gustavus Ado	1.35m
23	Sydney Wgeishofski	FR St. Scholast	1.34m
24	Malori Burmeister	FR Hamline	1.30m

Event 29 Women Pole Vault

Name	Year School	Seed Mark	Finals
1	Jessica Lillard	SO Bethel (Minn)	3.60m
2	Caroline Gearin	JR Saint Mary's	3.60m
3	Caitlin Salfer	SR St. Benedict	3.15m
4	Julia Cordes	SR St. Olaf	3.10m
5	Emily Litton	JR Carleton	3.00m
6	Grace Pierson	SR Hamline	2.96m
7	Lizzie Green	FR Hamline	2.95m
8	Jenna Bunker	SO Gustavus Ado	2.95m
9	Sabrina Buffetta	SO St. Benedict	2.81m
10	Melanie Roberts	JR St. Olaf	2.80m
11	Lillian Selberg	SO Gustavus Ado	2.74m
12	Molly Nelson	FR Bethel (Minn)	2.66m
13	Maddox Lee	FR Gustavus Ado	2.65m
14	Signe Harris	SO Concordia-Mo	2.65m
15	Lily Ramsdell	SO Hamline	2.59m
16	Bria Luepke	FR Hamline	2.51m
17	Roan Boyd	FR Macalester	2.51m
18	Mia Evans	FR Bethel (Minn)	2.36m

Event 31 Women Long Jump

Name	Year School	Seed Mark	Finals
1	Madi Kes	SO Gustavus Ado	5.53m
2	Megan Geraets	SO Gustavus Ado	5.50m
3	Journey Amundson	SR Macalester	5.42m

4	Annika Muller	SR St. Olaf	5.38m
5	Lili Guy	SO Gustavus Ado	5.23m
6	Ellie Hernes	FR Bethel (Minn	5.22m
7	Lauren Dimler	FR Gustavus Ado	5.21m
8	Justus Floren	SO St. Benedict	5.21m
9	Sarrah Lindner	FR Gustavus Ado	5.18m
10	Peyton Selle	JR Concordia-Mo	5.16m
11	Maren Sundberg	FR Gustavus Ado	5.13m
12	Reilee Schepper	SR St. Catherin	5.09m
13	Ellie Selisker	JR St. Benedict	5.09m
14	Claire Nichols	SR St. Catherin	5.01m
15	Ainslee Parker	JR St. Olaf	4.87m
16	Julia Cordes	SR St. Olaf	4.85m
17	Burnices Barlue	JR St. Catherin	4.84m
18	Katie Petersen	SO Gustavus Ado	4.79m
19	Emelia Laryea	FR Gustavus Ado	4.78m
20	Claire Keech	FR St. Olaf	4.75m
21	Bryana Leverentz	SR St. Catherin	4.73m
22	Madi Josephson	FR St. Benedict	4.73m
23	Kiernan Darling	SO Concordia-Mo	4.69m
24	Jenna Kalevik	SO Concordia-Mo	4.65m
25	Sofia Fischer	FR St. Scholast	4.62m
26	Kaitlyn Sautter	FR St. Scholast	4.60m
27	Izzy Christensen	FR St. Benedict	4.57m
28	Jane Sikes	SO St. Olaf	4.47m
29	Lily Ramsdell	SO Hamline	4.44m
30	Danielle Anderson	JR St. Benedict	4.42m
31	Eva McClelland	FR Gustavus Ado	4.35m
32	Biz Valley	SR Hamline	4.20m

Event 33 Women Triple Jump

Name	Year School	Seed Mark	Finals
1	Journey Amundson	SR Macalester	11.96m
2	Madi Kes	SO Gustavus Ado	11.89m
3	Ellie Hernes	FR Bethel (Minn	11.61m
4	Annika Muller	SR St. Olaf	11.45m
5	Lili Guy	SO Gustavus Ado	11.00m
6	Reilee Schepper	SR St. Catherin	10.81m
7	CC Cesare	FR Augsburg	10.77m
8	AnnaGrace Nelson	SO Bethel (Minn	10.73m
9	Sarrah Lindner	FR Gustavus Ado	10.65m
10	Ainslee Parker	JR St. Olaf	10.35m
11	Caylee Greeder	SO Gustavus Ado	10.29m
12	Burnices Barlue	JR St. Catherin	10.08m
13	Toria Strampe	SO St. Scholast	10.02m
14	Bryana Leverentz	SR St. Catherin	10.01m
15	Melanie Roberts	JR St. Olaf	9.97m
16	Mary Wunderlich	SO Concordia-Mo	9.81m
17	Kiernan Darling	SO Concordia-Mo	9.81m
18	Sydney Wgeishofski	FR St. Scholast	9.74m
19	Nicole Lilleberg	SR Concordia-Mo	9.72m
20	Kyra Nichols	SR Concordia-Mo	9.68m
21	Danielle Anderson	JR St. Benedict	9.60m
22	Eva McClelland	FR Gustavus Ado	9.59m
23	Jane Sikes	SO St. Olaf	9.40m
24	Aneleise Martinson	FR Concordia-Mo	9.30m

Event 41 Women Shot Put

Name	Year School	Seed Mark	Finals
1	Annika Poe	SO Gustavus Ado	14.74m
2	Nora Wilhelm	FR Bethel (Minn	12.80m

3	Molly Meyers	SR Hamline	12.55m
4	Kelley Brennan	FR Gustavus Ado	12.38m
5	Aleah Keske	JR St. Olaf	12.29m
6	Samantha Kubes	JR Saint Mary's	12.05m
7	Allyson Kangas	SR Concordia-Mo	11.91m
8	Ellie Biggins	SR Hamline	11.87m
9	Desirae Dates	FR Hamline	11.76m
10	Sydney Jackman	SO Saint Mary's	11.62m
11	Nicole Nelson	SO Gustavus Ado	11.39m
12	Emma Johnson	SO St. Olaf	11.28m
13	Haley Joos	JR St. Benedict	11.26m
14	Sam Hedtke	JR St. Olaf	11.17m
15	Lexi Brainer	SO Hamline	11.14m
16	Daniyah Hughes	FR Gustavus Ado	11.11m
17	Maggie Beckmann	SR St. Benedict	10.96m
18	Chando Horvath	JR St. Catherin	10.86m
19	Alea Al-Juhari	SR St. Olaf	10.78m
20	Ella Engen	FR St. Scholast	10.76m
21	Brooke Tracy	FR Hamline	10.62m
22	Peyton Irsfeld	JR St. Olaf	10.11m
23	Kendall Bechtold	SR St. Benedict	9.99m
24	Anna Speratos	FR Bethel (Minn	9.67m
25	Romona-Shae Blake	FR Hamline	9.51m
26	Brooke Kangas	SO Concordia-Mo	9.40m
27	Cailey Schlosser	SO Concordia-Mo	9.31m
28	Laura Fuller	SO Concordia-Mo	8.96m
29	Liz Hansen	FR St. Benedict	8.61m
30	Ella Boelter	FR Bethel (Minn	7.87m

Event 35 Women Discus Throw

Name	Year School	Seed Mark	Finals
1	Annika Poe	SO Gustavus Ado	41.08m
2	Aleah Keske	JR St. Olaf	41.07m
3	Maggie Beckmann	SR St. Benedict	40.42m
4	Madison Reed	JR Hamline	40.10m
5	Jade Hunt	SO Hamline	39.56m
6	Nora Wilhelm	FR Bethel (Minn	39.12m
7	Daniyah Hughes	FR Gustavus Ado	37.26m
8	Allyson Kangas	SR Concordia-Mo	36.60m
9	Emma Johnson	SO St. Olaf	36.15m
10	Chando Horvath	JR St. Catherin	36.00m
11	Sam Hedtke	JR St. Olaf	35.79m
12	Kaya Gendreau	FR St. Olaf	35.62m
13	Aries Mendez	FR St. Olaf	35.36m
14	Desirae Dates	FR Hamline	35.31m
15	Peyton Irsfeld	JR St. Olaf	35.10m
16	Claire Dummer	SO Concordia-Mo	35.03m
17	Sydney Jackman	SO Saint Mary's	34.75m
18	Samantha Kubes	JR Saint Mary's	34.56m
19	Grace Banse	FR Gustavus Ado	34.45m
20	Ella Engen	FR St. Scholast	34.34m
21	Laura Fuller	SO Concordia-Mo	34.26m
22	Cailey Schlosser	SO Concordia-Mo	34.25m
23	Molly Lukenbill	SO Bethel (Minn	34.11m
24	Lexi Brainer	SO Hamline	34.06m
25	Haley Joos	JR St. Benedict	33.53m
26	Brooke Kangas	SO Concordia-Mo	32.32m
27	Lexi Ellinghuysen	SO Bethel (Minn	31.07m
28	Anna Speratos	FR Bethel (Minn	29.11m
29	Ella Boelter	FR Bethel (Minn	28.97m
30	Alexis Torres	SO St. Benedict	27.18m
31	Anna Schmidt	FR Hamline	26.62m
32	Romona-Shae Blake	FR Hamline	18.83m

Event 37 Women Hammer Throw

Name	Year School	Seed Mark	Finals
1 Lily Beneke	JR St. Scholast	54.28m	
2 Allyson Kangas	SR Concordia-Mo	49.55m	
3 Madison Reed	JR Hamline	47.49m	
4 Samantha Kubes	JR Saint Mary's	47.46m	
5 Maggie Beckmann	SR St. Benedict	47.15m	
6 Molly Lukenbill	SO Bethel (Minn)	45.78m	
7 Kelley Brennan	FR Gustavus Ado	45.75m	
8 Aleah Keske	JR St. Olaf	44.96m	
9 Anna Becker	SO Saint Mary's	43.95m	
10 Nora Wilhelm	FR Bethel (Minn)	43.53m	
11 Lexi Brainer	SO Hamline	43.22m	
12 Chando Horvath	JR St. Catherin	43.07m	
13 Ella Engen	FR St. Scholast	41.70m	
14 Neenah Bosman	SO Carleton	41.54m	
15 Lexi Ellinghuysen	SO Bethel (Minn)	41.06m	
16 Nicole Nelson	SO Gustavus Ado	40.69m	
17 Brooke Kangas	SO Concordia-Mo	40.57m	
18 Kendall Bechtold	SR St. Benedict	40.18m	
19 Haley Joos	JR St. Benedict	39.68m	
20 Brooke Tracy	FR Hamline	39.35m	
21 Emma Johnson	SO St. Olaf	39.06m	
22 Jade Hunt	SO Hamline	38.05m	
23 Desirae Dates	FR Hamline	37.89m	
24 Peyton Irsfeld	JR St. Olaf	37.78m	
25 Kaya Gendreau	FR St. Olaf	36.03m	
26 Anna Speratos	FR Bethel (Minn)	35.77m	
27 Ella Stritesky	FR St. Scholast	34.94m	
28 Laura Fuller	SO Concordia-Mo	34.70m	
29 Skyla Sampson	FR St. Benedict	34.49m	
30 Ella Boelter	FR Bethel (Minn)	33.30m	
31 Cailey Schlosser	SO Concordia-Mo	32.87m	
32 Elise Aslanian	SO St. Olaf	32.06m	
33 Romona-Shae Blake	FR Hamline	31.63m	
34 Alea Al-Juhari	SR St. Olaf	31.59m	
35 Alexis Torres	SO St. Benedict	30.85m	
36 Anna Schmidt	FR Hamline	24.27m	

Event 39 Women Javelin Throw

Name	Year School	Seed Mark	Finals
1 Bryana Leverentz	SR St. Catherin	43.33m	
2 Grace Blanchette	JR Carleton	37.71m	
3 Justus Floren	SO St. Benedict	36.85m	
4 Kelsie Sealock	SO Bethel (Minn)	36.23m	
5 Peyton Selle	JR Concordia-Mo	34.83m	
6 Sarah Beth Hobby	JR Macalester	34.47m	
7 Abbie Swenson	SO Bethel (Minn)	34.30m	
8 Gabby Gromacki	FR Gustavus Ado	32.85m	
9 Elise Aslanian	SO St. Olaf	32.13m	
10 Aubrie Werk	JR Concordia-Mo	31.48m	
11 Regan Anderson	SO Concordia-Mo	31.44m	
12 Alli Joerger	SO Gustavus Ado	31.24m	
13 Jensen Luehrs	SO Gustavus Ado	31.10m	
14 Cailey Schlosser	SO Concordia-Mo	30.90m	
15 Aries Mendez	FR St. Olaf	29.61m	
16 Lexi Ellinghuysen	SO Bethel (Minn)	29.41m	
17 Kaya Gendreau	FR St. Olaf	28.81m	
18 Ella Young	JR St. Benedict	28.03m	
19 Chelsea Hoernemann	SO Gustavus Ado	26.45m	

20	Erin Franke	SR Macalester	26.42m
21	Claire Keech	FR St. Olaf	26.25m
22	Skyla Sampson	FR St. Benedict	25.88m
23	Jordyn Johnson	SO Concordia-Mo	25.39m
24	Laura Fuller	SO Concordia-Mo	24.78m
25	Erin Beer	SO Gustavus Ado	24.76m
26	Isabelle Johnson	FR Concordia-Mo	23.90m
27	Molly Nelson	FR Bethel (Minn)	23.70m
28	Liz Hansen	FR St. Benedict	22.78m
29	Grace Ivesdal	SR Concordia-Mo	19.85m

Event 2 Men 100 Meter Dash Prelims

Name	Year School	Seed relim Time	
1	Kevin Arthur	SO St. John's (10.56
2	Samuel Eben Ebai	SR St. Scholast	10.72
3	Cameron McConnell	SO Bethel (Minn)	10.76
4	Landen Liu	FR Bethel (Minn)	10.78
5	Nolan Morical	SO Concordia-Mo	10.86
6	Matthew Skelly	SO Gustavus Ado	10.94
7	Chris Bulwa	SO Saint Mary's	10.94
8	Godsword Simon	SO Bethel (Minn)	10.95
9	Demetri Lord	JR St. Olaf	10.97
10	Varney Conneh	SR Augsburg	10.98
11	Emanuel Popoca	SO St. John's (11.11
12	Collin Asplin	FR Bethel (Minn)	11.11
13	Oliver Adamson	SO Saint Mary's	11.16
14	Abe Schegel	JR Bethel (Minn)	11.17
15	Dawson Schaffer	JR Concordia-Mo	11.23
16	Ben Kritsberg	FR Saint Mary's	11.25
17	Reece Thomas	SO Hamline	11.28
18	Andrei Pettis	FR Hamline	11.28
19	Levi Korum	SO Bethel (Minn)	11.29
20	Albert Smith	JR Bethel (Minn)	11.39
21	Aidan Morey	FR St. John's (11.40
22	Jordan Petron	SO Concordia-Mo	11.46
23	Jack Fochtman	FR St. Olaf	11.52
24	Zechariah Kyoore	FR Gustavus Ado	11.54
25	Josh Sletta	SO St. John's (11.55
26	Samuel Gwin	FR St. Olaf	11.55
27	Isaac Meyer	FR Gustavus Ado	11.64
28	John Maile	FR St. John's (11.66
29	Adam Collins	SO St. John's (11.71
30	Dominic Flentje	SO Gustavus Ado	11.72
31	Kaedynd Redig	SO St. Scholast	11.74
32	Hugh Shanno	SO Carleton	11.80
33	Jacob Becker	FR St. John's (11.80
34	Carlos Gaye	SO Hamline	12.17
35	Tembo Chilala	SO Concordia-Mo	12.38 <i>peaks 400</i>

Event 4 Men 200 Meter Dash Prelims

Name	Year School	Seed relim Time	
1	Kevin Arthur	SO St. John's (21.15
2	Cal Wright	SR Concordia-Mo	21.33
3	Samuel Eben Ebai	SR St. Scholast	21.62
4	Chris Bulwa	SO Saint Mary's	21.99
5	Wyatt Quiring	JR Gustavus Ado	22.04
6	Nolan Morical	SO Concordia-Mo	22.16
7	Arlo Heitler	SO Macalester	22.19
8	Dawson Schaffer	JR Concordia-Mo	22.52
9	Oliver Adamson	SO Saint Mary's	22.62
10	Collin Asplin	FR Bethel (Minn)	22.68

11	Cameron McConnell	SO Bethel (Minn)	22.68
12	Devin McNearny	SO St. Olaf	22.74
13	Andrei Pettis	FR Hamline	22.75
14	Reece Thomas	SO Hamline	22.82
15	Jordan Petron	SO Concordia-Mo	22.85
16	Seth Zeitchick	SO Gustavus Ado	22.86
17	Varney Conneh	SR Augsburg	22.90
18	Emanuel Popoca	SO St. John's (22.91
19	Jericho Peterson	SR St. Scholast	22.93
20	Tony Haack	FR Bethel (Minn)	22.95
21	John Maile	FR St. John's (23.30
22	Henry Truebenbach	SO St. John's (23.31
23	Samuel Gwin	FR St. Olaf	23.42
24	Peyton Kessel	SO Concordia-Mo	23.45
25	Aidan Morey	FR St. John's (23.46
26	Albert Smith	JR Bethel (Minn)	23.54
27	Jack Fochtman	FR St. Olaf	23.69
28	Josh Sletta	SO St. John's (23.74
29	David Couper	SO Hamline	23.74
30	Hugh Shanno	SO Carleton	23.78
31	Levi Korum	SO Bethel (Minn)	23.81
32	Fritz Landherr	SR Augsburg	23.90
33	Adam Collins	SO St. John's (24.12
34	Gabe Thompson	SO Concordia-Mo	24.21
35	Dominic Flentje	SO Gustavus Ado	24.22
36	Jacob Becker	FR St. John's (24.25
37	Tembo Chilala	SO Concordia-Mo	24.32
38	Michael Broad	SO Gustavus Ado	24.37
39	Hamza Mahamud	FR Macalester	24.81
40	Joseph Beaudette	SO Bethel (Minn)	25.16

Event 6 Men 400 Meter Dash Prelims

Name	Year School	Seed relim Time
1	Jacob Parent	SO Bethel (Minn) 46.97
2	Grant Nelson	FR Bethel (Minn) 48.23
3	Cal Wright	SR Concordia-Mo 48.26
4	Arlo Heitler	SO Macalester 48.28
5	Hayden Gagnon	SR Concordia-Mo 48.66
6	Wyatt Quiring	JR Gustavus Ado 48.90
7	Caden Wheeler	FR St. John's (49.40
8	Sebastian Loder	FR St. Olaf 49.42
9	Noah Kubicek	FR St. Scholast 49.54
10	Seth Zeitchick	SO Gustavus Ado 50.03
11	Liam Kennedy	SO Carleton 50.39
12	Ryan Conzemius	SO St. John's (50.64
13	Jericho Peterson	SR St. Scholast 51.26
14	Trevor Tjongson	SO Concordia-Mo 51.37
15	Agro Gushwa	SO Gustavus Ado 51.37
16	Tony Haack	FR Bethel (Minn) 51.40
17	Tyler Anderson	SO St. Scholast 51.42
18	Simon Zahrbock	SR Concordia-Mo 51.52
19	Peter Oviguan	SO Gustavus Ado 51.60
20	Noah Stageberg	SO Gustavus Ado 52.06
21	Tennessee Fossen	SO Gustavus Ado 52.25
22	Peyton Kessel	SO Concordia-Mo 52.26
23	Fritz Landherr	SR Augsburg 52.52
24	Henry Truebenbach	SO St. John's (52.79
25	Dylan Gast	JR Gustavus Ado 52.84
26	Aiden Langheim	FR St. John's (53.00 <i>prelims 800</i>
27	Tembo Chilala	SO Concordia-Mo 53.14
28	Pierre Deutschlander	SO St. John's (53.37 <i>prelims 400M</i>
29	Lachlan Witt	SR Macalester 53.47
30	Tyler Stursa	SO Gustavus Ado 53.57

31	Hugh Shanno	SO Carleton	53.65
32	Michael Broad	SO Gustavus Ado	54.27
33	Joseph Beaudette	SO Bethel (Minn)	55.01
34	Gabe Thompson	SO Concordia-Mo	55.72 <i>DN-200</i>

Event 8 Men 800 Meter Run Prelims

Name	Year School	Seed relim Time
1 Nathan Clausing	SO St. John's (1:53.38
2 Dillon Diekmann	JR St. John's (1:53.40
3 Will Mattock	SO St. John's (1:54.76
4 Ethan Ash	SO Carleton	1:55.31
5 Getinat Asfaw	JR Augsburg	1:55.71
6 Josh Meier	SO Carleton	1:55.99
7 Markus Rupnow	SO Gustavus Ado	1:56.00
8 Alex Bittner	FR St. Olaf	1:56.27
9 Derek Douglas	SO St. Scholast	1:57.02
10 Penn Sagedahl	JR St. Olaf	1:57.21
11 Samuel Rengo	SO St. John's (1:57.21
12 Tyler Smith	SO Gustavus Ado	1:57.25
13 Sean Hartney	SO St. Olaf	1:57.29
14 Mark Rud	FR Gustavus Ado	1:57.45
15 Alexei Hensel	SO St. John's (1:58.69
16 Blake Fuller	SO Gustavus Ado	1:58.74
17 Lance Nemecek	FR St. Olaf	1:58.78
18 Jake Wielgos	SO Gustavus Ado	1:59.06
19 Sakariya Hussien	SR Augsburg	1:59.09
20 Solomon Johnson	SR Concordia-Mo	1:59.38
21 Jackson Marsh	SO St. Olaf	1:59.38
22 Jeremy Fong	JR Carleton	1:59.58
23 Jack Marble	SO Gustavus Ado	1:59.65
24 Aidan Mackie	FR St. Olaf	2:00.56
25 Owen Chamberlin	FR St. Olaf	2:00.65
26 Brock Adams	SO Macalester	2:01.77
27 Aidan Thomas	SO St. John's (2:01.80
28 Aiden Langheim	FR St. John's (2:01.85 <i>DN-400</i>
29 Marcus Hansen	SO Gustavus Ado	2:02.07
30 Bereket Wondimu	JR Augsburg	2:02.51
31 Noah Massanari	JR St. Olaf	2:02.66 <i>DN-1500</i>
32 Daniel Hage	JR Bethel (Minn)	2:03.35
33 Colin Morefield	SR Macalester	2:03.41
34 Aidan Appel	SO Macalester	2:03.49
35 Jacob Lipke	SO St. John's (2:03.51
36 Thomas Malecha	FR Macalester	2:03.88 <i>DN-400H</i>
37 Zander Gallmeier	FR Concordia-Mo	2:04.55 <i>DN-1500</i>
38 Sam Marble	SO Gustavus Ado	2:04.68
39 Lachlan Witt	SR Macalester	2:05.13
40 Austin Otier	SO Bethel (Minn)	2:05.47
41 Parker Koland	FR St. John's (2:05.78
42 Lucas Hinojos	JR Concordia-Mo	2:06.35
43 Thomas Nemanich	SO St. John's (2:07.65 <i>DN-1500</i>
44 Khadar Muhumed	FR Hamline	2:09.20
45 Evan Grover	FR Concordia-Mo	2:09.95 <i>DN-1500</i>
46 Samuel Rabaey	SO St. John's (2:10.43
47 Peter Rachlin	SR Macalester	2:11.26
48 Joseph Kubly	FR Augsburg	2:12.75
49 Joseph Coffey	FR St. John's (2:18.95
50 Andrew Karn	FR St. John's (2:20.24
51 Cameron Regan	SR Hamline	2:28.38

Event 10 Men 1500 Meter Run Prelims

Name	Year School	Seed relim Time
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1	Gabe Nichols	FR Carleton	3:53.81	
2	Lloyd Young	SO St. John's (3:54.98	
3	Sean Hartney	SO St. Olaf	3:57.21	
4	Mitchell Grand	SO St. John's (3:58.42	
5	Roy Llewellyn	FR Carleton	3:58.83	
6	Tor Olsson	SO Macalester	3:59.09	
7	Lars DeWall	JR St. Scholast	3:59.31	
8	Elijah Jones	JR Carleton	3:59.32	
9	Olaf Coffey	SO St. Olaf	3:59.55	
10	Julian Munoz	JR St. Olaf	3:59.95	
11	Reece McKee	SO Macalester	4:00.89	
12	Kevin Turlington	FR St. Olaf	4:01.13	
13	Getinat Asfaw	JR Augsburg	4:01.33	
14	Jackson Marsh	SO St. Olaf	4:01.58	
15	Eli Doran	FR St. Olaf	4:01.79	
16	Sakariya Hussien	SR Augsburg	4:02.26	
17	Tucker Wallin	SO Gustavus Ado	4:02.94	
18	Carson Roehl	SO Gustavus Ado	4:03.88	
19	Daniel Kloepfner	SO St. John's (4:04.74	
20	Noah Massanari	JR St. Olaf	4:05.01	
21	Aiden Chalmers	FR St. John's (4:06.37	
22	Joe Madell	SO Macalester	4:06.40	
23	Cole Peske	SR Macalester	4:07.38	
24	Luke Peterson	SO Bethel (Minn	4:07.79	
25	Lucas LiaBraaten	FR Hamline	4:08.47	
26	Brock Adams	SO Macalester	4:08.82	
27	Emerson Lange	FR Carleton	4:09.97	
28	Owen Chamberlin	FR St. Olaf	4:10.24	
29	Henry Hinchcliffe	SO Gustavus Ado	4:10.37	
30	Grant Graber	SO Bethel (Minn	4:10.77	
31	Brock Lawhead	JR St. Olaf	4:11.61	prefs over 10%
32	Alex Fendig	JR Macalester	4:13.00	
33	Aidan Appel	SO Macalester	4:14.17	over 10%
34	Jordan Galloway	FR Macalester	4:14.74	
35	Avery Watts	JR Carleton	4:15.62	
36	Jackson Miest	SO Gustavus Ado	4:16.06	
37	Aidan Thomas	SO St. John's (4:17.51	prefs 800
38	Henry Nelson	FR Augsburg	4:20.95	
39	Joseph Kubly	FR Augsburg	4:23.60	
40	Peter Rachlin	SR Macalester	4:25.10	
41	Austin Otier	SO Bethel (Minn	4:25.30	
42	Parker Koland	FR St. John's (4:25.41	prefs 800
43	Zander Gallmeier	FR Concordia-Mo	4:26.32	
44	Bereket Wondimu	JR Augsburg	4:28.63	
45	Carter Ferber	FR Concordia-Mo	4:28.83	
46	Nicholas Merickel	SO St. John's (4:30.97	
47	Alex Skinner	SO St. John's (4:32.11	prefs 800 SK
48	Khadar Muhumed	FR Hamline	4:32.20	
49	Dylan Bartness	SO St. John's (4:34.60	prefs SK
50	David Price	SO Bethel (Minn	4:35.81	
51	William Saari	SO Hamline	4:36.23	
52	Evan Grover	FR Concordia-Mo	4:40.39	
53	Andrew Karn	FR St. John's (4:44.63	
54	Samuel Rabaey	SO St. John's (4:44.65	
55	Joseph Coffey	FR St. John's (4:47.72	
56	Jack Gitter	FR St. John's (4:59.72	

Event 12 Men 5000 Meter Run

Name	Year School	Seed	Finals
1	Logan Bocovich	JR St. Olaf	14:01.17
2	Will Kelly	JR St. Olaf	14:15.81
3	Mohammed Bati	FR Augsburg	14:32.98
4	Lloyd Young	SO St. John's (14:38.64

5	Roy Llewellyn	FR Carleton	14:52.29
6	Henry Bowman	JR Carleton	14:52.96
7	Gabe Nichols	FR Carleton	14:53.21
8	Kevin Turlington	FR St. Olaf	14:53.84
9	Aidan St George	SO Bethel (Minn)	14:53.88
10	Anders Cote	JR St. Olaf	14:54.16
11	Lars DeWall	JR St. Scholast	14:56.13
12	Andrew Skemp	SO St. Olaf	14:59.86
13	Eamon Cavanaugh	SO St. John's (15:11.00 (15:34.64)
14	David Lynn	JR St. Olaf	15:13.05 (15:33.53) change
15	Ben Crotteau	SO Macalester	15:16.50
16	Nick Ihrke	SO Macalester	15:20.24 (15:32.64) change
17	Julian Munoz	JR St. Olaf	15:20.39
18	Logan McCullough	SO Gustavus Ado	15:25.87
19	Reese Thompson	SO Bethel (Minn)	15:26.34
20	Elijah Jones	JR Carleton	15:28.57
21	Parker Max	FR St. Olaf	15:29.35
22	Tyler Edwards	FR Macalester	15:33.61
23	Derk Lyford	JR St. Olaf	15:35.62
24	Henry Hinchcliffe	SO Gustavus Ado	15:39.02
25	Ben Aoki-Sherwood	JR Carleton	15:44.63
26	Aric Brodie	SR Hamline	15:44.97
27	Grant Graber	SO Bethel (Minn)	15:45.99
28	Cole Peske	SR Macalester	15:46.57
29	Aiden Chalmers	FR St. John's (15:46.87
30	Trevor LaVigne	SO Gustavus Ado	15:52.36
31	Lucas LiaBraaten	FR Hamline	15:54.09
32	Aidan Appel	SO Macalester	15:54.25
33	Jacob Gathje	SO St. John's (15:55.08
34	Jordan Galloway	FR Macalester	15:56.33 (16:03.92) probus on Wkt
35	Alex Fendig	JR Macalester	16:02.88
36	Andrew Jamison	FR Carleton	16:13.47
37	Brock Adams	SO Macalester	16:15.35
38	Avery Watts	JR Carleton	16:26.28
39	Ryan Bernstein	FR Carleton	16:27.92
40	Carter Ferber	FR Concordia-Mo	16:34.20
41	Habetamu Abide	FR Bethel (Minn)	16:34.64
42	Ethan Leonard	SO St. John's (16:35.27
43	Gabriel Bickerstaff	SR Saint Mary's	16:35.36
44	Dylan Bartness	SO St. John's (16:43.88
45	William Saari	SO Hamline	16:44.56
46	Alex Skinner	SO St. John's (16:52.10
47	Sam Morris	JR Saint Mary's	17:15.55
48	Evan Dallas	FR Bethel (Minn)	18:27.94
49	Kedran St. George	FR Bethel (Minn)	18:47.51

Event 14 Men 10000 Meter Run

Name	Year School	Seed	Finals
1	Logan Bocovich	JR St. Olaf	29:35.40
2	Henry Bowman	JR Carleton	30:40.45
3	Andrew Skemp	SO St. Olaf	30:45.97
4	Kevin Montresor	JR St. Olaf	31:45.20
5	Mohammed Bati	FR Augsburg	31:45.52
6	Aidan St George	SO Bethel (Minn)	31:52.95
7	Logan McCullough	SO Gustavus Ado	32:12.37
8	Ben Aoki-Sherwood	JR Carleton	32:22.47
9	Gael Manzur Strandlund	FR St. Olaf	32:22.86
10	Jacob Gathje	SO St. John's (34:49.01 (32:54.10)
11	Soren Sackreiter	FR Gustavus Ado	34:57.73 (34:31.40) SK
12	Gabriel Bickerstaff	SR Saint Mary's	35:58.24 probus/lot
13	Sam Morris	JR Saint Mary's	NT probus/SK
14	Eamon Cavanaugh	SO St. John's (NT 32:44.94
15	Andrew Jamison	FR Carleton	NT 34:38.36

9-16	Jonathan Pattie	no	FR St. Olaf	NT (34:34.7)
17	Mauricio Vite		JR St. Olaf	NT (34:26.2)
18	David Lynn		JR St. Olaf	NT (32:39.3)
19	Nick Ihrke		SO Macalester	NT (32:44.71)
20	Angelo Fiataruolo		FR St. Olaf	NT (34:00.3)
21	Jordan Galloway		FR Macalester	NT 34:01.76
22	Aidan Appel		SO Macalester	NT made Sk
23	Carter Ferber		FR Concordia-Mo	NT 35:22.62 out 1500
24	Brock Lawhead		JR St. Olaf	NT (34:08.6) paces 1500 and 10k

18

Event 16 Men 110 Meter Hurdles Prelims

Name	Year School	Seed relim Time
1	Lucas Kramarczuk	JR St. Olaf 14.40
2	Josh Sampson	SO Bethel (Minn) 14.44
3	David Myres	SO Bethel (Minn) 15.26
4	Demetri Lord	JR St. Olaf 15.27
5	Pryce Ferrin	FR Bethel (Minn) 15.52
6	Max Lelwica	SO St. John's (15.74
7	Logan Clark	FR Concordia-Mo 15.89
8	Wade Rhonemus	JR Concordia-Mo 16.16
9	Micah Smith	JR Bethel (Minn) 16.17
10	Connor McCormick	FR Gustavus Ado 16.23
11	Matthew Nissen	JR St. Olaf 16.38
12	Sam Schulze	SO Gustavus Ado 16.40
13	Josh Lee	SO Bethel (Minn) 16.41
14	Hamza Mahamud	FR Macalester 16.53
15	Trajen Clayton	FR Augsburg 16.55
16	Sebastian Stefanowicz	FR Macalester 16.63
17	Riley Buxell	FR St. John's (16.72
18	Aiden Blaeser	FR St. John's (16.99
19	Will Skemp	FR St. Olaf 17.01
20	Jackson Bassett	SO St. Olaf 17.65
21	Aaron Elseth	FR Bethel (Minn) 17.81
22	Aki Wada	FR Macalester 18.47

Event 18 Men 400 Meter Hurdles Prelims

Name	Year School	Seed relim Time
1	Joel Smith	JR Bethel (Minn) 52.33
2	David Myres	SO Bethel (Minn) 54.70
3	Brady Labine	SR St. John's (54.77
4	Josh Thomsen	SO Hamline 54.94
5	Jeff Wang	SO Macalester 55.77
6	Trokon Karngar	JR Bethel (Minn) 55.98
7	Caleb Meeker	SO Bethel (Minn) 58.43
8	Aiden Blaeser	FR St. John's (59.10
9	Sam Schulze	SO Gustavus Ado 59.26
10	Mason Bosley	SR Macalester 59.37
11	Henry Schonebaum	FR Macalester 59.38
12	Caleb Karg	FR Concordia-Mo 59.56
13	Tyler Gunderson	SO St. Olaf 59.59
14	Reese Anderson	FR Carleton 59.71
15	Riley Buxell	FR St. John's (1:00.04
16	Charles Ellis	SO St. John's (1:00.07
17	Will Skemp	FR St. Olaf 1:00.24
18	Aki Wada	FR Macalester 1:00.77
19	Grant Baker	SO Gustavus Ado 1:00.99
20	Trajen Clayton	FR Augsburg 1:01.07
21	Micah Smith	JR Bethel (Minn) 1:01.16
22	Calvin Moeller	SO Gustavus Ado 1:01.22
23	Pierre Deutschlander	SO St. John's (1:01.76 paces over 400
24	Thomas Malecha	FR Macalester 1:01.85

25	Jackson Bassett	SO St. Olaf	1:02.18
26	Raul Ortiz	SO Hamline	1:02.77
27	Tison Werner	FR Gustavus Ado	1:02.90

Event 20 Men 3000 Meter Steeplechase

Name	Year School	Seed	Finals
1	Will Kelly	JR St. Olaf	8:58.95
2	Carter Grove	SO St. John's (9:19.24
3	Anders Cote	JR St. Olaf	9:24.24
4	Reece McKee	SO Macalester	9:37.61
5	Tanner Olson	SR Concordia-Mo	9:41.04
6	Gabe Estrada	JR St. Olaf	9:44.00
7	Reese Thompson	SO Bethel (Minn	9:45.84
8	Derk Lyford	JR St. Olaf	9:47.19
9	Jack Deaver	FR St. Olaf	9:50.09
10	Aric Brodie	SR Hamline	9:54.58
11	Trevor LaVigne	SO Gustavus Ado	9:55.34
12	Brett Hanley	SO Carleton	10:00.12
13	Joseph Gathje	SO St. John's (10:09.06
14	Gavin Groshelle	FR Concordia-Mo	10:09.43
15	Jonah Kalsnes	SO Gustavus Ado	10:10.53
16	Joe Lee	SO Concordia-Mo	10:11.95
17	Lucas LiaBraaten	FR Hamline	10:12.71
18	Emerson Lange	FR Carleton	10:15.77
19	Alex Fendig	JR Macalester	10:16.22
20	Thomas Nemanich	SO St. John's (10:22.73 <i>out 800</i>
21	Ethan Leonard	SO St. John's (10:26.44 <i>out 579</i>
22	Nick Trzynka	SO Concordia-Mo	10:31.05
23	Will Janzen	FR Gustavus Ado	10:40.21
24	Aaron Puent	SR Augsburg	11:11.80

Event 22 Men 4x100 Meter Relay

School	Seed	Finals
1	Bethel (Minn.) 'A'	41.13
2	St. John's (Minn.) 'A'	41.24
3	Saint Mary's (Minn.) 'A'	42.01
4	St. Scholastica 'A'	42.81
5	Gustavus Adolphus 'A'	42.90
6	St. Olaf 'A'	43.00
7	Concordia-Moorhead 'A'	43.19
8	Hamline 'A'	43.50
9	Macalester 'A'	45.32

Event 24 Men 4x400 Meter Relay

School	Seed	Finals
1	Bethel (Minn.) 'A'	3:12.40
2	St. John's (Minn.) 'A'	3:19.85
3	St. Olaf 'A'	3:21.57
4	Concordia-Moorhead 'A'	3:22.05
5	Saint Mary's (Minn.) 'A'	3:22.47
6	Gustavus Adolphus 'A'	3:23.30
7	St. Scholastica 'A'	3:23.90
8	Carleton 'A'	3:24.23
9	Macalester 'A'	3:27.88
10	Augsburg 'A'	3:33.28
11	Hamline 'A'	3:33.86

Event 26 Men 4x800 Meter Relay

School	Seed	Finals
1 St. John's (Minn.) 'A'	7:42.87	
2 Gustavus Adolphus 'A'	7:51.86	
3 Augsburg 'A'	NT	
4 Macalester 'A'	NT	
5 St. Scholastica 'A'	NT	
6 St. Olaf 'A'	NT	
7 Concordia-Moorhead 'A'	NT	
8 Carleton 'A'	NT	
9 Bethel (Minn.) 'A'	NT	

Event 28 Men High Jump

Name	Year School	Seed Mark	Finals
1 Danny Bies	SO Gustavus Ado	1.95m	
2 Alec Ungar	SO St. John's (1.91m	
3 Michael Braun	SO Hamline	1.91m	
4 Hayden Gagnon	SR Concordia-Mo	1.91m	
5 Anthony Marsh	SO Concordia-Mo	1.89m	
6 Anthony Thurk	SO St. John's (1.85m	
7 Alec Braun	SO Bethel (Minn	1.85m	
8 Simon Swenson	FR Bethel (Minn	1.85m	
9 Max Lelwica	SO St. John's (1.83m	
10 Alex Seiler	SO St. John's (1.83m	
11 Aravindh Subramanian	JR Carleton	1.80m	
12 Andrew Cogley	SO St. Olaf	1.80m	
13 Ethan Cline-Cole	SO Carleton	1.75m	
14 Iain Lee	FR Hamline	1.71m	
15 Logan Sullivan	SO Gustavus Ado	1.70m	

Event 30 Men Pole Vault

Name	Year School	Seed Mark	Finals
1 Joseph Charbonneau	SO St. John's (4.72m	
2 Dylan Arnold	SO St. Olaf	4.67m	
3 Kole Guth	FR St. John's (4.60m	
4 Aidan Gatz	SO Saint Mary's	4.56m	
5 Samuel Gardeen	SO Bethel (Minn	4.40m	
6 Daniel Eickhoff	SO St. John's (4.30m	
7 Mason DeGross	SO St. John's (4.22m	
8 Wade Rhonemus	JR Concordia-Mo	4.20m	
9 Max Doom	SO St. John's (4.17m	
10 Abe Schegel	JR Bethel (Minn	4.10m	
11 Oliver Engstrom	FR Hamline	4.02m	
12 Josh Johnston	FR St. John's (3.95m	
13 Lars Askegaard	SR St. Olaf	3.95m	
14 Joe Ream	FR Gustavus Ado	3.95m	
15 Andrew Adams	SO St. John's (3.92m	
16 Jack Cella	FR Concordia-Mo	3.86m	
17 Erik Walker	SO Gustavus Ado	3.82m	
18 Tim Adams	SO Carleton	3.82m	
19 Logan Marzinske	SO Gustavus Ado	3.80m	
20 Connor McCormick	FR Gustavus Ado	3.65m	
21 Forest Menter	FR St. Olaf	3.65m	
22 Rayan Elahi	JR St. Olaf	3.50m	
23 Luke Daenzer	FR Bethel (Minn	3.35m	
24 Aiden Mikla	SO Gustavus Ado	3.35m	
25 Joe Schmidt	SO Gustavus Ado	3.27m	

Event 32 Men Long Jump

Name	Year School	Seed Mark	Finals
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1	Zach Schaffer	FR St. John's (6.83m
2	Lucas Kramarczuk	JR St. Olaf	6.73m
3	Grant Nelson	FR Bethel (Minn	6.69m
4	Eh Ler Moo	SO St. Olaf	6.61m
5	Antonio Cisewski	SO Saint Mary's	6.56m
6	Simon Swenson	FR Bethel (Minn	6.56m
7	Caleb Williams	JR Macalester	6.46m
8	Wade Rhonemus	JR Concordia-Mo	6.45m
9	Anthony Thurk	SO St. John's (6.41m
10	Demetri Lord	JR St. Olaf	6.40m
11	Isaiah Subah	SO Gustavus Ado	6.32m
12	Alec Ungar	SO St. John's (6.32m
13	Josh Charlton	SO St. Olaf	6.31m
14	Weston Stroschein	SO St. Scholast	6.25m
15	Riley Hodin	SO Macalester	6.23m
16	Dan Cooper	JR Saint Mary's	6.16m
17	Teris Watson	FR Hamline	6.15m
18	Abe Schegel	JR Bethel (Minn	6.14m
19	Anthony Marsh	SO Concordia-Mo	6.11m
20	Nick Hermes	SO Concordia-Mo	6.10m
21	Kevin Wang	FR Macalester	6.04m
22	Iain Lee	FR Hamline	5.90m
23	Gavin LaMott	SO St. John's (5.89m
24	Spencer Pearson	FR Gustavus Ado	5.86m
25	Theo Demetriades	FR Carleton	5.86m
26	Joe Collins	FR Hamline	5.45m

Event 34 Men Triple Jump

Name	Year School	Seed Mark	Finals
1	Lucas Kramarczuk	JR St. Olaf	14.07m
2	Elijah Wade	SO St. John's (13.73m
3	Caleb Williams	JR Macalester	13.58m
4	Michael Braun	SO Hamline	13.57m
5	Riley Hodin	SO Macalester	13.56m
6	Simon Swenson	FR Bethel (Minn	13.27m
7	Alex Crnkovich	SO St. John's (13.19m
8	Anthony Thurk	SO St. John's (12.89m
9	Zach Schaffer	FR St. John's (12.86m
10	Brady Johnson	SO Saint Mary's	12.83m
11	Spencer Pearson	FR Gustavus Ado	12.54m
12	Ethan Cline-Cole	SO Carleton	12.24m
13	Gabe Thompson	SO Concordia-Mo	12.23m
14	Justin Veimau	JR Macalester	12.21m
15	Sebastian Stefanowicz	FR Macalester	12.19m
16	Sean Souksavath	JR St. Olaf	12.15m
17	Dan Cooper	JR Saint Mary's	12.11m
18	Iain Lee	FR Hamline	11.43m
19	Kevin Wang	FR Macalester	11.39m

Event 42 Men Shot Put

Name	Year School	Seed Mark	Finals
1	Trent Beseth	SO St. Scholast	15.28m
2	Cade Feist	SO St. Olaf	15.18m
3	Grant Steger	JR St. Scholast	14.70m
4	Jaeden Frost	SO St. John's (14.68m
5	Andrew Mollison	JR St. Olaf	14.52m
6	Arnauld Dedry	JR St. Olaf	13.77m
7	Adam Hokanson	FR Bethel (Minn	13.76m
8	Trajan Kaeppe	SO Gustavus Ado	13.22m
9	Kaleb DeWall	SO St. John's (13.13m

10	Eli Spurgeon	FR Gustavus Ado	12.99m
11	Evan Larsen	SO Bethel (Minn	12.85m
12	Ryan Edelman	FR St. Olaf	12.69m
13	Eli Mollet	JR St. John's (12.64m
14	Trevor Wellman	SO Bethel (Minn	12.64m
15	Austin Mills	FR Macalester	12.42m
16	Dominik Hillstrom	SO Concordia-Mo	12.39m
17	Eli Olson	FR St. John's (11.79m
18	Jon Davis	FR St. John's (11.72m
19	Jakob Brown	SO Concordia-Mo	11.61m
20	Callim Schmitz	FR Gustavus Ado	11.44m
21	Max Menache	SO Macalester	11.44m
22	Jacob Oachs	SO Bethel (Minn	10.25m
23	Dylan Delaske	SO Bethel (Minn	7.46m

Event 36 Men Discus Throw

Name	Year School	Seed Mark	Finals
1	Trent Beseth	SO St. Scholast	48.30m
2	Evan Larsen	SO Bethel (Minn	45.68m
3	Ryan Edelman	FR St. Olaf	45.13m
4	Max Menache	SO Macalester	44.35m
5	Jaeden Frost	SO St. John's (44.25m
6	Ricky Ramirez	SO Concordia-Mo	42.99m
7	Grant Steger	JR St. Scholast	42.93m
8	Victor Wright	SR Macalester	42.25m
9	Arnauld Dedry	JR St. Olaf	42.12m
10	Zach Stordahl	SO Gustavus Ado	41.19m
11	Eli Mollet	JR St. John's (40.68m
12	Austin Mills	FR Macalester	40.61m
13	Cade Feist	SO St. Olaf	39.80m
14	Dominik Hillstrom	SO Concordia-Mo	39.03m
15	Joseph Mensen	SO St. John's (38.77m
16	Adam Hokanson	FR Bethel (Minn	38.72m
17	Tom Kuriscak	FR St. John's (38.62m
18	Eli Spurgeon	FR Gustavus Ado	37.36m
19	Arthur Fahnbulleh	FR Concordia-Mo	36.59m
20	Kaleb DeWall	SO St. John's (36.13m
21	Casen Fritz	SO Saint Mary's	35.42m
22	Galen McGlynn	FR St. Olaf	34.81m
23	Carter Kienholz	SO Hamline	34.32m
24	Jakob Brown	SO Concordia-Mo	31.33m
25	Jacob Oachs	SO Bethel (Minn	29.49m
26	Dylan Delaske	SO Bethel (Minn	19.17m

Event 38 Men Hammer Throw

Name	Year School	Seed Mark	Finals
1	Joshua Beiswanger	SO Gustavus Ado	57.93m
2	Evan Larsen	SO Bethel (Minn	51.53m
3	Jaeden Frost	SO St. John's (48.09m
4	Grant Steger	JR St. Scholast	47.40m
5	Max Menache	SO Macalester	46.97m
6	Joseph Mensen	SO St. John's (46.55m
7	Ryan Edelman	FR St. Olaf	46.36m
8	Eli Mollet	JR St. John's (45.40m
9	Casen Fritz	SO Saint Mary's	45.02m
10	Adam Hokanson	FR Bethel (Minn	43.71m
11	Zach Stordahl	SO Gustavus Ado	43.70m
12	Victor Wright	SR Macalester	43.45m
13	Cade Feist	SO St. Olaf	43.25m
14	Arnauld Dedry	JR St. Olaf	43.07m
15	Trent Beseth	SO St. Scholast	41.79m

16	Tom Kuriscak	FR St. John's (41.76m
17	Brett Hague	SO St. John's (41.59m
18	Galen McGlynn	FR St. Olaf	39.15m
19	Jon Davis	FR St. John's (39.02m
<u>20</u>	Dominik Hillstrom	SO Concordia-Mo	37.27m
21	Austin Mills	FR Macalester	37.23m
22	Jacob Oachs	SO Bethel (Minn	35.21m
23	Keenan Turqueza	FR St. John's (33.14m
24	Jakob Brown	SO Concordia-Mo	32.98m

Event 40 Men Javelin Throw

Name	Year School	Seed Mark	Finals
1	Brett Hague	SO St. John's (68.10m
2	Ian Mortensen	SO Carleton	54.24m
3	Noah Eckersley-Ray	JR Carleton	53.56m
4	Logan Hennen	SO St. John's (52.91m
5	Alijah Cruel	FR St. Olaf	49.80m
6	Mitchell Degen	FR St. John's (49.57m
7	Aiden Yang	SO Macalester	48.19m
8	Carter McEachern	FR St. John's (48.11m
9	Andrew Cogley	SO St. Olaf	47.14m
10	Peter Oviguan	SO Gustavus Ado	46.88m
11	Mason Bosley	SR Macalester	46.02m
12	Caleb Meeker	SO Bethel (Minn	45.69m
13	Layton Borst	SO St. Olaf	45.10m
14	Micah Smith	JR Bethel (Minn	43.81m
15	Simon Sotiropoulos	SO St. Scholast	43.35m
16	Trevor Wellman	SO Bethel (Minn	42.69m
17	Jack Meyer	SO St. John's (41.94m
18	Niko Lutkauskas	FR St. Scholast	41.68m
19	Gael Ramirez	SO Bethel (Minn	41.57m
<u>20</u>	Carter Kienholz	SO Hamline	41.51m
21	Sam Mollet	FR St. John's (40.06m
22	Galen McGlynn	FR St. Olaf	39.68m
23	Max Thomas	FR St. Olaf	38.83m
24	Joe Schmidt	SO Gustavus Ado	38.39m
25	Brandon Kallstrom	SO Bethel (Minn	36.74m

Timestamp	Email Address	Your Name	athlete name	athlete gender	School	Please describe the event preferences for said athlete
5/8/2023 20:03:46	andrew-rock@bethel.edu	Andrew Rock	Abbie Swenson	Female	Bethel	Abbie needs to be in flight 1 because of a conflict with 400 meter prelim
5/8/2023 20:04:43	andrew-rock@bethel.edu	Andrew Rock	Ellie Hernes	Female	Bethel	Ellie needs to be in flight 2 of triple jump because of conflict with 100H final
5/8/2023 20:05:19	andrew-rock@bethel.edu	Andrew Rock	AnnaGrace Nelson	Female	Bethel	AnnaGrace needs to be in flight 2 of T.J because of 100H final conflict.
5/8/2023 20:10:19	tbouchie@css.edu	Todd Bouchie	Victoria Dybwad	Female	St. Scholastica	In the case that Victoria is accepted for entry in both the 5000 and the 1500, please keep her in the 5000 and remove her from the 1500.
5/8/2023 20:11:49	tbouchie@css.edu	Todd Bouchie	Jenna Terrio	Female	St. Scholastica	In the case that Jenna is accepted for entry in both the 1500 and the 800, please keep her in the 1500 and remove her from the 800.
5/8/2023 21:25:31	nharder@gustavus.edu	Nathan Harder	Megan Gareats	Female	Gustavus Adolphus	First flight of LJ - Also runs the 200.
5/8/2023 22:24:02	jeremykg@csbsju.edu	Jeremy KG	Aidan Thomas	m	Saint John's	1st Choice=800; 2nd choice =1500
5/8/2023 22:25:46	jeremykg@csbsju.edu	Jeremy KG	Parker Koland	m	Saint John's	1st choice = 800; 2nd choice = 1500
5/8/2023 22:29:31	jeremykg@csbsju.edu	Jeremy KG	Tom Nemanich	m	Saint John's	1st choice= steeple; 2nd choice = 800
5/8/2023 22:31:17	jeremykg@csbsju.edu	Jeremy KG	Alex Skinner	m	Saint John's	1st choice = 5k, 2nd choice= 1500
5/8/2023 22:32:30	jeremykg@csbsju.edu	Jeremy KG	Dylan Barthness	m	Saint John's	1st choice= 5k, 2nd choice= 1500
5/8/2023 22:36:32	jeremykg@csbsju.edu	Jeremy KG	Jacob Gathie	m	Saint John's	1st choice=10k (convert 15:55.08 from St. Thomas May 3 to 33:59.10); 2nd choice= 5k.
5/8/2023 22:40:27	jeremykg@csbsju.edu	Jeremy KG	Eamon Cavanaugh	m	Saint John's	10k: Convert 15:11.00 from Platteville, April 14th to 32:44.99. 5k: Use 15:34.69 from Wartburg on April 1.
5/8/2023 22:41:56	jeremykg@csbsju.edu	Jeremy	Tom Nemanich	m	Saint John's	1st choice= steeple, 2nd choice= 800.
5/8/2023 22:42:33	jeremykg@csbsju.edu	Jeremy	Ethan Leonard	m	saint john's	1st choice= steeple, 2nd choice = 5k
5/8/2023 22:43:45	jeremykg@csbsju.edu	Jeremy	Aiden Langheim	m	saint john's	1st choice =800, 2nd choice= 400
5/8/2023 22:44:37	jeremykg@csbsju.edu	Jeremy	Pierre Deutschlander	m	saint john's	1st choice= 400 hurdles, 2nd choice= 400
5/8/2023 22:46:29	jeremykg@csbsju.edu	jeremy	Parker Koland	m	Saint John's	1st choice= 800, 2nd choice= 1500
5/9/2023 9:45:41	rbalderlano@csbsju.edu	Robin Balder-Lanoue	Ellie Selisker	Female	College of Saint Benedict	College of Saint Benedict Flight 1 in LJ for Ellie, she has the 400h conflict
5/9/2023 9:53:59	rbalderlano@csbsju.edu	Robin Balder-Lanoue	Alex Cook	Female	College of Saint Benedict	Elise prefers the 1500 over the 10k. Her conversion 10k conversion would be 41:57.5
5/9/2023 10:04:48	rbalderlano@csbsju.edu	Robin Balder-Lanoue	Elise Yeager	Female	Saint Benedict	USE THIS ONE - Prefer 1500 over 800, however if Katie Gebert does not get in as 9th runner in 1500, Nicole Gonzalez preferred in 800 (both Gebert and Gonzalez have SAME TIME).
5/9/2023 10:50:08	laufen1@siotlaf.edu	Patli Laufenberg	Nicole Gonzalez	Female	St. Olaf	Enter 5k from (4/28)Running Hope- 19:22.02 - convert her 5k from Tommie(5/3) 19:16.98= 41:57.5
5/9/2023 11:33:14	rbalderlano@csbsju.edu	Robin Balder-Lanoue	Elise Yeager	Female	Saint Benedict	If Karley gets in to the 1500 and 800, please scratch out of the 800. Prefers to do the 1500 only.
5/9/2023 11:49:25	dschofer@macalester.edu	Dan Schofer	Karley Thurston	Female	Macalester	Javelin flight 1 (100 hurdle conflict)
5/9/2023 12:29:56	roeske@cord.edu	Mary Roeske	Peyton Seile	Female	Concordia	if both 200 and 400, prefers 200 ONLY
5/9/2023 12:31:16	roeske@cord.edu	Mary Roeske	Kyla Nygaard	Female	Concordia	ONLY ONE of the following in order or preference: 5K, 1500, 800.
5/9/2023 12:32:33	roeske@cord.edu	Mary Roeske	Elsie Haltevig	Female	Concordia	if both 1500 and 800, prefers 800 ONLY
5/9/2023 12:33:48	roeske@cord.edu	Mary Roeske	Timea Vrabova	Female	Concordia	10k 35:22.62 (converted from 16:34.20 5k)
5/9/2023 12:40:21	gzlarson@cord.edu	Garrick Larson	Carter Ferber	Male	Concordia	5k 16:38.68 (2nd best 5k used for 5k entry)
5/9/2023 12:41:02	gzlarson@cord.edu	Garrick Larson	Wade Rhonemus	Male	Concordia	Wade Rhonemus request flight 1 of Long Jump, conflict 110HH.
5/9/2023 12:41:40	gzlarson@cord.edu	Garrick Larson	Tembo Chiala	Male	Concordia	Tembo Chiala prefers the 400 over the 100.
5/9/2023 12:42:05	gzlarson@cord.edu	Garrick Larson	Carter Ferber	Male	Concordia	Carter Ferber prefers the 10k over the 1500.
5/9/2023 12:42:33	gzlarson@cord.edu	Garrick Larson	Zander Gallmeier	Male	Concordia	Zander Gallmeier prefers the 800 over the 1500.
5/9/2023 12:43:01	gzlarson@cord.edu	Garrick Larson	Evan Grover	Male	Concordia	Evan Grover prefers the 800 over the 1500.
5/9/2023 12:43:30	gzlarson@cord.edu	Garrick Larson	Gabe Thompson	Male	Concordia	Gabe Thompson prefers the 400 over the 200.

Timestamp	Email Address	Your Name	athlete name	athlete gender	School	Please describe the event preferences for said athlete
5/8/2023 11:34:50	dschofer@macalester.edu	Dan Schofer	Jesse Colmes	Female	Macalester	If Jesse doesn't get into either the 5k or 1500, please use her 5k to enter the 10k (42:47.35 is her converted time) (Mud. 5k)
5/8/2023 11:40:25	dschofer@macalester.edu	Dan Schofer	Lily Hatrick	Female	Macalester	If Lily gets in both the 1500 and 800, please scratch the 800. <i>didn't make</i>
5/8/2023 11:46:13	dschofer@macalester.edu	Dan Schofer	Erin Franke	Female	Macalester	If Erin doesn't get into either the 5k or 1500, please use her 5k (19:37.64 from 4/27) to enter the 10k (42:42.54 is her converted time). Only enter the 5k if she doesn't get in the other events. <i>Mud. 1500 & 5k</i>
5/8/2023 11:47:33	dschofer@macalester.edu	Dan Schofer	Jesse Colmes	Female	Macalester	If Jesse doesn't get into either the 5k or 1500, please use her 5k (19:37.64 from 4/27) to enter the 10k (42:42.54 is her converted time). Only enter the 5k if she doesn't get in the other events.
5/8/2023 11:59:15	power3@stolaf.edu	Brian Power	David Lynn	Male	St. Olaf	10K conversion of 32:39.3 converted from 15:13.05 5/3 at St. Thomas Twilight. His slower time of 15:33.53 from 4/27 Doug Boistoff meet will be used for his 5000m seed.
5/8/2023 11:59:50	dschofer@macalester.edu	Dan Schofer	Nick Ihrke	Male	Macalester	Please use Nick's 5k time from 5/3 (15:20.24) to convert to the 10k (32:44.71 is the converted 10k time). Please use Nick's 5k time from 4/27 (15:32.62) to also enter him in the 5k.
5/8/2023 12:00:58	power3@stolaf.edu	Brian Power	Jonathan Pattie	Male	St. Olaf	10K conversion of 34:34.7 from 5k run at 4/27 Doug Boistoff Inv.
5/8/2023 12:04:07	power3@stolaf.edu	Brian Power	Brock Lawhead	Male	St. Olaf	Brock prefers the 1500 over the 10,000m. If he does not make the 1500, we are converting his 5k mark of 15:59.52 from 5/3 at the St. Thomas Joe Sweeney Meet to 34:08.6
5/8/2023 12:04:50	dschofer@macalester.edu	Dan Schofer	Aidan Appel	Male	Macalester	If Aidan doesn't get in the 1500 or the 5k, please use his 5k time from 4/15 of 15:54.25 to enter in the 10k (33:57.32 is the converted 10k time). Only enter Aidan in the 800 if he doesn't get in the 1500 or the 5k or the 10k. <i>Mud. 5k</i>
5/8/2023 12:23:17	dschofer@macalester.edu	Dan Schofer	Jordan Galloway	Male	Macalester	If Jordan doesn't get in the 1500 or the 5k, please use his 5k time from 4/7 of 15:56.33 to enter in the 10k (34:01.76 is the converted 10k time).
5/8/2023 13:00:10	nlarson@augsb.org	Nick Larson	Mya Bishop	Female	Augsburg	Mya is entered into the 100m, 200m, and 400m (if she qualifies in all three events, her preference would be to run ONLY the 100m & 400m (not the 200m)). She qualifies in two of the three events, she'll run both. If she qualifies in only one event, she'll run that event.
5/8/2023 13:03:55	power3@stolaf.edu	Brian Power	Mauricio Vite	Male	St. Olaf	10K conversion of 34:26.2 from the 5/3 St. Thomas Joe Sweeney Invite (16:07.78)
5/8/2023 13:05:18	nlarson@augsb.org	Nick Larson	Brooklyn Conrad	Female	Augsburg	Brooklyn Conrad is entered in the 800m, 1500m, and 3000m SC. If she qualifies in all three events, she would like to run both the 1500m and 3000m SC (not the 800m). If she qualifies in two of the three events, she will run both events. If she qualifies in just one event, she will run it.
5/8/2023 13:58:33	viackmann02@hamline.edu	Vaughn Tackmann	Abby Tapanaj	Women's Team	Hamline	Preferences flight one of Long Jump due to 110 Hurdles conflict
5/8/2023 14:00:26	power3@stolaf.edu	Brian Power	Lucas Kramarczuk	Male	St. Olaf	Preferences flight one of Long Jump due to 110 Hurdles conflict
5/8/2023 14:00:49	power3@stolaf.edu	Brian Power	Demetri Lord	Male	St. Olaf	prefers 400 over 800
5/8/2023 14:17:54	laufen1@stolaf.edu	Patti Laufenberg	Thea Larsson	Female	St. Olaf	Prefers 800 over 400
5/8/2023 14:19:15	laufen1@stolaf.edu	Patti Laufenberg	Riley Mauzer	Female	St. Olaf	Prefers 400 over 800
5/8/2023 14:20:11	laufen1@stolaf.edu	Patti Laufenberg	Kayla Sieck	Female	St. Olaf	Prefers 800 over 400
5/8/2023 14:20:48	laufen1@stolaf.edu	Patti Laufenberg	Lucia Wyland	Female	St. Olaf	Prefers 1500 over 800
5/8/2023 14:23:22	laufen1@stolaf.edu	Patti Laufenberg	Nicole Gonzalez	Female	St. Olaf	Prefers 10K over 5K
5/8/2023 14:25:49	laufen1@stolaf.edu	Patti Laufenberg	Lauren Blither	Female	St. Olaf	Prefers 5K over 10K
5/8/2023 14:26:34	laufen1@stolaf.edu	Patti Laufenberg	Sophie Gossard	Female	St. Olaf	THIS ONE IS CORRECT
5/8/2023 14:27:27	laufen1@stolaf.edu	Patti Laufenberg	Sophie Gossard	Female	St. Olaf	Prefers 5K over 1500
5/8/2023 14:28:19	laufen1@stolaf.edu	Patti Laufenberg	Cate Gleason	Female	St. Olaf	Prefers 10K over 5K
5/8/2023 14:29:15	laufen1@stolaf.edu	Patti Laufenberg	Abby Rowekamp	Female	St. Olaf	Prefers 10K over 5K
5/8/2023 14:33:29	dschofer@macalester.edu	Dan Schofer	Thomas Malecha	Male	Macalester	Prefers 800 over 400 hurdles. If he gets in the 800, please scratch the 400 hurdles.
5/8/2023 14:43:51	nharder@gustavus.edu	Nathan	Harder	Male	Gustavus Adolphus	Soren Sackreiter - 10k time entry will be 34:39.40 - 16:13.96 Converted 5k from Maverick Invite #1 (5/3/23)
5/8/2023 15:04:37	power3@stolaf.edu	Brian Power	Noah Massanari	Male	St. Olaf	Prefers the 1500m over the 800m. Won't run the 800 if he qualifies for the 1500.
5/8/2023 15:21:34	Tsmith@smum.edu	Taylor Smith	Kendra Klobe	Female	Saint Mary's	10,000m event is preferred
5/8/2023 15:21:57	Tsmith@smum.edu	Taylor Smith	Samuel Morris	Male	Saint Mary's	10,000m event is preferred
5/8/2023 15:22:27	Tsmith@smum.edu	Taylor Smith	Gabriel Bickerstaff	Male	Saint Mary's	10,000m event is preferred
5/8/2023 17:47:41	dricks@carleton.edu	Donna Ricks	Grace Blanchette	Female	Carleton	Preferences first flight of the Javelin due to hurdle conflict
5/8/2023 17:48:16	dricks@carleton.edu	Donna Ricks	Kate Ulrich	Female	Carleton	Prefers 800 over 1500
5/8/2023 17:49:19	dricks@carleton.edu	Donna Ricks	Morgan Diesschbourg	Female	Carleton	Prefers 800 over 1500
5/8/2023 17:50:02	dricks@carleton.edu	Donna Ricks	Annie Jay	Female	Carleton	Prefers 800 over 1500
5/8/2023 17:51:25	dricks@carleton.edu	Donna Ricks	Margo Lewis	Female	Carleton	Prefers 1500 over 800
5/8/2023 18:11:25	dricks@carleton.edu	Donna Ricks	Phoebe Ward	Female	Carleton	10k conversion from Carleton Relays 5k 17:56.45 - converted time 39:02.36
5/8/2023 18:12:29	power3@stolaf.edu	Brian Power	Lucas Kramarczuk	Male	St. Olaf	Flight one of Triple Jump due to 4 x 100m conflict.
5/8/2023 18:17:14	power3@stolaf.edu	Brian Power	Angelo Flatauolo	Male	St. Olaf	10K conversion of 34:00.3 from 5/3 St. Thomas 5k of 15:55.64
5/8/2023 19:16:09	dricks@carleton.edu	Donna Ricks	Maggie Votruba	Female	Carleton	Prefers 10k over 5k
5/8/2023 19:23:02	nharder@gustavus.edu	Nathan Harder	Lauren Dimler	Female	Gustavus Adolphus	Preference for first flight of Long Jump. Athlete also runs in the 400h.
5/8/2023 19:26:31	nharder@gustavus.edu	Nathan Harder	Alli Joeger	Female	Gustavus Adolphus	Preference for first flight of Javelin. Athlete also competes in the 100H.
5/8/2023 19:46:09	daricks@carleton.edu	Dave Ricks	Andrew Jamison	Male	Carleton	Convert 5k of 16:13.47 (4/27 at Macalester) to 10k. 16:13.47 x 2.135 = 34:38.36.
5/8/2023 20:01:18	andrew-rock@bethel.edu	Andrew Rock	Kelsie Sealock	Female	Bethel	Also use 16:18.58 (4/15 at Bethel) for his entry time in the 5k.
5/8/2023 20:02:37	andrew-rock@bethel.edu	Andrew Rock	Grant Nelson	Male	Bethel	Kelsie needs to be in flight 1 of javelin because of the conflict with 100H prelims Grant needs to be in Flight 1 of Long Jump because of a conflict with 400 meter prelim